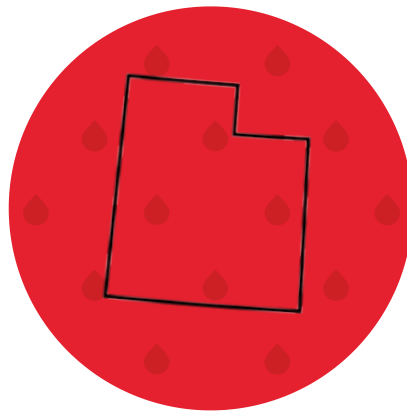


Updated
2024

SUMMER *Resource* GUIDE




STATEWIDE RESOURCES FOR SUMMER ACTIVITIES

utahparentcenter.org



Utah
Parent
Center

Bringing Hope
Opening Doors
Elevating Inclusion



This list of activities for children, youth, and young adults with disabilities and special health care needs is compiled by the staff at the Utah Parent Center. Every effort is made to ensure that these resources and the information about them is current, but contact with each program is encouraged to verify availability.

UTAH PARENT CENTER INFORMATION DISCLAIMER

The Utah Parent Center's mission is to help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support. The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business, or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Only approved items are included herein. The UPC is not responsible for information or services provided by agencies, organizations, or individuals listed. Readers are responsible to investigate resources to determine if appropriate when making informed decisions. Permission to reprint the information herein is granted with complete attribution.

Table of Contents

Tips for Creating Inclusive Activities	2
Cache, Box Elder & Rich Counties	4
Davis, Morgan and Weber Counties.....	6
Salt Lake County.....	10
Summit County.....	19
Tooele County.....	20
Utah County.....	22
Juab/Millard/Sevier/Sanpete/Wayne/Piute	26
Carbon/Duchesne/Emery/San Juan/Grand/Uintah/Daggett....	27
Beaver/Iron/Garfield/Kane/Washington Counties.....	30
Statewide/National Resources.....	34
Adaptive/Inclusive Playgrounds.....	39
From Home – Online/Virtual Opportunities.....	41
Additional Resources	43

Tips for Creating Inclusion for Any Community Resource

STEP ONE:

- Begin by identifying your child's likes and preferences.
- What is their vision for a perfect summer?
- Help your child brainstorm a list of ideas.
- Write a list of your child's strengths, getting input from others who know your child well. Share this list with your child, and consider these strengths in your brainstorming.

STEP TWO:

- Make a list of places in your community that offer programs that align with your child's vision for the summer. Don't limit yourself to those that only offer special needs programs.
- Ask around for others that might know of possibilities: neighbors, teachers, rec centers, tourism bureaus, non-profit organizations, school districts, community colleges, social workers and provider agencies.

STEP THREE:

Define what is important **TO** your child:

- Being with or making friends
- Sports
- Arts
- Being outdoors
- Staying indoors

Define what is important **FOR** your child:

- Physical Activity
- Continuity and structure
- Full-time, part-time, or occasional care
- Trained staff
- Constant supervision

Consider the specific needs of your child:

- Medical needs
- Assistance with diapering or hygiene
- Safety
- Working on specific skills
- Continuity in schedule

STEP FOUR:

Gather information on the potential places of interest on your list.

- Call the organizations, businesses, or facilities that align with your child's vision and meet their needs.
- Share your child's vision and strengths
- Share 2-3 specific needs that will need to be accommodated for your child to participate

Offer to volunteer support that can help your child be successful. This might include things like training staff on how best to interact with your child, staying nearby or even at the location during your child's participation, providing necessary snacks or drinks for dietary restrictions or needs.

Many programs accommodate special needs when they can; do not assume your child can't go just because a special/adaptive program isn't necessarily offered. If it sounds like something your child will enjoy, ASK! Many of these places want to offer inclusive environments.

ADDITIONAL TIPS AND CONSIDERATIONS:

- Consider your child's safety needs.
- Beware of overscheduling: do you use summer to schedule extra therapy or medical appointments?
- Use your child's IEP or 504 plan to provide a starting point for what accommodations might be needed in order for your child to participate. For instance, will your child be more successful in small groups or with reduced expectations. Will they need high repetition when learning new skills? What forms of prompting might be needed (give specific words or gestures to use).

Looking for inclusive childcare?

Summer can create a unique need for childcare options. This resource can give parents skills to find the right fit for their family:

<https://jobs.utah.gov/occ/cac/search/>



Cache, Box Elder, & Rich County Area

ASPIRE PERFORMANCE ACADEMY

Ages 0 - 17. Courses for all ages and all abilities. The A.R.K. program is designed for children who prefer additional support for special needs.

Website: <https://www.aspireperformanceacademy.org/>

Email: info@aspireperformanceacademy.org

Phone: (435)515-0054

Location: 1149 450 W #103, Brigham City, UT 84302

COMMON GROUND OUTDOOR ADVENTURES

Provides adaptive equipment and support which enable people with disabilities to participate in outdoor recreation alongside their peers. In-person and virtual activities are available.

Website: www.cgadventures.org

Email: info@cgadventures.org

Phone: (435) 713-0288

THE FAMILY PLACE

The Kid's Place offers free services to families in crisis. Offered to caregivers with children ages 11 and under. Social Emotional Summer Camps offered. Therapy is provided on a sliding scale based on your income. Scholarships are available for families in need.

Website: <https://thefamilyplaceutah.org/product/childrens-social-emotional-summer-camps/>

Phone: (435)752-8880 Contact: Brandy

GOLDEN SPIKE NATIONAL MONUMENT:

Address: 6200 N 22300 W, Corinne, UT 84307

Website: <https://www.nps.gov/gosp/index.htm>

HARMONY MUSIC THERAPY:

Harmony Music Therapy has served the special needs and mental health populations in Utah for over 15 years. We serve clients in Cache, Davis, Salt Lake, Utah, and Washington County.

Email: info@harmonymusictherapy.com

Phone: 801-200-3273

JUMP THE MOON

Arts and creativity to bring hope, expression, imagination, empowerment, and freedom to all.

Website: <https://jumpthemoon.org/>

Location: 48 N 100 W Logan, UT 84321

Contact: Michael Bingham

Phone: 435-750-5066

Email: michael@jumpthemoon.org

LIFE-SKILLS & INDIVIDUAL NEEDS CENTER

Provides supported living, supported employment, day supports, respite and family supports for adults. Participants are funded through DSPD, Vocational Rehabilitation, and private pay.

Phone: (435) 723-3913

Email: linc@linc4life.com

Location: Brigham City

Website: <http://lifeskillsandindividualneedscenter.org/>

LOGAN ADAPTIVE AQUATICS

People with disabilities are welcome to come utilize the Logan Aquatic Center.

Website:

https://www.loganutah.org/government/departments/parks_and_recreation/aquatic_center/adaptive_programs.php

Location: 451 South 500 West, Logan

Phone: (435) 716-9250

OPTIONS FOR INDEPENDENCE

A nonresidential Independent Living Center where people with disabilities can gain more control and independence over their lives. Weekly activities held throughout the year.

Annual Healthy Relationships University hosted during the summer for teaching young adults 18-30.

Website: <http://www.optionsind.org/>

Contact: Wendi Nelson

Phone: Logan - (435) 753-5353 Brigham City - (435)723- 2171

Email: info@optionsind.org

RISE SERVICES INC. - STATE WIDE PROVIDER

Offers after school and summer programs as well as day programs. Summer programs provide children with enjoyable recreational activities that include skill development. The programs have a high staff-to-child ratio. Ages 10 -22

Website: <https://riseservicesincut.org/location/logan/>

Contact: Kendra

Phone: (435) 752-2405

Email: utfsplacements@riseservicesinc.org

SPECIAL OLYMPICS - STATE WIDE PROVIDER

Year-round sports training and athletics competition for people with disabilities. Team practices in Brigham City and Tremonton, and welcome athletes of all ages from all over Box Elder County.

Contact: Bri Mayo North Area Manager

Phone: (385)-685-3280

Email: Northarea@sout.org

STRIDE SERVICES (formerly the Developmental Skills Laboratory)

Stride Services provides services to youth and adults with developmental disabilities living in Cache Valley and southern Idaho. Services focus on inclusion and integration, individualized support ensuring access to the community, independence, and productivity. Ages 16 - 21

Website: <https://idrpp.usu.edu/services/stride-services>

Phone: (435) 797-8528

Email: drake.rasmussen@usu.edu

TOP SPORTS ACTIVITIES - STATE WIDE PROVIDER

Activities include: t-ball, basketball, soccer, and bowling.

Website: <http://cpd.usu.edu/services/top-sports-activities>

Contact: Erica Lundahl

Phone: (435)764-0984

Email: ericalundahl74@gmail.com

Davis, Weber, Morgan County Area

BEN LOMOND ADAPTIVE SWIM LESSONS

Offered year round. 1 on 1 classes

Ages: 6-17yrs

website: pools.odgensd.org

Email: peterm@odgensd.org

Phone: (801) 737-8774

BIKE COLLECTIVE

Earn a Bike program. A six-week introductory bike mechanics course offered free to adults and earning a bike at graduation. Anyone able to bring their bike in and learn how to fix it.

Refurbished youth bike donation to those in need. Youth bike mechanic course for 11-18yrs.

Website: <https://bicyclecollective.org/>

Phone: (801) FAT-BIKE (328-2453)

Location: Salt Lake, Provo, Ogden, St. George

CAPES (*Fall and Spring only*)

Children's Adaptive Physical Education Society (CAPES!) is a skill development initiative.

Weber State students work with participating children as a collaborative effort between the special education and physical education departments.

Website: <https://www.weber.edu/capes>

Age: 5 - 12

Cost: \$40

Location: Weber State University, Ogden, Utah 84408

Contact: James Zagrodnik, PhD 801-626-7084 jameszagrodnik@weber.edu

Contact: Natalie Williams, PhD 801-626-8654 nataliewilliams1@weber.edu

CLEARFIELD CITY RECREATION

They allow care/support personnel for an individual with a disability to attend with them for free. Youth Leagues (Soccer, baseball, basketball, pickleball)

Recreation Manager: Christine (801) 525-2794

Website: <https://clearfield.city/parks-recreation/youth-sports-leagues/>

Location: 55 South State Street, Clearfield

Cost: Varies on activity

FREEDOM RIDERS

A non-profit equestrian program specifically designed for physically disabled children.

Location: Golden Spike Event Center 1000 N 1200 W St, Ogden

Website: <https://www.facebook.com/FreedomRidersUtah/>

Contact: Mary Lou Williams 801-388-7151

GIGI'S PLAYHOUSE

An achievement center with 14 different programs for individuals of all ages with Down syndrome. Free programs as well as great volunteer opportunities are available. Summer activities include Preschool Prep, Dance, and Summer Camp.

Website: <https://gigisplayhouse.org/layton/>

Phone: (801) 784-7429

Location: 1916 N 700 W #140, Layton

Email: layton@gigisplayhouse.org

HARMONY MUSIC THERAPY

Harmony Music Therapy has served the special needs and mental health populations in Utah for over 15 years. We serve clients in Cache, Davis, Salt Lake, Utah, and Washington County.

