

Counseling Resources

Private Insurance

Contact your insurance company for a list of providers

University Neuropsychiatric Institute (UNI) Mobile Crisis Outreach Team

(801) 587-3000 – Emergency Response (Free)

Youth Services

177 West Price Avenue (3610 South)
Salt Lake City, UT 84115
(385) 468-4500 (www.youth.slco.org)

Crisis Text Line – Free & confidential
Text “GO” to 741-741

Valley Behavioral Health

1141 E. 3900 S. Suite A170
Salt Lake City, Utah 84124
(888) 949-4864 (www.valleycares.com)

**National Suicide Prevention
Lifeline** – Free & confidential
1 (800) 273-TALK (8255)

Empowerment Counseling Services

73 East Fort Union Blvd, Suite 135
Midvale, Utah 84047
(801) 603-2547 (info@empowermentcounselingservices.com)

**Mobile Outreach Team (UNI)
Crisis Line**
1 (800) 587-3000

NAMI (National Alliance on Mental Illness)

Family Mentoring Programs
1600 West 2200 South, Suite 202
West Valley City, Utah 84119
(801) 323-9900 (www.namiut.org)



App for your phone

- Anonymously Report Tips
- Request Help
- Communicate with a Counselor
24 hours a day, 7 days a week

Summit Community Counseling

5689 South Redwood Road, Suite 27
Taylorsville, Utah 84123
(801) 266-2485 (www.summitcommunitycounseling.com)

Family Support Center

3663 South 3600 West
West Valley City, UT 84120 or
(801) 967-4259
(www.familysupportcenter.org)

777 W. Center Street (7800 South)
Midvale, Utah
(801) 255-6881

or
1760 West 4805 South
Taylorsville, Utah 84129
(801) 955-9110

Hopeful Beginnings

5667 South Redwood Rd, Suite 6B
Taylorsville, UT 84123
(801) 979-1351 (www.hopefulbeginnings.com)

Need Help with Medicaid or CHIP applications?

Contact Granite School District
Medicaid Outreach Office
(385) 646-4247
(www.medicaid.utah.gov)
(www.health.utah.gov/chip)

Families First Program (in home services)

Utah Youth Village
5800 South Highland Drive
Salt Lake City, Utah 84121
(801) 272-9980 (www.utahyouthvillage.org)

Aspen Ridge Counseling

4700 S 2880 W Suite G-1
Kearns, UT 84118
(801) 990-4300 www.aspenridgecounseling.wixsite.com/aspenridge

Call 211 for additional resources (www.211us.org)