

Hartvigsen School/Medical Hub Illness Guidelines

Students with the following symptoms will be sent home (BY THE NURSE) or should stay home from school until symptoms improve:

- **Fever** - Your child should remain at home until fever is below 100.4 degrees without fever reducing medication (such as Tylenol or Ibuprofen) for 24 hours.
- **Nausea or Vomiting** - If any other signs or symptoms of illness are present (headache, body aches, fatigue, fever).
- **Diarrhea or Abdominal Pain** - Two or more frequent loose or watery stools within 24 hours and/or accompanied by behavior changes or other symptoms of illness. Compare to child's normal pattern.
- **Unusual Drowsiness or tiredness** - If any other signs or symptoms of illness are present.
- **Sore Throat** - If accompanied by 1 or more symptoms such as: fever, red throat, white spots in back of throat, headache, upset stomach. A severe sore throat could be a sign of infection.
- **Nasal Discharge more than a runny nose** - Thick, yellowish/green discharge from the nose. Compare to child's normal pattern.
- **Persistent Cough** - Deep or uncontrollable coughing. Compare to child's normal pattern.
- **Flu symptoms** - Symptoms of flu can include 1 or more: fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue, and sometimes vomiting and diarrhea. Some people with the flu will not have a fever.
- **Red/Pink inflamed or discharging eyes** - Red/Pink color of eye and watery white/yellow/green discharge with matting of eyelashes (if your medical provider decides not to treat your child, a note is needed for them to return to school).
- **Any sore oozing fluid or pus** - Drainage not effectively covered and contained with a bandage.
- **Severe Earache or earache with fever** - If any other signs or symptoms of illness are present.
- **Any rash** - Any rash that spreads quickly, is open and/or weeping should be seen by a medical provider.
- **Antibiotic treatment** - Any time an antibiotic medication is prescribed a child should remain home for a minimum of 24 hours after beginning the antibiotic treatment or longer if medically ordered.

Should your student develop any of these conditions while at school, we will ask you to take him/her home until the condition is cleared. The symptoms noted above are signs your child could be ill. We recommend you seek the advice of your medical provider for treatment and more information. If you have any further questions, please contact the Hartvigsen/Medical Hub school nurses.