Email: info@harmonymusictherapy.com

Phone: 801-200-3273

HILL AEROSPACE MUSEUM

30 acres of military aircraft to look at and walk through. It is located at the northwest corner of Hill Air Force Base. Most of the museum is wheelchair accessible.

Address: 7961 Cottonwood Street, Building 1955, Hill Air Force Base, UT, 84056

Website: <https://www.aerospaceutah.org/>

Phone: (801) 825-5817

I SEE YOU UTAH

Helping individuals and entire families with invisible illnesses. Activities throughout the year, such as support groups, music therapy, and art therapy.

Location: Davis, Salt Lake & Utah Counties

Phone: (801) 410-1773

Cost: Free

Website: www.iseeyouutah.org

LEARNINGLAB

Private and group math tutoring service. Summer Academy meets in small groups of 4-6. Groups meet 3 times per week to ensure progress and provide routine. For grades 1-6.

Location: Farmington, UT

Email: katie.learninglab@gmail.com

Phone: (801)458-5377

Website: <https://learninglabtutoring.co/>

LIL FLIPPERS

Gymnastics gym for children . Supports full inclusion, if an aide is needed they will provide one. If child is special needs, they will get a second class in the week for free, call for details.

Phone: (801) 593-8484

Website: www.lilflippers.com

Location: 814 West 1425 North, Suite B, Layton , UT 84041

Contact: Brittany

MATHNASIUM

Our goal is to significantly increase your child's math skills, understanding of math concepts, and overall school performance, while building confidence and forging a positive attitude.

Website: www.mathnasium.com

Location: Over 10 locations to choose from

Phone: (877) 601-6284

NORTH OGDEN SUMMER CAMPS

Sports, science, and arts and crafts programs. Register online.

Phone: (801)737-0587

Website: <https://www.northogdencity.com/parksrec/page/summer-camps>

Price: Varies on activity

OGDEN ADAPTIVE RECREATION

Outdoor recreation for intellectual and physical disabilities. Adaptive ski program in the winter. Summer programs include kayaking, hiking, biking, rock climbing and BBQ's.

Email: lessons@ogdenvalleyadaptivesports.org

Phone: (801) 695-7074

Website: <https://ogdenvalleyadaptivesports.org/>

OGDEN NATURE CENTER SUMMER CAMPS

Day Camps, overnight stay camps, and family camp out for all ages!

Ages: 2-21+

Phone: (801)621-7595

Website: <https://www.ogdennaturecenter.org/education/summer-camps>

Membership Discounts available on all events and programs.

OHANA DAY CENTER

Ohana is a unique day center for adults with cognitive and developmental disabilities. Members can anticipate and attend activities that are best suited for them by checking the planned weekly schedule. Summer activities include biking, hiking, fishing, swimming, canoeing, art specialists, music therapists, bowling, cultural studies, and life skills. Ages: 18+

Website: <https://www.facebook.com/ohanadaycenter/>

Location: 1492 S 800 W #E, Wood Cross

Phone: (801) 683-8986

ROADS TO INDEPENDENCE/ INDEPENDENT LIVING CENTER

Independent living services, assistive technology and home modification, recreation and community integration. Youth 25 and younger

Website: <https://rticil.org/>

Phone: (801) 612-3215

Email: info@roadstoindependance.org

Address: 3355 Washington Blvd. Ogden 84401

SOUTH DAVIS RECREATION CENTER ADAPTIVE SWIMMING AND PICKLEBALL

Provides individual and personalized instruction based on experience and ability in the water. When possible, students are placed into regular classes and appropriate swim levels. Offered year-round. Adaptive Pickleball also available.

Website: https://sdrd.activityreg.com/selectactivity_t2.wcs

Phone: (801) 298-6220

Contact: Chad

Location: 550 N 200 W Bountiful

STAR CAMP:

Missions to Mars, Rockets, Astronaut training, experiments, and engineering. Stay overnight, work in a team, and have the time of your life at STAR Camp! Ages 5-15yrs

Website: <https://www.douglassciencecenter.org/summer-camps.html>

Phone: (801) 917-4829

Email: info@douglassciencecenter.org

Location: DaVinci Academy of Science and the Arts- 2033 Grant Ave, Ogden, UT 84401

SWIMKIDS - STATE WIDE PROVIDER

Can tailor lessons specifically to your child's needs and abilities. year-round.

Phone: (801) 691-7946 (call or text)

Website: <https://www.swimkidsutah.com>

Location: 70 S. Fairfield Rd. Ste. 13 Layton, UT

Email: office@swimkidsutah.com

TOPSOCCER: UTAH YOUTH SOCCER ASSOCIATION - STATE WIDE PROVIDER

Designed to bring the opportunity of learning and playing soccer to any body that has a disability, to provide meaningful learning, development, and physical participation opportunities through soccer.

Phone: (801)307-5150

Website: <http://www.utahyouthsoccer.net/top-soccer>

TREEHOUSE MUSEUM:

Treehouse Museum: Rooted in the vital need of children to make meaningful connections through stories, imaginative play, literacy, and the arts.

Location: 347 22nd street Ogden, UT

Phone: (801) 394-9663

Website: <https://www.treehousemuseum.org/>

WEBER SUMMER DAYS (YMCA)

Camp at the YMCA is all about learning outside of school, exploring and appreciating the outdoors, and leadership development at all ages!

Website: <https://ymcautah.org/summerdaycamp/webercounty>

Phone: 1.877.690.YMCA (9622)

Email: ymca@ymcautah.org

Salt Lake County Area

ADAPTIVE ARENA

Offering Adaptive team sports in Bluffdale for all abilities ages 8+

Website : adaptivearena.org

ADAPTIVE RECREATION SALT LAKE COUNTY

SL County offers many adaptive rec programs.

Website: <https://slco.org/parks-recreation/adaptive/>

Copperview adaptive programs: <https://www.slco.org/copperview/adaptive/>

Phone: (385) 468-1515

Location: Varies in SL County

ANGELS HANDS:

AHF provides monthly social outings for our families of children with rare and undiagnosed disorders.

Website: <http://angelshands.org/>

Location: 5414 West Daybreak Pkwy, C-4 #122, South Jordan, UT 84009

Email: admin@angelshands.org

ART ACCESS/VSA UTAH

Art Access increases accessibility in the arts through opportunities for artists with disabilities and education for community and cultural organizations.

Website: www.accessart.org

Phone: (801) 328-0703

Location: 230 S 500 W #125, SLC

Email us at connect@artaccessutah.org

ALTA CANYON SPORTS CENTER:

Alta provides a variety of after school and summer camp programs. Age 3 - 15. The will have off campus fieldtrips, participate in arts and crafts, games and swimming.

Website: <https://sandy.utah.gov/513/Summer-Camp-Programs>

Phone: (801) 568-4600

AQUA-TOTS SWIM SCHOOL

Offers S.N.A.P. (Special Needs Aquatic Program)

Website: <https://www.aqua-tots.com/s-n-a-p-swim-lessons-for-children-with-special-needs/>

<https://www.aqua-tots.com/midvale/>

Phone:(801) 653-3907

Email: midvaleinfo@aqua-tots.com

BEAR-O-CARE

Offers year-round respite care services for children and adults with significant disabilities.

Website: <http://www.bearocare.org/>

Ages: 6-Adulthood

Location: 1864 W 12600 S Ste 7-9 Riverton UT 84065

BEST SEATS IN THE HOUSE

Life-changing experiences for children during difficult times; be it health or under-privileged situations.

Website: <https://bestseatslc.org/>

Email: info@bestseatslc.org

BIKE COLLECTIVE

Earn a Bike program. A six-week introductory bike mechanics course offered free to adults and earning a bike at graduation. Anyone able to bring their bike in and learn how to fix it themselves at a low cost. Refurbished youth bike donation to those in need with referral.

Youth bike mechanic course for 11-18yrs.

Website: <https://bicyclecollective.org/>

Phone: (801) FAT-BIKE (328-2453)

Location: Salt Lake, Provo, Ogden, St. George

BOYS AND GIRLS CLUB - STATE WIDE PROVIDER

Programs for children of all abilities.

Website: <https://www.gslclubs.org/>

Age: Grades K-12

Locations throughout Utah including Tooele and Price.

CAMP KOSTOPULOS

Offering year-round programs for children, teens, and adults with physical, developmental, and intellectual disabilities. We proudly serve people of all abilities.

Website: www.campk.org

Phone: (801) 582-0700

Location: 4180 E Emigration Canyon Rd.

Cost and Duration: Vary based on program

CHILDREN IN MOTION- SENSATIONAL NATURE EXPLORERS

A Sensational Sensory and Social Skills Summer Program. A nature based summer camp with occupational therapists. Offering a weekly camp for two age groups for summer 2024.

Website: <https://www.children-in-motion.com/sensationalnatureexplorers>

CLARK PLANETARIUM

Clark Planetarium partners with the Natural History Museum of Utah, and Red Butte Gardens to provide cool experience that are focused on science. This geared toward 2nd grade to 7th grade students. Prices vary. Scholarships available.

Website: <https://slco.org/clark-planetarium/education/summer-camps/>

Phone: (385)468-7827

CLUB U CAMPS

Inclusive summer programming offers children of all ages opportunities to explore the world around them, while developing 21st century skills enabling them to navigate an ever changing world.

Website: <https://continue.utah.edu/clubu>

Phone: (801)581-6984

DANCERS WITH DISABILITIES

Summer Adaptive Needs Dance at Tanner Dance: Our unique fine arts half-day camps will include dance, music and visual arts. DSPD funding accepted.

Phone: (801)581-7200

Summer dance session: <https://tannerdance.utah.edu/summer-weekend/>

Summer ½ day camps: <https://tannerdance.utah.edu/dwd-camps/>

DISCOVERY GATEWAY CHILDREN'S MUSEUM SENSORY INCLUSIVE TIME

Every Monday afternoon and Sunday Morning.

This event offers free admission for families with children who have sensory needs. They need to register before their visit:

Website: <https://www.discoverygateway.org/?s=sensory>

THE FRONT CLIMBING GYM ADAPTIVE CLIMBING

Intro to adaptive climbing upon request, an adaptive group fitness class and adaptive climbing meet up the first Saturday of the month. Twice weekly Paraclimbing practices, weekly adaptive climbing with the National Ability Center and seasonal youth climbing camps during school breaks.

Locations: SLC and Millcreek

email: mckenna.guilds@thefrontclimbingclub.com

Website: <https://thefrontclimbingclub.com/adaptive/>

Phone: 866-662-3529

GALE CENTER MUSEUM

Interactive displays and hands on approach to learning, it is a great place to visit.

Website: <https://www.sjc.utah.gov/336/Gale-Center-Museum>

GILGAL SCULPTURE GARDENS

Gilgal Sculpture Garden contains 12 original sculptures and over 70 stones engraved with scriptures, poems, and literary texts. As a whole, Gilgal Sculpture Garden is significant as the only identified "visionary art environment" in Utah.

