

Here is some good advice from our third and fourth graders following the STAND 4 KIND assembly. I asked them to write something they learned:

Zoey: Don't be a bystander; be an upstander. Never be a bully, and be your own hero. Be a friend.

Sara: To be a superhero, you can't bully people. You could be kind.

Araya: You outsmart bullies by giving them compliments.

Dallin: You can outsmart a bully and be an upstander.

Hiram: Be kind.

Omar: You can outsmart a bully with science (*psychology*).

Jordan: You can beat a bully with science.

Ethan: I learned not to fight and be a bully because you're not looking cool.

Ashley: Always be the hero.

Kailey: One thing I learned today is not to say mean things back to a bully and say nice things.

Bridgett: Don't be a bully to others, or they might become one! Be a breather not a sucker.

Jordan: To outsmart the bully be positive when the bully puts you down. Do NOT bully the person who bullies you.

Kason: Don't bully a bully!

Daelynn: 1. If someone is bullying you, don't bully them back. 2. Always be nice. 3. If you find someone alone, invite them to play.

Lizzy: 1. Bullying is NOT OK. 2. Help others who are in need. 3. Use science to outsmart the bullies.

Cameron: Use science to outsmart the bully. Surprise the bully; become their friend.

Gavin: Use science. Be nice to the bully when they're mean to you. Tell an adult or person you trust.

Dareian: Respect others; make friends every day; be nice to bullies and maybe they will be kind to you.

Faith: Science confuses bullies. Be nice, and don't be mean back. Bullies want friends. Don't drink Windex chocolate milk! (Ask your kids what that is about!)

Allie: If someone is being a bully, use science to confuse them. Then compliment them. Don't drink Windex. Be kind.

Alyssa: Don't be rude to others. Walk away from the bully.

Julie: Always be kind to someone no matter what and in any situation. Take a bully down by being kind. Use science.

Megan: Science can help you win! Be nice to everyone you see.

Chelsie: If someone is being rude to you, don't be rude back. Be kind; don't treat people badly; stand up for them. Science — use your brain to trick them.

Camran: Surprise the bully. Be kind.

Lilah: Don't listen to the bully; say nice things; don't drink Windex.

Zakk: Don't become a bully. Be nice. www.stand4kind.com



Use SWAT: Take Charge by

1. Saying "STOP" 2. Walking away 3. Telling an adult