The Cougar Claw

Rewsletter



March-April, 2014 Volume 1 Issue 8

An open forum for student opinion and expression

Kearns High School 5525 South, Cougar Lane Kearns, Utah 84118

See more stories from The Cougar Claw on the Kearns website at http://schools.graniteschools.org/kearnshigh/

The Stage Door Opens In this Issue



"A stage door is where the actors come out onto the street after a performance. It is common today for fans to wait outside the stage door after a Broadway play to see their favorite stars." In this play, "we learn that telling ourselves we can do anything {and it} gives us the strength to keep go-

ing," said Camee Faulk.
Kearns High School's production of Stage Door" was directed by Camee Faulk,
Technical Director is Tom
Rogers, and Stage Crew Supervisor was Monica Black.
Stage Crew includes:
Miriam Gutierrez, Kayla
Elderedge, Jessica Larrabee,
Brady Smith, Jordan Robin-

son, and Compton Defretas. Cast includes: Annabeth Martinez, Kyle Grimes, Andreas Inkley, Rebecca DeGraffenried, Logan Jepperson, Sierra Unger, Paige Anderson, Suzy DeGraffenried, Gabrielle Grubaugh, Courtney Maybe, Holland Hanks, Deanna Inkley, Alexandria Leonard, Keilee Gustafson, Alexus Spears, Bailee Schafer, Ayanna White, Kristina Eubanks. Amanda Kelsey, Sariah Pierce, Caleb Gustafson, Alan Virgen, Ramses Contreras, Zach Lucero, Franky Lopez, Dillon Bell, Luis Salazar, and Dillon Bell.

President Remarks

resident remark

School Play

Peer Pressure

Officer Wilkins- Safety

School Lunch

WWW turns 25

Haley Kinder Honorable Mention

Poetry Corner

Upcoming Events

March 28-April 6: Spring break

7th- 10 Grassroots

7th Sterling Scholar breakfast 7:30-8:30 am

8th Panoramic Senior picture 10 -10:30 am

8th -11th Cheer Tryouts 3-7 pm

10th Region Band Festival @ WX 2-9 pm

11th Election Assembly

11th Band Spring Spectacular Concert 7-9 pm

12th ACT test 7 am − 1 pm

15th Federal Income Tax

17th – 18th Dance Company Spring Concert 7-9 pm

21st – 23rd Dance Company auditions 3:30 – 6:30 pm

23rd Large Choir Festival @ WX 6-8 pm

24th Band string extravaganza concert 7-9 pm

25th Battle of the sexes assembly 8:50- 9:50 am

26th Band State solo and ensemble @ Northridge

28th District performing arts awards 5-9:30 pm

President Addresses Student Body



Well cougars here we are, at the end of 3rd quarter. The finish line of the school year is arising quickly but always remember wherever there's an end, you will have a new beginning.

There are SBO elections taking place currently and we wish all candidates involved with grassroots the best of luck. If anyone is interested in being a junior or senior class

officer next year you can pick up an application in room 134 on April 14 and they are due April 16 so make sure to ask for recommendations beforehand. Make sure to encourage your friends to get involved; there are only a few months left! Like Rashad Evans said, "I'm going to appreciate everything because before you know it, this will be just a memory."

Sincerely,

Jade LoPatriello Student Body President

News & Features



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Announcements

- Key Club Fundraiser for "March of Dimes" is taking place all this month! Help improve the health of mothers and their babies, including premature babies. Talk to a Key Club officer or Mr. Steinacker (room 227) to donate or find out more.
- Yearbooks are selling quickly! Go online and order yours asap so you do not miss out on the best yearbook yet.
- The Literary Arts Magazine is a collection of student artwork, writing, and photog-

raphy. This year's theme is "Passion Unleashed" and we are still looking for submissions. Please showcase your talent in this student publication. All entries are due to Mrs. Duran in room 210 by April 11th.

- Attention students: If you earned a 3.8 GPA for each of the three quarters so far this year (not cumulative), and if you have great citizenship grades with no ones or zeros, and you have at least three academic classes during each of the three quarters, then

you qualify for the academic letter award. You must apply to get the award. Applications will be available in your English classes or from Ms. Nicholson in room 103 starting Monday, April 7th. It must be turned in with a copy of your third term report card attached by Friday, April 11th.