Address: 749 East 500 South, SLC, UT 84102

Website: <http://gilgalgarden.org/about-gilgal-sculpture-garden/>

GIRLS ON THE RUN

Fall and Spring programs

Eight-week program with two 60-90 minutes lessons per week. Girls on the Run of Utah is proud to now serve Box Elder, Cache, Carbon, Davis, Morgan, Salt Lake, Summit, Tooele, Utah, Wasatch, and Weber counties in Utah. Check our website for team locations near you!

Phone: (801)477-0464

Website: <https://www.girlsontherunutah.org/>

Phone: 801-913-5584

HARMONY MUSIC THERAPY:

All ability music groups. Individual and group music therapy. Individual adapted music lessons. There are also adaptive musical instrument lessons.

Website: <https://harmonymusictherapy.com/>

Email: info@harmonymusictherapy.com

Phone: (801) 200-3273

Location: 9192 S 300 W Suite 27A Sandy, Utah 84070

HIGHER GROUND LEARNING

Offers over 30 workshops designed to get kids off of the couch and excited about learning. 1 on 1 tutoring and test prep classes offered year round. Ages: 10-18

Website: <https://www.highergroundlearning.com/summer>

Phone: (801) 524-0817

Email: info@highergroundlearning.com

HOGLE ZOO

All paths are paved and wheelchair and wagon rentals are available. Sensory backpacks are available for those with autism spectrum disorder and for those who are blind or who have low vision. Backpacks are free upon request.

Phone: (801) 584-1700

Website: <https://www.hoglezoo.org/> Click on 'plan your visit', then 'accessibility' for more information.

HUMANE SOCIETY OF UTAH

Each week of camp will be devoted to a different age group spanning first through sixth grade. Children will participate in presentations, games, crafts, and more.

Website: <https://www.utahhumane.org/programs-services/humane-education>

Phone: (801)261-2919 EXT. 269

I SEE YOU UTAH

This new organization's purpose is to help individuals and entire families with invisible illnesses. They will be hosting activities throughout the year, such as support groups, music therapy, and art therapy.

Location: Davis, Salt Lake & Utah Counties

Phone: (801) 410-1773

Website: www.iseeyoutah.org

JEWISH COMMUNITY CENTER SUMMER CAMPS

Enrolls children and teens with special needs into their summer camps program depending on the needs.

Website: <https://www.slccjcc.org/pages/summer-camp/>

Phone: (801) 581-0098

Scholarships available, all applications due by 4/26/2024

JUST FOR KIDS PEDIATRIC OCCUPATIONAL THERAPY

Provides occupational therapy services to children with sensory processing disorder, autism, and developmental delay. In the summer, Just for Kids provides intensive individual occupational therapy, social skills camp, writing camp, and field trips.

Website: <https://www.otjustforkids.com/>

Email: susan@otjustforkids.com

Phone: 801-231-9207

KEARNS OQUIRRH PARK FITNESS CENTER ADAPTIVE AQUATICS

This class is designed to work with children ages 3 and up who have special needs/disabilities. The ratio is one student to one teacher. Classes run with our regularly scheduled lessons.

Website: <https://kopfc.com/programs/>

Address: 5624 S. Cougar Ln ▪ Kearns, UT 84118

Phone: 801-966-5555

KIDS OUT AND ABOUT SLC

Provides many fun resources for families including calendar of events in SLC, camps, free events, Museums, tutors and much much more.

Website: <https://saltlakecity.kidsoutandabout.com/>

KIWI INTERACTIVE GYM

Offers interactive exercise for the body and mind. They offer a free tour of the facility and 30 minute trial before signing up. They are open year round as well as summer programs.

Website: <https://kiwigym.us/>

Phone: 385 348 2109 or 385 831 8675

Email: Vaishali Jaitha at kiwikidsutah@gmail.com

Location: 11629 South 700 East, Suite 125, Draper, UT 84020

KYLE PEASE FOUNDATION - STATE WIDE PROVIDER

Helping individuals complete endurance races from 5Ks to Marathons to various distances of triathlons. They pair each differently-abled athlete with an assistant.

Website: <https://www.kylepeasefoundation.org/kpfutah>

Call/ Text: (385) 501-4197

THE LEONARDO

Designed for curious youth who love hands-on exploration and discovery. Camps encompass the multi-disciplinary works of Leonardo da Vinci, so each camp includes activities and workshops covering Science, Technology, Engineering, Art, and Math topics.

Website: <https://theleonardo.org/leonardo-summer-camp/>

Phone: (801) 531-9800 ext. 103

Email: camps@theleonardo.org

LITTLE GYM

Combining physical activity, gymnastics, games, and arts & crafts, we'll help your child beat the summer heat or winter blues with seasonal camps at The Little Gym!

Website: <https://www.thelittlegym.com/locations/>

Location: Cottonwood Heights, Draper, SLC (Foothill Village)

Ages: 4-12 Cost: Varies by location

LOVELAND LIVING PLANET AQUARIUM

Variety of camps available. Age 4 - 17 accepted. Prices vary age group to class group. Scholarships available.

Website: <https://livingplanetaquarium.org/education/youth-camps/day-camps/>

Email: SpecialPrograms@livingplanetaquarium.org

Phone: (801) 355-3474

Location: 12033 Lone Peak Pkwy, Draper UT, 84020

MASCOT MIRACLES FOUNDATION - STATE WIDE PROVIDER

MMF kids and their families enjoy special experiences designed just for them. We host at least one experience per month for these special kids including Night at the Aquarium, Stick Horse Rodeo, Cowabunga Bay, Polar Express Rides with Santa, one-on-one events

Website : <https://www.mascotmiraclesfoundation.org/About>

Contact: 801.493.9394

Facebook : Join - "Mascot Miracles Family Information" group for updates

MATHNASIUM

Summer programs available for 1st grade-12th grade

Website: www.mathnasium.com

Location: Over 10 locations to choose from

Phone: (877) 601-6284

MOVEMENT MENTORS-BALLET WEST

A unique program that pairs advanced students of the Ballet West Academy with students of special abilities for weekly dance classes at the three Ballet West campuses.

Website: <https://balletwest.org/outreach/movement-mentor>

Phone: (801)869-6911

Contact: education@balletwest.org

MURRAY GREENHOUSE FOUNDATION

Individuals with disabilities age 22 and older. A safe and nurturing learning place whose cornerstone is their greenhouse. The foundation provides the teaching of individualized independent living skills and employment skills for people with disabilities. Space is limited.

Website: <https://murraygreenhouse.org/>

Phone: (801) 266-0669

Location: 6366 S 900 E

NEIGHBORHOOD HOUSE

Provides a safe, home-like environment for non-aggressive individuals 18 years and older who need supervised care during the day. We also have summer camps for children ages 6-14.

Website: <https://nhutah.org/children-s-center/summer-program>

Neighborhood House Adult Day Center & Children's Campus: 1050 W. 500 S. Salt Lake City, UT

Phone: (801)363-4589

RED BUTTE GARDEN

Morning and full-day week-long day camps. Please let us know if your child has physical, emotional, educational, or medical special needs so we can plan accordingly. K-6th grade.

Website: <https://redbuttegarden.org/kids-classes/summer-camp/>

Phone: 801-585-0556

Location: Salt Lake

Email: summercamps@redbutte.utah.edu

RITE CARE LEARNING CENTERS

A speech therapist is paired with the child and parent for weekly sessions. The participation of the parent or other attending adult is essential.

Website: <https://www.ritecareutah.org/>

Location: 650 East South Temple, SLC

Email: info@ritecareutah.org

ROWLAND HALL SUMMER WORKS

Engaging day camp experience for students from a wide variety of schools across the Salt Lake area.

Website: <http://www.rowlandhallsummer.org/>

Phone: 801-924-2971

Email: summerworksadmin@rowlandhall.org

Age: 4 y.o.-entering 9th grade Location: Salt Lake City

THE SAMMY CENTER

Founded on the belief that every single child is amazing and should be given every opportunity to reach their highest potential. age of 3+. Free Tours.

Website: <https://thesammycenter.com/>

Phone: (385) 420-4991

Location: 1515 E 3300 S, Salt Lake City, UT 84106

Email: thesammycenter@gmail.com

SCALES & TAILS UTAH

Summer camp to be held in our animal shop! 1x a week through the summer for 6-16 yrs.

Website: <https://www.scalesandtailsutah.com/> Phone: (801) 577-7182

Location: 4944 W 6200 S, Kearns, UT

SKIP

SLCC Kids In Play is a Program designed as a community-based exercise and play program for children with disabilities and their families within the greater Salt Lake area, for kids 8-12.

ONLY FALL AND SPRING SEMESTERS . Scholarships available.

Website: <https://slcc.edu/SKIP/index.aspx>

SLCC SUMMER READING SKILLS PROGRAM

Offers a 5-week long summer program for struggling reader's grades k-12. They provide individualized attention, group instruction, and engaging materials.

Website: <https://slcc.readingprograms.org/r>

Phone: (800) 964-8888

Various Location: Taylorsville, Sandy, West Jordan, West Valley City

SPYHOP

Camps are jam-packed with equal parts play and project-based activities, kids have endless opportunities to have fun and make the art in their head come to life!

Website: <https://spyhop.org/program/summer-camps/>

Location: 208 West Harvey Milk Blvd., SLC, UT 84101

Email: info@spyhop.org

SWIMKIDS

Teaching children 4 months and up, SwimKids can tailor lessons specifically to your child's needs and abilities.

Website: <https://www.swimkidsutah.com>

Email: holladay@swimkidsutah.com

Phone: (801) 691-7946 (call or text)

Locations: 4679 S 2225 E, Holladay, UT

TOPSOCCER: UTAH YOUTH SOCCER ASSOCIATION - STATE WIDE PROVIDER

Designed to bring the opportunity of learning and playing soccer to any body that has a disability, to provide meaningful learning, development, and physical participation opportunities through soccer. Ages: 4-99

Phone: (801)307-5150

Website: <http://www.utahyouthsoccer.net/top-soccer>

TRACY AVIARY AND BOTANICAL GARDEN IN LIBERTY PARK

Tracy Aviary inspires curiosity and caring for birds and nature through education and conservation.

Website: <https://tracyaviary.org/liberty-park/educational-programs/summer-break-camps/>

Phone: 801-596-8500

Location: 589 E. 1300 S., Salt Lake City, UT

TRAILS- U OF U ADAPTIVE PROGRAM

Recreation, sports, wellness and education needs of people with complex physical injury or disease. Offers year-round activities. Activities are always free.

Phone: 801-581-2526

Email: info@utrails.us

Website: <https://www.utrails.us/programs>

U CAN LEARN CENTER

Non-profit learning/tutoring center specializing in evaluating and treating the 'blockages' to learning, in particular, central auditory processing, visual processing, language delays, ADD and ADHD, and dyslexia, with locations in Murray and South Jordan.

Website: <http://www.ucanlearn.net/>

Phone: (801)683-5999

Location: 6375 S Highland Drive, #202, Salt Lake City, Utah 84121

Email: jaykarla@hotmail.com

U-FIT

We provide physical activities in a fun, noncompetitive atmosphere that will help all individuals reach their goals!

