



Granger High School Community Center



3580 S 3600 W, West Valley, Utah 84119
Room A140
Mondays -Thursdays 8:00 am - 3:00 pm
Fridays 8:30 am - 2:30 pm

Come join us at the Community Center!
Iven y únete al Centro Comunitario!
Leonor Olguin [legarmendiadeolguin@graniteschools.org]
Susan Alik [salik@graniteschools.org]
385-646-6333

May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	1 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm	2 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm	3 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm	4 Walk-ins are welcome! 10:00 am - 1:30 pm Cottonwood Award Ceremony 6:00pm - 8:00 pm
7 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm Parent Portal 1:30-2:00	8 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm Parent Tips:	9 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm	10 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm Dulci Bravo Mentoring: 1:30-2:00	11 Walk-ins are welcome! 10:00 am - 1:30 pm Granger Award Ceremony 6:00pm - 8:00 pm
14 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm Joselyn Nelson [SLCC] 1:30-2:00	15 NO CLASSES 10:00 am - 1:00 pm [Recognition Day for Patrons/Participants]	16 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm	17 English/Ingles 9:00 am -11:00 pm Computer 11:30 pm - 1:30 pm Parent Tips:	18 Walk-ins are welcome! 10:00 am - 1:30 pm Kerns/Cyprus/Hunter Award Ceremony 6:00pm - 8:00 pm
21 NO SCHOOL [Summer Break]	22 NO SCHOOL [Summer Break]	23 NO SCHOOL [Summer Break]	24 NO SCHOOL [Summer Break]	25 NO SCHOOL [Summer Break]
28 NO SCHOOL [Summer Break]	29 NO SCHOOL [Summer Break]	30 NO SCHOOL [Summer Break]	31 NO SCHOOL [Summer Break]	

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Granger High School Community Center News

Classes and May Events Clases y Eventos de Mayo

English/Ingles: Offered on Mondays through Thursdays from 9:00 am - 11:00 am

Computer/Computadora: Offered on Mondays through Tuesdays from 11:30 am - 1:30 pm

Community Workshop/Presentation: 1) Dulci Bravo Mentoring [May 10th] 2) SLCC Outreach Specialist [May 14th] 3) LDS Employment Center [May 16th]



Parent Institute/Institutos Para Los Padres

A Good Breakfast Fuels Learning

Research shows that eating a healthy breakfast helps kids do better in school. To get this point across to your child, why not start a family research project to learn more about breakfast?

Help your child research which foods can be a healthy breakfast. Have him:

- **Draw or cut out pictures** of healthy breakfasts.
- **Look up their nutritional information**, such as fat and fiber content.
- **Put the pictures** and information together on a poster.
- Hang your child's poster in your kitchen and use the information to plan at least a week of healthy breakfasts

Un desayuno nutritivo promueve el aprendizaje

Los estudios revelan que tomar un desayuno nutritivo ayuda a los niños a rendir mejor en la escuela. Para comunicar este dato a su hijo, ¿por qué no empezar un trabajo de investigación en familia para aprender más sobre el desayuno?

Ayude a su hijo a investigar sobre alimentos para un desayuno saludable. Pídale que:

- **Dibuje o recorte fotografías** de desayunos nutritivos.
- **Averigüe la información nutricional**, tal como los contenidos de grasa y fibra.
- **Pegue las imágenes** y la información en un afiche.
- Cuelgue el afiche de su hijo en la cocina y use la información para planificar juntos desayunos nutritivos durante una semana como mínimo.

