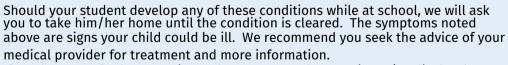


Hartvigsen School/Medical Hub Illness Guidelines

Students with the following symptoms will be sent home (BY THE NURSE) or should stay home from school until symptoms improve:



- **Fever** Your child should remain at home until fever is below 100.4 degrees without fever reducing medication (such as Tylenol or Ibuprofen) for 24 hours.
- **Nausea or Vomiting** If any other signs or symptoms of illness are present (headache, body aches, fatigue, fever).
- **Diarrhea or Abdominal Pain** Two or more frequent loose or watery stools within 24 hours and/or accompanied by behavior changes or other symptoms of illness. Compare to child's normal pattern.
- **Unusual Drowsiness or tiredness** If any other signs or symptoms of illness are present.
- **Sore Throat** If accompanied by 1 or more symptoms such as: fever, red throat, white spots in back of throat, headache, upset stomach. A severe sore throat could be a sign of infection.
- Nasal Discharge more than a runny nose Thick, yellowish/green discharge from the nose. Compare to child's normal pattern.
- Persistent Cough Deep or uncontrollable coughing. Compare to child's normal pattern.
- **Flu symptoms** Symptoms of flu can include 1 or more: fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue, and sometimes vomiting and diarrhea. Some people with the flu will not have a fever.
- Red/Pink inflamed or discharging eyes Red/Pink color of eye and watery white/yellow/green discharge with matting of eyelashes (if your medical provider decides not to treat your child, a note is needed for them to return to school).
- Any sore oozing fluid or pus Drainage not effectively covered and contained with a bandage.
- Severe Earache or earache with fever If any other signs or symptoms of illness are present.
- **Any rash** Any rash that spreads quickly, is open and/or weeping should be seen by a medical provider.
- **Antibiotic treatment** Any time an antibiotic medication is prescribed a child should remain home for a minimum of 24 hours after beginning the antibiotic treatment or longer if medically ordered.



If you have any further questions, please contact the Hartvigsen/Medical Hub school nurses.



This information is based upon the guidelines from the: Utah Department of Health, Centers for Disease Control and Prevention, U.S. Department of Health & Human Services, American Academy of Pediatrics and the Colorado Department of Public Health and Environment.