Age: 3-18

Website: <https://special-ed.utah.edu/u-fit/>

Location: 250 S 1850 E Room W 117, Salt Lake City, UT 84112-0920

Contact: Paul Warner (801)581-8121

U OF U LIFE SKILLS CLINIC

Occupational and Recreational Therapy

Pediatric program for 0-21, for ADHD ASD and more. Also work with Adults with autism. Tic CBIT therapy for children and adults with Tourette's. Summer programs available.

Location: 417 Wakara Way, Ste 1410 SLC, Utah 84108

Phone: 801-585-6837

Website: <https://healthcare.utah.edu/life-skills-clinic>

U OF U READING CLINIC

Offers Reading Assessment and Intervention, Professional Development, Mobile Reading Clinics, and Consultation Services. The clinic helps students become successful readers and is a resource for parents, teachers, and struggling readers, especially those students in grades one through three.

Website: <https://uurc.utah.edu/>

Location: 5242 S 480 W, Suite 100, Murray

Phone: (801) 265-3951

Email: uurc@ed.utah.edu

UTAH INDEPENDENT LIVING CENTER

Dedicated to assisting persons with disabilities to achieve greater independence by providing services and activities to enhance independent living skills and promote the public's understanding, accommodation, and acceptance of their rights, needs, and abilities. Ages 14+

Phone: 801-657-5220.

Website: <https://uilc.org/en/>

Location: 3445 S Main St, Salt Lake City

Phone: (801) 466-5565

UTAH MUSEUM OF NATURAL HISTORY CAMPS

Summer day camps . K-6th grade.

Website: <https://nhmu.utah.edu/summer-camp>

Phone: (801) 585-3948

Email: programs@nhmu.utah.edu

WASATCH KIDS CAMP

Day camps and overnight travel camps for children and teens.

Website: <https://www.wasatchkidscamps.com/>

Phone: (801) 263-2267

Email: office@wasatchkidscamps.com

WASATCH ADAPTIVE SPORTS

Adaptive sports for those with intellectual and physical disabilities at all levels. Equipment is provided for each lesson sign up.

Phone: 801-834-0476

Website: <https://wasatchadaptivesports.org/>

WASATCH COMMUNITY GARDENS

Partnering with other agencies such as Tracy Aviary, Red Butte Gardens Spyhop and more.

Camps held June-Aug. K-6th grade.

Website: <https://wasatchgardens.org/youth/2022-summer-camps>

Phone: (801) 359-2658

WEST VALLEY FAMILY FITNESS CENTER

Land, aqua, and outdoor fitness programs for individuals with disabilities are available. Beach entry pool and pool lifts are available

Website: <https://www.wvc-ut.gov/1616/Adaptive-Recreation>

Location: 5415 W 3100 S West Valley

Phone: (801) 955-4156

Contact: Parker Chapple

WHEELER FARM

Summer day camp ages 6-10 years old, 9am-1pm Monday-Friday. For children needing support/accommodations, contact Jane Wylie (jwylie@slco.org)

Website: https://wheelerfarm.activityreg.com/selectactivity_t2.wcs

E-Mail: wheelerfarm@slco.org

Phone: (385) 468-1755

WORK ACTIVITY CENTER

Offers day, work, and residential programs. No waitlist for day and work programs. Private pay can only participate in the day program. Limited transportation is available. Can participate year round or just the summer. Ages: 18+

Location: 1275 W. 2320 S. West Valley City, UT

Website: <https://www.workactivitycenter.org/>

Phone: (801) 977-9779

YMCA OF UTAH

Preschool programs in Taylorsville for 3-4yrs. After school programs for K-5th grade at numerous locations. Teen programs are also available. Summer day camps for elementary and overnight camps available for elementary through High School.

Phone: 801-466-6299 Both English and Spanish.

Website: <https://ymcautah.org/>

Summit/Wasatch County Area

BALLET WEST

Adaptive dance classes with a Movement Mentor.

Website: <https://www.academy.balletwest.org/adaptive-dance>

Phone: 801-869-6970

Location : 2780 Rasmussen Road Suite B2, Park City, Utah 84098

Email: hfryxell@balletwest.org

C.A.S.T FOR KIDS

This event is designed to provide children with disabilities, ages 6 – 18, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing. Registration will begin late Spring. Event is at Strawberry Reservoir.

Website: <https://castforkids.org/c-a-s-t-for-kids/>

Note: An adult caregiver must accompany the participating individual.

MATHNASIUM

Our goal is to significantly increase your child's math skills, understanding of math concepts, and overall school performance, while building confidence and forging a positive attitude.

Summer programs available. 1st - 12th Grade

Website: www.mathnasium.com Phone: (877) 601-6284

Location: Over 10 locations to choose from throughout Northern Utah

NATIONAL ABILITY CENTER

National Ability Center offers adaptive outdoor adventures. Activities include rock climbing, swimming, archery, sledge hockey, cycling, water-skiing, kayaking, wakeboarding, paddle board, snowboarding, snowshoeing, and Nordic skiing, etc.

Website: www.discovernac.org

Phone: 435-649-3991

SUMMIT COMMUNITY GARDENS

Community-based garden serving as a destination to gather, learn and grow! Summer camps offer the opportunity for children to learn about a different gardening theme each week with hands-on gardening activities. This is an inclusive program please call for details. 1-6 grades.

Website - <https://www.summitcommunitygardens.org/2023-camps-pre-registration>

Email: erica@summitcommunitygardens.org

UTAH OLYMPIC PARK

Family Fitness and recreation. Children participate in FUNdamental classes where they learn the fundamentals of a new sport each week from karate to sailing. 7-10yrs for camp. Older elementary to adults for outdoor park

Website: <https://utaholympiclegacy.org/utah-olympic-park-summer-sport-programs/>

Phone: (435) 658-4200

Tooele County Area

BEE KIDS

Provides ABA & NDBI therapy and social skills classes. For children from preschool through high school, with ASD, hyperactivity, sensory processing challenges, speech delays, trauma and more. Programs run year round with a PEERS program starting at the beginning of summer running for 13 weeks, classes being held twice a week for ages 8-16.

Address: 88 East 1000 North, Suite 200, Tooele, UT 84074

Phone: 435-233-6030

Email: admin@beekidsutah.com

Website: <https://www.beekidsutah.com/>

BOYS & GIRLS CLUB

Programs open to children of all abilities. Summer all day program offered to after school participants first. 6-18 y.o.

Website: <https://www.gslclubs.org/tooele-club>

Location: 310 S Main St Tooele UT (Behind Farmers Insurance)

Phone: 435-843-5719

DESERET PEAK COMPLEX

Motorcycle track, aquatics center, Utah Fire Museum and so much more !

Website: <https://deseretpeakcomplex.com/>

Phone: 435-843-4000

Email: info@deseretpeak.com

DROP ZONE U

Trampoline park in Tooele County area. Special needs pricing for those that request it.

Website: <https://dropzoneutah.com/>

Phone: 435-843-9900

Location: 227 N. Main St. Tooele, UT 84074

SPECIAL NEEDS SCOUTS AND AUTISM SPECTRUM INCLUSIVE SCOUTS

Troop meets in Grantsville. Ages 12-99

Scout Master : Clinton Gunderson

Phone: 801-557-2663 or contact Theresa Perkins: 435- 841-7318

TOOELE CITY FAMILIES AND KIDS PROGRAMS

Offers art classes, summer camps, Family Friday at the park. Walking at the Dow Jones building and much more. Open to all abilities and families.

Website: <https://www.tooelecitey.gov/fun>

Facebook: <https://www.facebook.com/tooele.cares>

TOOELE CITY LIBRARY

"Adventure Begins at your Library". This is for kids, teens, and adults. There will be lots of programs, challenges and prizes for everyone, check the website for details!

Location: 128 W Vine St, Tooele, UT 84074

Website: <https://library.tooelecitey.gov/>

Phone: (435) 882-2182

TOOELE COUNTY 4-H

Accepts all abilities. After school activities and summer camp for those that are enrolled in 4-H

Ages: Kindergarten- through 12th grade.

Location: 151 N. Main St. Tooele, UT

Website: <https://extension.usu.edu/tooele/>

Phone: 435-277-2400

TOOELE SPECIAL NEEDS ACTIVITIES

For Adults 18 and older every Thursday from 7-8 pm. Any religious affiliation welcome.

192 W. 200 S. Tooele. LDS Church building.

UTAH INDEPENDENT LIVING CENTER (TOOELE SATELLITE)

The UILC is a non-residential facility that provides services which enhance the independence of people with disabilities. Cooking classes, tours, employment help, assistive technology loaners, etc. All activities are free. Adult outings may have small fee. Youth summer group and Adult classes offered year round. Ages: 14-99+

Website: www.uilc.org/

Phone: (435) 843-7353

Location: 52 N Main St, Tooele

Email: uilc@uilc.org

UTAH MOTORSPORTS CAMPUS

Go Karts for children over 45" tall (Call first to see if they are able to accommodate your child), many free races to watch and 12 yrs and up can ride along in a drift car at designated events.

Address: 512 Sheep Ln. Grantsville, UT 84074

Phone: 435-578-8045 (Reach out to Jody, she can help with any special needs or questions)

Website: <https://www.utahmotorsportscampus.com/>

Email: Jody.niemann@umcampus.com

Utah County Area

ABILITY 1ST

Provides services to individuals with all types of disabilities from age 14-99 to help them achieve their goal of remaining independent in their homes and active in their communities.

Location: 1455 West 820 North, Provo, UT 84601

Phone: 801-373-5044

Website: <https://ability1stutah.org/>

AMERICAN FORK FITNESS CENTER ADAPTED AQUATICS SUMMER PROGRAM

Program is provided for children with cognitive and physical disabilities.

Contact: Erin Jenkins ejenkins@americanfork.gov

Phone: (801) 763-3080 ext. 0125

Website: <https://americanfork.gov/229/Fitness-Center>

BALLET WEST

Ballet West offers adaptive dance classes with a Movement Mentor. The mentors and students pair up for the entire year and perform together in the year end concerts.

Website: <https://www.academy.balletwest.org/adaptive-dance>

Phone: (801) 869-6990

Location : 564 W 700 S #403, Pleasant Grove, UT 84062

Email: hfryxell@balletwest.org

BIKE COLLECTIVE

Earn a Bike program. A six-week introductory bike mechanics course offered free to adults and earning a bike at graduation. Anyone able to bring their bike in and learn how to fix it themselves at a low cost. Refurbished youth bike donation to those in need with referral.

Youth bike mechanic course for 11-18yrs.

Website: <https://bicyclecollective.org/>

Phone: (801) FAT-BIKE (328-2453)

BRIGHAM YOUNG UNIVERSITY

This program connects volunteers to learn skills through fun games and activities. Variety of programs, age and price vary.

Website: <https://yserve.byu.edu/programs-search>

Location: BYU Campus

COURAGE REINS THERAPEUTIC RIDING CENTER

Horseback riding lessons for all ages and abilities.