- Registration for the 2014-2015 school year will be completed on March 27, 2014.
- During the month of May,

credit recovery will be available for seniors only. Seniors, any classes failed during fourth quarter cannot be made up until the summer. This means if you fail a class during fourth quarter that you need to fulfill graduation requirements, you cannot participate in the graduation ceremony.

- Field trip permission slips to Utah State on Friday, April 18, 2014 are due to the counseling center on March 17, 2014.

Cop Column, Advice for Traffic Accidents

By Officer Wilkins

Car accidents can be scary and stressful no matter how minor. Here are some helpful Q&A about accidents and some safety tips which may help you if you are involved in a traffic accident. 1)Should I call police for every accident? If anyone is injured, the damage is significant, or property was damaged (like hitting a light pole or fence) then YES you must notify police. If there are no injuries and the combined damage is less than \$1,000.00, you have the option to just exchange driver & insurance information with the other driver and forego waiting for Police. 2) What should I do about a collision in a parking lot when nobody is around and I need to leave? Wait for police if damage is over \$1,000. If not, you should leave a note for the owner with your insurance and

contact info so they can file

a claim if needed, and so they do not report a "hit and run". You should also report it to police just to be safe.

Note the plate numbers, time, location, and vehicle description. Call the nonemergency number 801-743-7000 for

police rather than 911.

3)Should I move my car if it's blocking the roadway? If there are injuries do not move the vehicles until police arrive. You may move the vehicles to the side of the road if nobody was injured, and it's safe to do so. Some other helpful tips

relating to accidents are:
•Do not talk about who is at fault to anyone other than police. This can lead to

arguments
and incorrect assumptions.
•Get
the case
number
from the
responding
officer, the
insurance
company
will need it
when you

Officer Wilkins

•Keep a

"crash kit" in your car with
a current copy of your ID,
and registration, insurance
card. Consider adding a
first aid kit, blanket, note
pad, pencil (pens freeze),
and disposable camera.

file a claim.

•Air bags have a burnt smell and a release a powder or smoke when they go off.

It's good to know this in advance in case they go off. The most common causes of crashes are not yielding when turning left, running red lights, and rear-enders. The most common collisions here at Kearns High are due to unsafe backing or parking maneuvers. Please remember to buckle up, park your phone. And last safety tip DON'T ride with your feet on the dash. The last crash I responded to involved a teen female passenger with her feet casually up on the dash. Suddenly, another car turned left in front of them as they went through a busy intersection causing a crash and the air bag deployed. The girl with her feet on the dash suffered broken ankles and femur. I hope in sharing this I can prevent a similar incident from happening to you. Thank you Cougars for reading and drive safe out there!

News & Features

Bjornberg--Sunshine Boys

Alexus Spears, Deanna

Barnhurst--Crimes of the

Mariah Norton and Logan

ing Heartbreak of Jasmine

Jepperson--The Stagger-

Inkley, and Kimberlee

Heart



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Congradulations For Going To Region Drama Compitition!

The drama classes had great success at the Region Drama Competition! Of the 19 pieces taken to region, 13 are going to state!

CLASSICAL SCENES:

Sierra Unger and Kyle Grimes--Othello John Holmes, Emily Harmon, and Faha Uhi--Ruddigore

CONTEMPORARY SCENES:

Rebecca DeGraffenried and Suzy DeGraffenried--Stage Door

Donovan Miller and Dylan

Meriweather

DRAMATIC MONO-LOGUES:

Holland Hanks--Nuts

HUMOROUS MONO-LOGUES:

Nathan Berry--Portal

Anneliese Johnston--Serial Killer

PANTOMIME:

Cody Martinez and Chris Brothers--Blood Brothers

MUSICAL THEATRE:

Annbeth Martinez--There's a Fine, Fine Line Chris Hymas--Confrontation Bailee Schafer and Melissa Salguero--Stepsisters Lament



