

# Hartvigsen School/Medical Hub Illness Guidelines

Students with the following symptoms will be sent home (BY THE NURSE) or should stay home from school until symptoms improve:

- **Fever** - Your child should remain at home until fever is below 100.5 degrees without fever reducing medication (such as Tylenol or Ibuprofen) for 24 hours.
- **Nausea or Vomiting** - If any other signs or symptoms of illness are present (headache, body aches, fatigue, fever).
- **Diarrhea or Abdominal Pain** - Two or more frequent loose or watery stools within 24 hours and/or accompanied by behavior changes or other symptoms of illness. Compare to child's normal pattern.
- **Unusual Drowsiness or tiredness** - If any other signs or symptoms of illness are present.
- **Sore Throat** - If accompanied by 1 or more symptoms such as: fever, red throat, white spots in back of throat, headache, upset stomach. A severe sore throat could be a sign of infection.
- **Nasal Discharge more than a runny nose** - Thick, yellowish/green discharge from the nose. Compare to child's normal pattern.
- **Persistent Cough** - Deep or uncontrollable coughing. Compare to child's normal pattern.
- **Flu symptoms** - Symptoms of flu can include 1 or more: fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue, and sometimes vomiting and diarrhea. Some people with the flu will not have a fever.
- **Red/Pink inflamed or discharging eyes** - Red/Pink color of eye and watery white/yellow/green discharge with matting of eyelashes (if your medical provider decides not to treat your child, a note is needed for them to return to school).
- **Any sore oozing fluid or pus** - Drainage not effectively covered and contained with a bandage.
- **Severe Earache or earache with fever** - If any other signs or symptoms of illness are present.
- **Any rash** - Any rash that spreads quickly, is open and/or weeping should be seen by a medical provider.
- **Antibiotic treatment** - Any time an antibiotic medication is prescribed a child should remain home for a minimum of 24 hours after beginning the antibiotic treatment or longer if medically ordered.

Should your **student** develop any of these conditions while at school, we will ask you to take him/her home until the condition is cleared. The symptoms noted above are signs your child could be ill. We recommend you seek the advice of your **medical provider** for treatment and more information.

If you have any further questions, please contact the Hartvigsen/Medical Hub school nurses.