Website: www.couragereins.org

Phone: (801) 756-8900

Location: 5870 W 10400 N Highland

Email: info@couragereins.org

THE DANCE CLUB

The Dance Club offers a free weekly dance class to those with both physical and cognitive disabilities.

Website: <https://www.thedanceclub.com/classes/special-needs>

Phone: (801) 224-4400

Location : 983 N State Orem, UT. 84057

Email: office@thedanceclub.com

EAGLE MOUNTAIN COMMUNITY EVENTS

Adaptive events throughout the year

PONY EXPRESS DAYS

Website: <https://eaglemountaincity.com/community-relations/pony-express-days/>

Family Fun Night & Movie in the Park, Carnival & Vendor Booths, Pony Express Days Parade

FAMILY HAVEN OREM

Offers 24-hour Crisis Respite Nursery to children with special needs up to age 11. The Nursery provides a break to parents during times of stress.

Phone: 801-229-1181

Website: www.family-haven.org

HARMONY MUSIC THERAPY

We serve clients with special needs in Cache, Davis, Salt Lake, Utah, and Washington County.

Email: info@harmonymusictherapy.com

Phone: 801-200-3273

Website: <https://harmonymusictherapy.com/>

HOOFBEATS TO HEALING

Provides therapeutic horseback riding, using an effective natural approach to horseback riding therapy. Working with a variety of different disabilities. Apply in person. Scholarships available.

Website: www.hoofbeats.us

Email: tamtrot@gmail.com

Phone: (801) 836-4325

Location: 1218 North 800 West, Saratoga Springs UT 84085

I SEE YOU

Helps individuals and entire families with invisible illnesses. Summer fishing club. June-Aug.

Facebook: <https://www.facebook.com/iseeyoufoundation/>

Website: www.iseeyouutah.org

Phone: (801) 410-1773

KIDS WHO COUNT

Offer a parent class on Tuesdays for those with family members of all disabilities

Website: <https://kidswhocount.org/>

Phone: (801)-423-3000

Location: 345 N. SR 198, Salem

LEHI ADAPTIVE RECREATION PROGRAMS

Adaptive programs designed and modified exclusively for patrons with disabilities of any age. Programs include: volleyball, swimming, and bowling and basketball.

Website: <https://www.lehi-ut.gov/legacy-center/adaptive-programs/>

Phone: (385)201-1000

Location: Lehi Legacy Center

MATHNASIUM

Summer programs available. 1st grade-12th grade

Website: www.mathnasium.com

Location: Over 10 locations to choose from

Phone: (877) 601-6284

PROVO ADAPTIVE SWIM SCHOOL

For children with physical or cognitive disabilities. Lessons offered year round. Ages: 5-18 yrs
Website: <https://www.provo.org/community/recreation-center/aquatics/aquatic-programs>
Phone: 801-852-6620

RECREATION AND REHABILITATION SERVICES (RAH)

Skill classes to promote independence, social and recreational programs, community involvement and service activities. Activities include day-timers groups, bowling, dinners, swimming, social skills, and special needs scouts. 18- adult.
Website: <http://www.rahservices.org/>
Phone: 801-374-8074

RISE SERVICES - STATE WIDE PROVIDER

After school and summer programs. Summer programs provide children and adolescents with enjoyable and fun recreational activities that include skill development.
Website: <https://riseservicesincut.org/>
Phone: 801-373-1197
Email: monicav@riseservicesinc.org

SARATOGA SPRINGS ADAPTIVE ACCOMMODATIONS

The Saratoga Springs Civic Events wants all citizens to be able to enjoy events in the city, spend time together as families and enjoy our great, growing community. As part of this effort the Civic Events Division has tried to create events that can be enjoyed by everyone, to make sure all of our citizens are served.
Website: <https://www.saratogaspringscity.com/968/Adaptive-Accommodations>

SPANISH FORK ADAPTIVE FISHING

Inclusive recreational opportunities to all ability levels ages 6-30 who have any mental and/or physical disability. The program runs April-June. Registration begins in January.
Website: <https://www.spanishfork.org/departments/parkrec/sports/other/index.php>
Phone: (801)804-4500

SPANISH FORK MOVIES IN THE PARK

June 7 and July 5. Closed Captioning may be available upon request. City Park 49 S. Main St.
Website: www.spanishfork.org/events

SPANISH FORK PROGRAMS

Spanish Fork has a number of summer programs that are available. Some included are wrestling, fitness and park play. Age and prices vary.
Website: <https://www.spanishfork.org/departments/parkrec/sports/other/index.php>
Phone: (801)804-4500

SPANISH FORK MR. AND MRS. EXTRAORDINAIRE

Open to area residents under 18 years old with adaptive needs. Provide opportunities for those with adaptive needs to be recognized AND perform on stage during Fiesta Days.
Contact: Raychillene Talbot raychellenetalbot@gmail.com
Website: https://www.spanishfork.org/news_detail_T17_R337.php

THE SPRINGVILLE ART MUSEUM

Year round senseAble tours offered. A guided tour designed specifically for visitors with disabilities. Free, Must schedule in advance. Projects are designed for ages 2 to 12 with adaptations for different age groups, but open to visitors of all ages! Virtual field trips available as well.

Website: <https://www.smofa.org/>

SPRINGVILLE VIP ADAPTIVE LEAGUE

The VIP Special Needs Sports League in Springville City. Serves ages 5 and up who have mental and/or physical disabilities. Year round activities. Springville residency not required. 5+ years.

Facebook: [VIP Special Needs Sports League](#) Instagram: [@vip_special_needs_sports](#)

Website: <https://www.springville.org/recreation/youth-sports/adaptive>

Email: keri.beardall@msn.com

Phone: 801-489-2730

SWIMKIDS

Can tailor lessons specifically to your child's needs and abilities

Website: <https://www.swimkidsutah.com>

Email: pg@swimkidsutah.com

Phone: (801) 691-7946 (call or text)

Location: 550 W 220 S Street, PG

THANKSGIVING POINT: SENSORY BACKPACK AND SOCIAL STORIES

At the Museum of Ancient Life, Butterfly Biosphere, and the Museum of Natural Curiosity. Designed for guests with Autism Spectrum Disorders or other sensory sensitivities.

Backpacks are free to check out on a first-come, first-serve basis at the admission desk.

Website: <https://thanksgivingpoint.org/attractions-tickets/accessibility/>

Autism Adventure Summer Camp: A fun adventure for youth with autism, ages 11-18.

Website: <https://thanksgivingpoint.org/education/summer-day-camps/>

Central UT 6 County Area

Juab, Millard, Piute, Sevier, Sanpete, Wayne Counties

ABILITY 1ST

Ability 1st in Ephraim empowers people ages 14+ with disabilities to live independently through education and provides disability resource information. Serves Juab and Sanpete counties. Youth summer program 2x a week ages 14-30

Location: 85 West 100 North, Ephraim, UT 84627

Phone: (435) 283-4949

Website: <https://ability1stutah.org/contact-us/>

JUAB COUNTY 4-H

All abilities welcome. Red Cliffs elementary has a FREE 4 H afterschool program. Tues- Friday.

Contact: Kensey Worwood kensey.worwood@usu.edu.

Website: <https://extension.usu.edu/juab/>

NEPHI ADAPTIVE SPORTS

Designed specifically for youth with mental or physical disabilities. 6-week program. For ages: 5-20yrs.

Website: <https://www.nephi.utah.gov/212/Youth-Adaptive-Sports>

NEPHI CITY LIBRARY

Summer and year round activities and story times offered.

Phone: 435-623-1312

Website: <https://www.nephi.utah.gov/151/Public-Library>

RED ROCK CENTER FOR INDEPENDENCE (RRCI)

Summer youth program offered (small fee charged). Must sign up as a consumer first, no cost of service for ongoing activities. Ages 5+

Satellite Location in Richfield

Website: <https://www.rrci.org>

Phone: 435-979-6416

SANPETE COMMUNITY TRAINING CENTER

Sanpete Community Training provides support to people who have developmental disabilities.

Day training program for 22+ and family support program. DSPD funded only.

Phone: 435-283-4718

No website

SANPETE COUNTY MUSEUM AND ART EXPLORATION

Museums and art galleries to explore in the area. Self guided walking/rolling Tour of Historic Ephraim and Manti,

Website: <https://www.sanpete.com/museums--art.html>

Eastern Utah

Carbon, Duchesne, Emery, San Juan, Grand, Uintah, Daggett Counties

ACTIVE RE-ENTRY CENTER

Community based program which assists individuals with disabilities to achieve or maintain self-sufficient and productive lives in their own communities and home; Locations in Price, Vernal, Moab and Blanding. Ages 14+

Website: <https://www.arecil.org/locations.htm>

Phone: Voice/TTY: 1-435-637-4950

Email: active@arecil.org

BOYS & GIRLS CLUB

Open to children of all abilities. After school program and summer program. Grades K-12

Website: https://www.gslclubs.org/find_a_club/price-boys-girls-club.html

Location: 60 E. 100 N. Price, UT 84501

Phone: 435-637-6066

CARBON COUNTY 4-H

4-H is open to all youth in Carbon County.

Location: 751 E. 100 N. #1700 Price, UT 84501

Website: <https://extension.usu.edu/carbon/4h/index>

Phone: (435)-636-3233

CARBON COUNTY LIBRARY

Year round story time and summer reading program.

Phone: 435-636-3188

Facebook: <https://www.facebook.com/PriceCityLibrary>

CARBON COUNTY RECREATION

Inclusive and accommodating for all abilities.

Location: 450 S Fairgrounds Way, Price, UT 84501

Phone: (435) 636-3702

Website: <https://www.carbonutah.com/department/recreation/>

CASTLE COUNTRY EVENTS

Please see calendar for up to date information

Website: <https://www.carbonutah.com/events/>

DESERET WAVE POOL

Multiple pools. Chair lift in indoor pool and zero depth entry. Swimming lessons and hydro aerobics offered.

Location: 250 E 500 N, Price, UT 84501

Website: <https://www.priccityutah.com/desert-wave-pool.html>

Phone: (435) 637-7946

DUCHESNE COUNTY 4-H

Welcomes all abilities. After school programs, summer day camps.

Phone: (435) 738-1140

Facebook: <https://www.facebook.com/duchesnecounty4h>

Website: <https://extension.usu.edu/duchesne/>

EMERY COUNTY 4-H

All abilities welcome. Summer programs and summer day camps. Call for more information.

Phone: (435) 381-3535

Location: 75 E. Main St. Castle Dale, UT

Website: <https://extension.usu.edu/emery/>

EMERY COUNTY RECREATION DISTRICT

Please contact the program with questions. Welcome all abilities.

Website: <https://emerycounty.com/home/service-districts/rec/>

Phone: (435) 381-3505

EMERY COUNTY SWIMMING POOL

Lessons open to all kids, please call for more information. Special needs free swim day (Special Little Luau) Prizes, games, free lunch, etc. July 24, 2024 4pm-7pm. Available to kids and adults from anywhere and free to their families and friends. Activities for those that don't swim too. For Special Little Luau, contact Autumn Arrien: (435) 749-9676

Pool Phone: (435) 381-7946

Website: <http://www.emerycounty.com/pool/>

GRAND COUNTY 4-H

Accepts all abilities. Year round after school and summer programs. Call for more information.

