



SafeUT Mobile App

- Request help: (888) 372-3388
- Talk with a counselor 24/7
- Anonymously report any unsafe behavior



FAMILY RESOURCES



1-800-273-TALK

Utah Crisis Line (800) 273-TALK

- Call for help 24/7
- Interpreters in more than 150 language



Crisis Line & Mobile Outreach Team 801-587-3000

- Free 24/7 consultation service for help with mental health challenges
- Licensed doctors and peer support specialists available to make home visits
- WARMLINE: 801-587-1055 for those not in a crisis but are seeking support



Stabilization & Mobile Response 1-833-SAFE-FAM

- For families with children/youth ages 0-20 experiencing challenges
- Over-the-phone support and problem solving
- In-home stabilization services to help with future challenges

Youth Services

(385) 468-4500
slco.org/youth/programs/counseling

Latino Behavioral Health

(801) 935-4447
www.latinobehavioral.org

Asian Association of Utah

(801) 467-6060
aau-slc.org/community-wellness

Family Support Center

(801) 955-9110
www.familysupportcenter.org

Child & Family Empowerment Services

(801) 972-2711
www.childandfamilyempowerment.com

Utah Pride Center

(801) 539-8800
utahpridecenter.org/mental-health

NAMI: National Alliance on Mental Illness

(801) 323-9900
www.namiut.org

Valley Behavioral Health

(888) 949-4864
www.valleycares.com

Utah Youth Village - Families First Program

(801) 272-9980
www.utahyouthvillage.org

Granite School District Social Workers

(385) 646-4645
graniteschools.org/ccr

Help with Medicaid or CHIP applications

www.medicaid.utah.gov
www.health.utah.gov/chip

For additional resources call 211

211utah.org



SafeUT aplicación

- Solicitar ayuda (888) 372-3388
- Comunicarse con un consejero 24/7
- Informes anónimos



RECURSOS FAMILIARES



Utah Crisis Line (800) 273-TALK

- Llame para pedir ayuda 24/7
- Intérpretes en más de 150 idiomas



Linea de texto de crisis & Equipo de Crisis de Alcance Móvil - 801-587-3000

- Un servicio de consulta gratuito 24/7 cuando se experimenta un problema de salud mental
- Los médicos con licencia y los especialistas en apoyo de pares pueden ir directamente a su hogar
- WARMLINE: 801-587-1055 Para los residentes que no están en crisis pero que buscan apoyo



Estabilización y Respuesta Móvil 1-833-SAFE-FAM

- Para familias con niños/jóvenes de 0 a 20 años que experimentan desafíos
- Soporte telefónico y resolución de problemas, servicio de respuesta móvil
- Servicios de estabilización en el hogar para ayudar a su familia a estabilizarse

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www.health.utah.gov/chip

Para mas recursos llame al 211
211utah.org