

Grief Support Resources

The Sharing Place

1695 E. 3300 S.
SLC, UT 84106
801-466-6730

Groups:

Littles (5 & under)
School Age (6-12 yrs old)
Teen (13-18 yrs old)
Parents

<https://www.thesharingplace.org/services/grief-support-groups/>

Caring Connections (University of Utah)

Please contact us at **801-585-9522** with questions about grief and loss, grief support groups, referral to grief counseling, educational programs and materials, or to receive our newsletter.

Caring Connections offers a variety of grief support groups throughout the year. The groups are eight weeks in length and are facilitated by expert clinicians in the fields of social work, nursing, counseling, and psychology.

<https://healthcare.utah.edu/caring-connections/>

Primary Children's Hospital

(801) 662-3778 Bereavement Program

Mom's Grief Group :Third Wednesday of every month, February - December 2019

1:00 - 2:30 p.m.

Primary Children's Hospital Eccles Outpatient Building
81 N. Mario Capecchi Drive, Salt Lake City, UT 84113
Lone Peak Conference Room (level 1)

Family Grief Group

Wednesdays, October 2 - November 6

6:00 - 7:30 p.m.

St. James Episcopal Church

7486 South Union Park Blvd., Midvale, UT, 84047

<https://intermountainhealthcare.org/locations/primary-childrens-hospital/hospital-information/support-services/bereavement-program/grief-resources/>

Resources/articles

<https://www.kidshealth.org.nz/helping-child-cope-death-parent>

<https://www.dougy.org/grief-resources/how-to-help-a-grieving-child/>

<https://healthcare.utah.edu/caring-connections/#grief>

<https://healthcare.utah.edu/caring-connections/#resources>

<http://leaving-well.org/grief-support-directory.php>

National Resources

[Bereaved Parents of the USA](#)

[National Alliance for Grieving Children](#)

[The Compassionate Friends - Supporting Family after a Child Dies](#)

[National Alliance on Mental Illness](#)

[SHARE Pregnancy & Infant Loss](#)

[American Foundation for Suicide Prevention](#)

[Alliance of Hope](#)

[Modern Loss](#)

[The Dougy Center](#)

[National Organization of Parents of Murdered Children](#)

[Actively Moving Forward - Connecting and Empowering Grieving College Students](#)

[12 Things Harry Potter Taught Me About Grief](#)