Phone: 435-797-1483 Ashley Durlach -program coordinator.

Instagram: <https://www.instagram.com/usugrandcountyextension/>

Website: <https://extension.usu.edu/grand/>

HELPER LIBRARY

Tues. year round story time and Book and a movie.

Website: <https://helpercitylibrary.wordpress.com/>

Phone: 435-472-5601

KING COAL THEATRE

Wheelchair accessible, available for private events, family night and matinees offered

Location: 1171 East Main Price, Utah

Website: <https://www.pricetheatre.com/>

Phone: 435-650-0500

PRICE COUNTY EVENTS

Watch this page for community events.

Website: <https://www.priccityutah.com/events.html>

SAN JUAN COUNTY 4-H

Welcomes all abilities. After school and summer programs.

Phone: 435-587-3239

Website: <https://extension.usu.edu/sanjuan/>

Facebook: <https://www.facebook.com/SJC4H>

UINTAH COUNTY 4-H

Welcome all abilities. Friday 4-H's at the Vernal 4-H office, STEM, crafts, friends, and more. Summer day camp for kids that have already registered for 4-H. Camp focus is on outdoor recreation. Ages 8-18. Clover buds program 5-8yrs.

Phone: 435-781-5452

Location: 328 E. 200 S. Vernal (red brick building next to Western Park)

Website: <https://extension.usu.edu/uintah/>

YOUTH GARDEN PROJECT MOAB

Spring Break Camp, Summer Camps and Fall break camp . Camps include outdoor recreation, arts and crafts, gardening and more. Camp registration opens in March

Website: <https://www.youthgardenproject.org/youthcamps/>

Location: 530 South 400 East St Moab UT, 84532

Phone: 435-259-2326

Email: info@youthgardenproject.org

SW Utah 5 County Area

Beaver, Iron, Garfield, Kane, Washington Counties

BEAVER COUNTY 4-H

Welcomes all abilities, After school activities and summer activities and camp. Registration in May for summer activities and camp. Ski club offered in the winter. Teen Council 8-12 and club for 6th graders.

Phone: (435) 438-1089

Website: <https://extension.usu.edu/beaver/>

BIKE COLLECTIVE

Earn a Bike program. A six-week introductory bike mechanics course offered free to adults and earning a bike at graduation. Anyone able to bring their bike in and learn how to fix it themselves at a low cost. Refurbished youth bike donation to those in need with referral. Youth bike mechanic course for 11-18yrs.

Website: <https://bicyclecollective.org/>

Phone: (801) FAT-BIKE (328-2453)

C.A.S.T for Kids:

This event is designed to provide children with disabilities, ages 6 – 18, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing. Registration will begin late Spring. Event will take place at Sand Hollow Reservoir

Website: <https://castforkids.org/c-a-s-t-for-kids/>

Note: An adult caregiver must accompany the participating individual.

CEDAR CITY ADAPTIVE SWIM LESSONS

Welcomes all abilities and adaptive swim lessons offered year round. Zero depth entry, chair lift and ramp at the pool.

Location: 2090 W. Royal Hunter Dr.

Phone: (435) 865-9213 Marcie Burrill

Email: bmarcie@cedarcityut.gov

Website: <https://www.cedarcity.org/445/Aquatic-Center>

CEDAR CITY RECREATION

All abilities welcome

Email: akathleen@cedarcityut.gov

Ph: (435) 865-1380

FAMILY SUPPORT CENTER OF SOUTHWESTERN UTAH

Youth mentoring, nursery services, home visitation, post adoptive support visitation exchange, and parent education. Crisis care is available 24/7. Check Facebook for details.

Location: 102 North 200 East, Cedar City, UT 84720

Phone for Iron and Beaver Counties: (435) 586-0791

Email: cedarcitynursery@familysupportutah.org

Facebook: <https://www.facebook.com/familysupportcenterSWUtah>

FAMILY SUPPORT CENTER - RICHFIELD

Offers youth mentoring, nursery services, home visitation, post adoptive support visitation exchange, and parent education. Crisis care is available 24/7.

Location: 58 E 300 N, Richfield, UT 84701

Phone for Sevier/Sanpete Counties: (435) 896-4256

Email: richfieldnursery@familysupportutah.org

Facebook: <https://www.facebook.com/RichfieldFamilySupportCenter>

FAMILY SUPPORT CENTER OF WASHINGTON COUNTY

Regularly scheduled respite care can be requested up to 3 hours per week, per family, as scheduling allows. Serving children ages 0-11 years of age. All services are free of charge. Crisis care available 24/7. Family Fun Carnival June 1, 2024 Free @ Legacy Elementary field.

Location: 310 West 200 North, St. George

Phone: (435) 674-5133 After hours: (435) 773-0585

Website: <https://www.fsc4kids.org/respite-care/>

FLYING FISH SWIM PROGRAM: AT SAND HOLLOW AQUATICS

Specifically designed for those with special needs ages 10 years and up. This 10-month program. Classes are held on the 1st and 3rd Tuesday of each month from 6:30-7:30 pm.

Website: <https://www.sgcity.org/aquatics/flyingfishswimprogram>

Location: 175 East 200 North, St. George, UT 84770

GARFIELD COUNTY 4-H

Welcomes all abilities. After school programs and summer adventures.

Email: clint.albrecht@usu.edu

Phone: 435-676-1113

Website: <https://extension.usu.edu/garfield/>

GIRLS ON THE RUN-WASHINGTON AND IRON COUNTY

Fun and inclusive setting that includes interactive games, being physically active, and expressing creativity through arts and crafts and storytelling. Only held during the school year. Girls on the run 3rd - 5th Grades, Heart and Sole 6th-8th grade.

Email: melissa.miller@girlsontherun.org

Phone: (435)-703-0299

Website: www.gotrnsouthernutah.org

HURRICANE ADAPTIVE SWIMMING LESSONS

This program is for youth who struggle to succeed in a group setting due to physical or mental limitations, or behavioral issues. Registration May 1st or until full.

Phone: 435-635-2609

Website: <https://www.hurricanerecreation.com/adaptiveaquatics>

HURRICANE ADAPTIVE RECREATION

Providing individuals with mental, physical & intellectual disabilities the opportunity to participate in leisure programs. 8+ years. Year round. 2 week adaptive summer sports camp. Non residents are welcome.

Website: <https://www.hurricanerecreation.com/youth-sports-programs>

Location: 63 south 100 west Hurricane UT 84737

Jennifer Cluff: 435-760-7362

Email: jennifer@hurricanerecreation.com

IRON COUNTY RECREATION AREAS

Parks, pavilions and kids fishing ponds - Woods Ranch Recreational area and Three Peaks Recreational Complex

Website: <https://visitcedarcity.com/things-to-do/outdoor-activities/recreation-areas/>

IRON COUNTY RECREATION AREAS

Parks, pavilions and kids fishing ponds - Woods Ranch Recreational area and Three Peaks Recreational Complex

Website: <https://visitcedarcity.com/things-to-do/outdoor-activities/recreation-areas/>

IRON COUNTY VIP SPORTS PROGRAM

Soccer in the Fall, Bowling in the winter and Baseball in the spring. For those with physical and/or intellectual disabilities. Ages 5-99yrs

Contact: Helen Johnson helenjohnson.ayso@gmail.com

Phone: 435-590-4411

IRON COUNTY WARRIOR BASEBALL LEAGUE

Adaptive baseball program for individuals with physical and intellectual challenges. For 4-18 years or up to 22 years if still in school with a physical or intellectual challenge may participate. Spring/Summer Registration begins in February.

Email: tanishawittwer@gmail.com

Facebook: https://www.facebook.com/groups/1572400939581922/?ref=group_header

IRON COUNTY 4-H

Summer day camps posted on Facebook beginning of May. After school programs at Fiddlers and North Elementary school and Canyon View and Cedar Middle schools. Welcome all abilities. Phone: 435-586-8132

Website: <https://extension.usu.edu/iron/>

Facebook: <https://www.facebook.com/iron4h/>

KANAB CITY LIBRARY

Welcomes all abilities. Many events and classes including programming. Craft night, French class, Dungeons & Dragons, Valentines, etc.

Website: <https://www.kanablibrary.org/>

Instagram: <https://www.instagram.com/kanabcitylibrary/>

KANAB CITY RECREATION AND POOL

All abilities are welcome. Zero entry pool and want to start some adaptive recreation.

Website: <https://kanabcityrec.com/>

Phone: Phone: (435) 644-2534

KANAB TOURISM OFFICE

Many inclusive events held throughout the year including balloons and tunes, western legends, hikes, etc. Check out their events page for more info.

Website: <https://visitsouthernutah.com/events/>

KANAB RASCAL RODEO: FREE

Adaptive rodeo for those with Intellectual and physical disabilities. Horse back riding, adaptive rodeo activities, petting zoo and miniature horses. Event is in mid June. All ages welcome.

RaeChele Alldridge: 702-326-1908

Website: <https://www.rascalrodeo.org>

KANE COUNTY 4-H

Welcomes all abilities. After school programs and summer day camps.

Phone: (435) 644-4910

Facebook: <https://www.facebook.com/KaneCounty4H>

Website: <https://extension.usu.edu/kane/>

KINDERMUSIK

Early childhood music and movement classes for children. Ages: 0-7

Location: 2044 S. Mesa Palms Drive, St. George, UT 84770

Phone: (435)-673-5353

Website: <https://162294.kindermusik.com/location/57190>

RED ROCK CENTER FOR INDEPENDENCE (RRCI)

Summer youth program offered (small fee charged). Youth and adult activities are ongoing programs offered in St. George location. Must sign up as a consumer first, no cost of service for ongoing activities. Ages 5+

Phone: (435) 673-7501

Website: https://www.rrci.org_

SOUTHERN UTAH MUSEUM OF ART

Tours and activities. Wonder Wed., Community days, Year round. Open later in the summer.

Kelsy Leavitt kelsileavitt@suu.edu

Website: <https://www.suu.edu/suma/>

Location: 351 W University Blvd. Cedar City Utah, 84720

ST. GEORGE MARATHON FUN RUN WALK N' ROLL

Adaptive Division is open to all ages for persons with disabilities. Each participant is required to have one person without disabilities to accompany them from the start to the finish line.

Website: <https://www.stgeorgemarathon.com/funrunwalknrollregistration/>

SWIMKIDS

Can tailor lessons specifically to your child's needs and abilities. Our well-trained, enthusiastic, and caring instructors are eager to teach your child to swim.

Website: <https://www.swimkidsutah.com>

Phone: (801) 691-7946 (call or text)

Email: info@swimkidsutah.com

Location: 449 So Valley View Drive, St George

WASHINGTON COUNTY 4-H

Welcomes all abilities. Check Facebook for most up to date information. After school programs and summer camp for members. Ages: K-12 grade.

Location: 339 S. 50500 W. Hurricane, UT

Phone: 435-301-7745

Facebook: <https://www.facebook.com/USUwashco4H>

Website: <https://extension.usu.edu/washington/>

Statewide or National Resources

4-H SUMMER CAMPS

Summer and year round activities. Available to all abilities.

