

Dear Wasatch Parents and Students,

### **The Little Mermaid Musical-starts @5:30pm tonight**

The closing night is tonight. There are only 50 tickets remaining for tonight's performance. Please arrive early so we can get started on time. This is the last production for Karen Dodge. She has built quite a legacy and program! She will be missed! So come out and support the students, Mrs. Dodge and Wasatch. Thank you Karen for all the great shows over the years.

### **State Orchestra and Band Festivals**

Congratulations to the Concert Orchestra and Concert Band on qualifying for the State Music Festival. Wasatch was one of 10 school accepted to compete in the state. The Orchestra competed on Wednesday and took the Sweepstakes Award (Top Honors) and the Band plays today. Here is a link that has the performance of the orchestra (the first 25min of video) (<https://www.youtube.com/watch?v=QTwcGkB84ws>) Good luck and play your best. You're making Wasatch sound AWESOME!. Here is the website for todays stream: umea.us (there is no www just paste and go-- they are scheduled to play around 4:00pm).

### **From the Counseling Center**

Dear Families of Wasatch,

There will be a Suicide Prevention Parent Information Night next month on April 4th @ 6:00 PM, at Skyline High School. We would like to share with you some tools and strategies to help you identify and support students who may be having suicidal ideations or thoughts. (See Attachment)

### **Mayo Clinic Suicide Prevention Video**

This video put out by the Mayo Clinic is an excellent resource for parents to learn about some of the things to watch out for with your children and how to respond to some of their actions and words. It also Includes suggestions for what to say to a teen who may be at risk for suicide and ways to keep them safe. Things can get better.

<https://www.youtube.com/watch?v=3BByqa7bhto&feature=youtu.be>

### **SAFE UT APP**

The Utah State Board of Education is encouraging students and their parents to download the SAFE UT APP, which was created by the University of Utah Neuropsychiatric Institute (UNI). The Safe UT Crisis Text and Tip Line is a statewide

service that provides real-time crisis intervention to youth through texting and a confidential tip program - right from your smartphone.

More information about this app can be found on the following website.

<http://healthcare.utah.edu/uni/clinical-services/safe-ut/>

### **Crisis Intervention and Hospital Diversion Services**

The UNI team has teamed up with Salt Lake County and OptumHealth SLCo to provide free crisis response programs. Attached is a flyer containing contact numbers to various mental health crisis/non crisis services provided by this team.

We hope this information will help you facilitate any crisis situations you may encounter. We hope to see you at the parent/teen information meeting featuring guest speaker Dr. Greg Hudnall on April 4th at 6:00 PM in the Skyline Auditorium. Please mark your calendars now.

### **Battle of the Bands**

Battle of the Bands - We think this is the first time ever that Wasatch has a band made up of all 9th graders who will be competing in the PTSA Battle of the Bands. The competition is for 9-12 graders only, so this will also be the last time Wasatch will have a band competing. The competition is Thursday, March 23 at 6:30 pm at Olympus High. The cost is \$5.00. Please come out to support these students and get ready for some fun!

### **The Week Ahead**

3/17-State Band Festival @ 1:30pm

3/17-- Little Mermaid-Closing night--5:30pm--\$5 per seat

3/20-Skit assembly for SBOs and Final election during 3<sup>rd</sup> period

3/22-PM assembly (starts @ 1:35pm) SBO winners announced and other fun stuff

3/22-Last day of 3<sup>rd</sup> term

3/23-4/2-Spring Break (No School)

That's all until April.

John Anderson

Principal