



# Exercise Science/ Sports Medicine



GTI website <http://gti.graniteschools.org>

## Course Information

Location: Granite Technical Institute  
 2500 So. State Street Transportation:  
 School bus available to and from GTI  
 Offered to: 11-12 grades  
 Prerequisite: Medical Terminology, Intro to Health Science  
 Registration: GTI Application (signed by parent)  
 Credits: 1.0 CTE or Elective  
 Period: 2pd block, Semester  
 Fees: Class fees required  
 College credit available (UVU)



## Course Description

This course is designed to teach students components of Exercise Science/Sports Medicine including: detailed anatomy, injury evaluation, management, & rehabilitation. Health careers associated with Exercise Science/Sports Medicine, such as physical therapy & athletic training, will be explored. Students learn the elements of first aid & experience first-hand the prevention, evaluation, & treatment of injuries.



## Pathways

- Athletic Trainer
- Physical Therapy
- Occupational Therapy

Granite School District is committed to providing educational and employment opportunities to students without regard to race, color, sex, religion, age, national origin or disability in accordance with Title VI of the Civil Rights Act of 1964, Title IX of the Educational Amendment of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act.

January 2018