Website: <https://extension.usu.edu/utah4h/> Click on CONTACT US to find county information.

Phone: (435) 797-4444

A BUDDY JUST LIKE ME

Helps individuals with a diagnosis, their families, and caregivers find and create meaningful connections. Finding connections within a diagnosis. Currently building a database of “Buddy” matches. Year round.

Website: <https://www.abuddyjustlikeme.com/>

ACCESSIBLE WILDLIFE FOR PEOPLE WITH DISABILITIES

The Utah Department of Natural Resources (DNR)'s Divisions and other public and private agencies have developed parks, campgrounds, trail systems, fishing piers, and other programs to enable access to our natural resources throughout the state.

Website: <https://wildlife.utah.gov/disabled-access>

ADAPTIVE ADVENTURES

Based out of Colorado, Adaptive Adventures Programs are for all ages and abilities in the intermountain west.

Website: <https://adaptiveadventures.org/>

Cost: Prices vary. Price will include food, lodging, and equipment.

AUTISM ON THE SEAS

Autism on the Seas has been in collaboration with Royal Caribbean International in developing cruise vacation services to accommodate adults and families living with children with special needs, including but not limited to Autism, Down syndrome, Tourette syndrome, cerebral palsy, and all cognitive, intellectual, and developmental disabilities. We provide cruises with our staff that assist adults and families in accommodating the typical cruise services, as well as providing specialized respite and private activities/sessions that allow our guests the use of the ships entertainment venues in an accommodated and assisted manner.

Website: www.autismontheseas.com

Phone: 1-800-516-5247

AYSO EPIC SOCCER

Provides a quality soccer experience for children and adults with physical or mental disabilities that make it difficult to successfully participate on mainstream teams.

Website: <https://ayso.org/>

To register: <https://www.ayso239.org/Default.aspx?tabid=864637>

BEST BUDDIES

Dedicated to enhancing the lives of people with intellectual disabilities by providing opportunities for one-on-one friendships and integrated employment.

Facebook: <https://www.facebook.com/bestbuddiesut>

Website: <https://www.bestbuddies.org/utah/>

BLUE STAR MUSEUMS

Free admission to the nation's active-duty military personnel their families, National Guard Camp; Reserve, from Memorial Day to Labor Day.

Website: <https://www.arts.gov/initiatives/blue-star-museums>

BOY SCOUTS SPECIAL NEEDS TROOPS AND INCLUSIVE TROOPS

Call for local group information

Website: <https://www.utahscouts.org/>

Phone: (801) 479-5460

CAMP HOBÉ

Summer camp designed for children with cancer and their siblings. Provides medical and psychosocial supervision to ensure children are safe both mentally and physically during camp. Camp is held each June. Virtual option is available.

Website: www.camphebekids.org

Location: Camp Wapiti, Tooele

Ages: 4-6yrs day camp, 6-19 years overnight

CAMP RESOURCE CAMP FINDER

Filter by State for Utah and many camps are listed from academic camps to museum camps to recreation camps. . etc. Locations across the state. Contact each for disability information.

Website: <https://www.campresource.com/>

CAMP ROGER YMCA

Summer camps with counselors trained in the needs of campers with disabilities. Day camp and overnight camps. Financial assistance for those who qualify. Ages 3-18.

Day camps: <https://ymcautah.org/summerdaycamps>

Overnight camps: <https://ymcautah.org/camp>

Phone: (801) 466-6299

GIRL SCOUTS UTAH

We serve girls with all abilities, though we may request some help from families and caregivers. To join and get more information check out our website for camp, troops or a one-time event.

Website: www.gsutah.org

HIKING UTAH MOUNTAINS

Enjoy the great outdoors as a family on wheelchair accessible trails. TrailLink has a list of accessible, paved hiking trails in Utah. Each trail will be short in length, surfaced for accessibility, and provide descriptions of the hike. You can look at the website or they all can be downloaded from the your App Store (look for TrailLink).

Website: www.trailink.com/stateactivity/ut-wheelchair-accessible-trails.aspx

KIDS CAMPS.COM

Online resource to find specialty camps all over the US. Has an option for special needs camps. https://www.kidscamps.com/summer_camps/utah-summer-camps.html

LDS SPECIAL NEEDS ACTIVITIES PROGRAM (SNAP)

Any church affiliation welcome. Statewide 1x a week activities. Ages: 12-100

Visit LDS Disabilities Facebook: <https://www.facebook.com/groups/ldsdisability> to find a group in your area or contact a local bishop or stake president for more information for your area.

LETTERBOXING

It's like getting a treasure map and looking for a hidden treasure. There are letterboxes all over the United States. The website has all the instructions of how to get started and on your way. This is a good alternative for geo cashing!

Website: <http://www.letterboxing.org>

MEGAPLEX THEATERS

Offers a sensory friendly summer movie series for children. All sensory friendly showings will be at 10:30 am. Just \$10.00 for 10 weeks!

Website: <https://www.megaplextheatres.com/i/kidsmovies>

MISS AMAZING

Providing opportunities for girls and women with disabilities across Utah to build self-esteem, teach self advocacy, and open up pathways to leadership by competing in local and national pageants. Year round service projects, fundraising, building friendships, etc. No cost. State wide events but mostly on the Wasatch Front. Ages: 5-100

Website: <https://missamazing.org/chapters/UT>

Phone: 801-859-6615

email: ut@missamazing.org

MUSCULAR DYSTROPHY ASSOCIATION (MDA) CAMP

MDA Summer Camp is a magical place where anything is possible. Each summer, thousands of kids attend life-changing, overnight camps around the U.S. at no cost to their families, thanks to our generous supporters.

Website: <https://www.mda.org/summer-camp>

MUSEUMS FOR ALL

Through Museums for All, those receiving food assistance (SNAP benefits) can gain free or reduced admission to more than 800 museums throughout the United States simply by presenting their EBT card. Search below to find a participating museum near you!

Website: <https://museums4all.org/>

MY DISCOVERY DESTINATION

A wide variety of FREE family adventures across Utah to increase bonding and help parents create an environment where each member of the family feels valued and can thrive.

Contact Info: Sharilee Griffiths

Email: Wattson@MyDiscoveryDestination.com

Phone: 435-770-0748

<https://mydiscoverydestination.com/>

MY SUMMER CAMPS

Find a camp geared to a particular interest or location throughout Utah.

<http://www.mysummercamps.com/camps/utah-summer-camps.html>

NATIONAL ABILITY CENTER

Adaptive outdoor adventures. Activities include rock climbing, swimming, archery, sledge hockey, cycling, water-skiing, kayaking, wakeboarding, paddle board, snowboarding, snowshoeing, and Nordic skiing, etc.

Website: www.discovernac.org Phone: 435-649-3991

Primary location: Park City, UT but activities throughout state. See website for more details.

NATIONAL PARKS AND FEDERAL RECREATION LANDS ACCESS PASS

A lifetime pass for U.S. citizens or permanent residents with permanent disabilities. Pass admits the holder +3 adult passengers per vehicle at fee areas (under 16 are admitted free).

Website: <https://www.nps.gov/planyourvisit/passes.htm>

NOW PLAYING UTAH

A website that offers information on upcoming activities including free events.

Website: <https://www.nowplayingutah.com/categories/free/>

SCALES & TAILS UTAH

Offer entertaining, educational, and interactive reptile and bird shows throughout Utah. We can travel to your location for any kind of event that you would have us come to. Also offer guided tours M-Sat throughout the year. Summer camp for kids to be held in our animal shop! 1x a week throughout the summer for 6-16 yrs.

Website: <https://www.scalesandtailsutah.com/>

Phone: (801) 577-7182

Location: 4944 W 6200 S, Kearns, UT

SPECIAL OLYMPICS

Offers year round games where individuals with Intellectual disabilities can compete in a variety of sports including things like cycling, track and field, soccer, softball. 8yrs +, Young Athletes program for 2-7yrs

Website: <https://www.sout.org/>

Phone: (801) 363-1111

Email: information@sout.org

SUMMER FUN NATIONAL SUMMER CAMP DIRECTORY

Links to over 200 camp Web sites serving children with disabilities, as well as useful information and resources to help create a rewarding summer camp experience for you and your child.

Website: <https://fcsn.org/fcsn-camp-guide-2023/>

UTAH BURN CAMP

The University of Utah Health Burn Camp Program supports burn survivors with the personal challenges associated with surviving a burn injury. Five different programs geared toward specific age groups, providing a safe and supportive atmosphere for everyone involved.

Phone: 801-585-2847

Website: <https://healthcare.utah.edu/burncenter/burn-camp/>

UTAH HIGH SCHOOL CYCLING LEAGUE'S ELEVATE PROGRAM - STATE WIDE

For any student 7th-12th grade with a disability to learn how to mountain bike with the goal of competing as a member of their school's mountain bike team.

Ages: 7th-12th grade

Website: <https://www.utahmtb.org/elevate-program>

Email: dallen@utahmtb.org

UTAH HEMOPHILIA FOUNDATION

Bringing people with bleeding disorders together for support and learning. Community events, Camp Valor, Teen Weekend.

Website: <https://hemophiliautah.org/>

Facebook: <https://www.facebook.com/groups/283017781722742>

UTAH LAKES AND RIVERS

Free fishing licenses for Utah residents with physical and cognitive disabilities. Apply online. List of over 50 accessible fishing docks. Many different accommodations for hunting as well. Phone: (801) 538-4700
Website: <https://wildlife.utah.gov/disabled-access.html>
Email: DWRcomment@utah.gov

UTAH LIFE ELEVATED

Discover more of what Utah has to enjoy.
Website: <https://www.visitutah.com/things-to-do>

UTAH'S NATIONAL PARKS

Junior ranger programs that can be tailored to the needs of your child. Stop by the visitor center as soon as you get to the park to talk with a ranger about such accommodations. Some parks offer “kits” or ranger-led programs that allow children of all abilities to experience Utah’s great natural resources. Check park websites or visitor centers for wheelchair accessibilities. Website: www.nps.gov/Utah

UTAH SCHOOL FOR THE DEAF AND BLIND (USDB) - SUMMER CAMPS

Summer Camps throughout the state with varying activities for 2-18+. Camps vary from one morning to multiple days. Contact USDB for more information.
Executive Secretary Voice: 801-464-2038 VP (videophone): 385-262-6945
Website: <https://sites.google.com/usdb.org/usd-extracurricular-activities>

UTAH STATE PARKS

Many Utah State Parks, like the National Parks, have trails and campgrounds that are accessible to everyone. State parks in Utah with such trails are Dead Horse Point, East Canyon, Fremont Indian, Jordanelle, Snow Canyon, and the Historic Union Pacific Rail trails. Website: <https://stateparks.utah.gov/resources/accessibility/>

VOCATIONAL REHABILITATION

Vocational Rehabilitation (VR) helps people with physical, intellectual, mental health, and sensory disabilities find jobs and gain more independence. For ages 14+. Services include: Transition services for students, Employment services, supported employment, work incentive planning for those on benefits, Assistive technology, etc.
Reach out to an office near you <https://jobs.utah.gov/jsp/officesearch/#/map>
Main VR website: <https://jobs.utah.gov/usor/vr/index.html>

YOUNG SCHOLARS ACADEMY

Virtual camps in all areas of academics & special interests for neurodivergent kids ages 5-18. Website: youngscholarsacademy.org/summer-camps

Adaptive/ All Ability Playgrounds

What is an inclusive/Adaptive/All Abilities playground? An inclusive play space is where children of all abilities can play with a rich rang of physical, sensory, and social experiences.

Cache County

Whittier Center Adventure Playground

Address: 290 N 400 E, Logan, UT 84321
Phone: (435) 753-9008

Davis County

Chloe's Sunshine Playground at Centennial Park

Website: <https://www.syracuseut.gov/Facilities/Facility/Details/Centennial-Park-5>

Address: 1800 S 2000 W, Syracuse, UT 84075
Phone: 801-614-9660 Opt. 1

Creekside Park

Address: 600 Mill St, Bountiful, UT 84010
Phone: (801) 298-6100

Summit County

Willow Creek Park

Address: 4460 Split Rail Ln, Park City, UT 84098
Website: <https://www.basinrecreation.org/parks/willow-creek/>
Phone: (435) 649-1564

Salt Lake County

West Valley City- Peachwood Park Inclusive Playground

Address: 3510 W 3965 S, West Valley City, UT 84119
Phone: (801) 955-4000

Veteran's Memorial Park & Wild West Park

Address: 1985 W 7800 S, West Jordan, UT 84088
Website: <https://www.westjordan.utah.gov/parks-department/reservations>

Sierra Newbold Memorial Playground

Address: 5900 New Bingham Hwy, West Jordan, UT 84081
Phone: (801) 569-5700

East Riverfront Park

Address: 10900 S River Front Pkwy, South Jordan, UT 84095
Website: <https://www.sjc.utah.gov/Facilities/Facility/Details/East-Riverfront-Park-13?ref=travellens.co>

Draper Park Unity Playground

Website: <https://www.draperutah.gov/555/Draper-City-Park>
Address: 12500 S 1300 E, Draper, UT 84020
Phone: (801) 576-6570

Day Ranch Park

Address: Harmon Day Road and, S 1170 W, Bluffdale, UT 84065
Website: <https://www.bluffdale.com/701/Day-Ranch-Park>

Adaptive/ All Ability Playgrounds

What is an inclusive/Adaptive/All Abilities playground? An inclusive play space is where children of all abilities can play with a rich rang of physical, sensory, and social experiences.

Utah County

Cory Wride Memorial Park

Website: <https://eaglemountaincity.com/parks-recreation/parks/>

Address: 5806 Pony Express Parkway, Eagle Mountain, UT 84005

Phone: (801) 789-6684

Mountain Ridge Park

Address: 10400 N 5600 W HIGHLAND, UT 84003

Harvey Park in Cedar Hills

Address: 4301 Harvey Blvd, Pleasant Grove, UT 84062

Website: <https://www.cedarhills.org/o/cch/page/parks-trails>

Phone: 801-785-9668

All Together Playground

Website: <https://orem.org/atp/>

Address: 300 E 100 N, Orem, UT 84057

Phone: (801) 229-7000

North Park Unlimited Play

Address: 500 N 500 W, Provo, UT 84601

Phone: 801-852-6606

Adventure Heights All-Abilities Park

Website:

https://www.spanishfork.org/departments/parkrec/parks/adv_heights.php

Address: 1321 E Canyon Rd, Spanish Fork, UT 84660

Phone: (801) 804-4600

Washington County

Dixie Springs Park

Address: 3605 2900 S, Hurricane, UT 84737

Website: <https://hurricanevalleyrotary.org/stories/hurricane-valley-rotary-all-abilities-playground-is-open!>

Thunder Junction All Abilities Park: Employs over 30 workers with disabilities to work at the train attraction and concessions located at the park.

Website: <https://www.sgcity.org/cityparks/thunderjunction>

Address: 1851 South Dixie Drive, St. George UT 84770

Phone: 435-627-4575

Virtual and Online Only Opportunities

Animal Live Cams - Bears, Birds, Dogs, Cats, Africa, and more!

<https://explore.org/livcams/african-wildlife/olifants-river>

Find a Museum: Find a local Utah Museum (some are free, we recommend calling for pricing/hours.)

Website: <https://www.utah.com/things-to-do/attractions/museums/>

FREE Educational Resources and Tips for Parents by Danika Taylor: Tons of tips and tricks, apps and websites for summer break with kids.

https://docs.google.com/document/d/1kT020KQgSzNuo0JvaeJjeQpuQYLy2mqZhJB23L2rQ_U/edit?fbclid=IwAR3EI-JFHm7yzltQovy5t7df5mdx7NCVRCSmCPUXPC12_W1NFp8QB_oMpAQ

Google Arts and Culture App

For Apple devices: <https://apps.apple.com/app/arts-culture/id1050970557>

For Android devices: https://play.google.com/store/apps/details?id=com.google.android.apps.cultural&hl=en_US

Learn to Code for Free - Coding Programs for Kids

<https://mommypoppins.com/coding-kids-free-websites-teach-learn-programming>

Louvre Museum Tour

<https://www.louvre.fr/en/visites-en-ligne>

Music Together Online - Hello Music MT - Online Classes are open now

<https://www.hellomusicmt.com/mtonline.html>

Mindful Classes for Kids: Free Mindful Class for kids

<https://www.mindfulschools.org/free-online-mindfulness-class-for-kids/>

National Park Virtual Tours

<https://www.nationalparks.org/connect/blog/take-virtual-visit-national-park>

Outschool: Offering many online programs at low costs. Truly something offered for every interest and age group! Social Skills and Executive Function Classes are available as well!

Ages: 3-18

Website: <https://outschool.com/summer#abl01njg7b>

Ocean Voyager Live Web Cams - Georgia Aquarium

<https://www.georgiaaquarium.org/webcam/ocean-voyager/>

Red Butte Garden Virtual Resources-

<https://redbuttegarden.org/plan-your-garden-visit/online-classes-virtual-resources/>

Virtual and Online Only Opportunities continued

Story Time From Space - Real astronauts read stories from space!

<https://storytimefromspace.com/ada-lace-part-1/>

Story Pirates Podcast

<https://cms.megaphone.fm/channel/storypirates?selected=GLT2527227675>

Virtual Tech Camp: These online camps build essential skills, and beat boredom with exciting challenges. Capture the big benefits of camp, with shorter time commitments that deliver long-lasting results. Ages 7-17.

<https://www.idtech.com>

Additional Resources

211 -Utah: Comprehensive resource lists by region/zip code. Resources include food, clothing, disability, etc.

Website: <https://211utah.org/>

Brade's Place: Brades' Place provides home-based medical care for children with life-long health challenges. Support for caregivers and siblings as well.

Contact Brade's Place to see if they serve in your area.

Phone: 801-210-5437 (KIDS) Email: hello@bradesplace.org

Website: <https://bradesplace.org/>

Care About Childcare: Offers summer childcare guides for counties throughout the state. The website also helps match parents with childcare providers and has a link to locate free summer lunches and meals for kids under "Summer Activity Guides"

Website: <https://jobs.utah.gov/occ/cac.html>

Community Education Centers: Many local school districts and colleges offer Community Education programs for all ages! Check your local area for a Community Education Center near you! Easy to find information--just do an online search for "Community Education Centers near me."

Eaton Alliance: Provides around the clock living solutions to people with Autism and other developmental disabilities. Programs include: residential, day programs, supported living, host homes, and professional parenting. DSPD Funding and private pay accepted.

Website: <https://ut.medicalhomeportal.org/services/provider/34388>

Facebook: <https://www.facebook.com/EatonAlliance/>

Location: 679 N 1500 W, Orem UT/131 W 7065 S, Midvale, Utah 84047

Family to Family Network (FtoFN): The Family to Family Network (FtoFN) is a statewide family support network run by volunteers. It is designed to educate, strengthen, and support families of persons with disabilities, especially those who are on the waiting list or are in services with the Division of Services for People with Disabilities (DSPD). Network leaders are parents of individuals with special needs and link families to local resources, services, and disability-friendly events. Please see their Facebook page for information on events in your area, or contact the Utah Parent Center at 801-272-1051 to be added to their mailing list. The FtoFN is a project of the Utah Parent Center.

Facebook: <https://www.facebook.com/utahfamilytofamilynetwork/>

Website: <https://utahparentcenter.org/projects/family-to-family/>

Family Support Centers of Utah: Centers are located across the state and offer crisis nursery care, scheduled respite, parenting classes, and supervised custody visits.

Website: <https://utahfamilies.org/>

Free meals for children through the Utah Food Bank: The Utah Food Bank runs a program called "Kids Café" that feeds children throughout the state at various locations.

Website: <https://www.utahfoodbank.org/programs/kids-cafe/>

Additional Resources *continued*

Kids Out and About: Lists special needs resources and activities for the Salt Lake and surrounding areas.

Website: <https://saltlakecity.kidsoutandabout.com/content/special-needs-resources-salt-lake-city-area>

NORD - National Organization for Rare Diseases: Can help with financial assistance, and caregiver aid. Have to be financially eligible. There is no fee to apply.

Contact a Patient Services Representative at 203.616.4328 or email

CaregiverRespite@rarediseases.org.

Website: <https://rarediseases.org/patient-assistance-programs/caregiver-respite/>

NorthEastern Services: Supports opportunities for people to achieve independence, enhance self-esteem, and sustain a full quality of life. Programs include residential, day services, behavior supports, afterschool and summer programs, finance support, and supported living.

Website: www.nesutah.com

Various locations across the state

Email: admin@nesutah.com

RISE Services, Inc.: After school and summer programs that give children the opportunity to enjoy recreational activities that include skill development and behavior support in a safe setting. DSPD services accepted, along with private pay.

Various locations throughout Utah.

Website: <https://riseservicesincut.org/after-school-summer-programs/>

TURN Community Services, Inc.

Offers various activities through their summer day camps. They also offer Saturday Day Camp and activities throughout the year for all ages. TURN accepts private pay and DSPD clients.

Ages: 7-21 (Specifically summer camp)

Website: <https://www.turncommunityservices.org/>

Located throughout Utah; programs may vary by location

Phone: (801) 359-8876

USDA Free Meals For Kids Through Summer Food Service Program: Free meals at various locations for kids. Find a summer site in your community with our [Summer Meal Site](#) Finder mapping tool. You can also text “Summer Meals” to 914-342-7744 or call 1-866-348-6479 to find a site near you.

Website: <https://www.fns.usda.gov/meals4kids>

Utah Caregiver Alliance: Provides a free online registry, in partnership with HireMyCare.org, where individuals and families can find support for their family member.

Website: <https://ucoa.utah.edu/caregiversalliance.php>

Utah, Life Elevated: Lists accessible and adaptive activities across the state.

Website: <https://www.visitutah.com/plan-your-trip/Accessible-Utah>