WWW turns 25

By Sierra Shields

This year is the World Wide Web's birthday. It did exist before then, but it wasn't used for the public. Its first software was Mosiac. Hoffman, a professor at Vanderbilt University, loaded her software. Hoffsive. Most of the world today uses the Internet. It's said most Americans would give up their television for the Internet. Most companies back in the 90's wouldn't have dreamed it would be this

man said "We've changed the world forever." She was right. The use

of the



Internet has had a dramtic jump over the years. Going from 14% to 87% in 25 years is impresbig. So whenever you're on the web say, "Happy Birthday".

http://www.nbcnews.com

Hailey Kinder Gets an Honorable mention



Haley Kinder

This year, Hailey Kinder entered a piece of writing into the Scholastic Writing Competition. Hailey's piece was writen well enough to recive an honorable mention. According to Mrs. Coon, only 40% out of 225,000 entries are mentioned. The piece was writen as an assignment for Mrs.

Coon's Advanced Placement class.

Sports

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Having a Sporty Summer!

By: Clover

During the summer, many people like to exercise to lose weight, and to just have fun. The Cougar Claw reporter interviewed some students. The majority of the students said that basketball outdoors, football, and soccer always come to mind when they're bored in the summer. One student, Nohemy Montez, says "Soccer is great for summer because the sun is out and you can just enjoy the breeze." Volleyball is another great

sport because you can be out with your tank tops

Another sport is Basketball, you can play it at the



and shorts and become physical.

gym and out at the parks; just bring your basketball

and start playing. Playing basketball in the summer is great because you can play all day witht no worries that it will rain and you can just play until the end of the day. With football, you can just go out and play some football because the weather is nice and the grass is nice and green. Be motivated to play any sport because it's healthy and its fun. Play sports this summer so that you can enjoy Mother Nature!

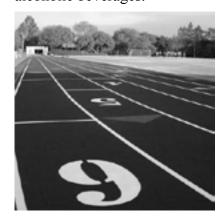
Track is springing with fun!

By: Fernanda Partida

Track and field has begun and they're off to a good start. Track & Field isn't, as many people think, just running. It varies from sprinting, long jump and throwing. There are different coaches for every event there is, who help the beginners. Coach Flannagan works with the throwers and Coach Williams works with Sprinters. They train everyone on each specific event so that everyone knows what they will want to do. Practices are everyday from 2:30 until 4 p.m. and it's held out on the track, of course.

If anyone is interested, people can still join, but there are a few requirements such as:

- 1. No more than one F.
- 2. GPA & CPA cannot be lower than a 2.0
- 3. Have a physical done
- 4. No illegal drugs or any alcoholic beverages.



Upcoming Sporting Events

April 7

M. Varsity Baseball game @ Kearns vs Highland 3:30 p.m - 6:30 p.m

April 8

Cheer Tryouts 3-7 p.m (Auxiliary gym)

M. Tennis @ Kearns vs East 3-5 p.m.

M. Soccer @ Bountiful vs Bountiful 3:30-6:30 p.m

April 9

Track & Field @ Kearns vs Highland & Woodscross 3-6 p.m

April 14

Dance Co. Family Meeting in auditorium 6:30-7:30 p.m.

April 15

W. Softball @ Cottonwood 3:30-6 p.m

April 17

Dance Co Spring concert @ Auditorium 7-9

Expressions

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Staff

Editors

Jacie Parker-Editor in Chief Sierra Shields-News&Features I feel like no one likes me, and Kalli Edwards-News&Features Fernanda Partida- Sports Editor

Reporters Samantha Lloyd Nohemy Montes **Evelyn Montes** Alexis Amaana Carlos Garcia Joseph Acosta

Poetry Corner

Butterfly

Fluttering little butterfly, In my belly I watched you fly. Twisting, turning, and taking to a summers breeze,

Can he see? My butterfly can he see?

Before the love and butterflies. Winter settled where love had died Along came a gardener, who saved Saved the garden deep in my heart.

Planting flowers of energy And rivers of emotion. Like a river long since abandoned, Love rushed in and flooding life within

Within my belly there began to grow. A little, little caterpillar. Through forests and rivers my butterfly grew With the wings of my heart and love anew.

My butterfly remembers when it all began,

The day he arrived and my sorrow

Whenever I see him, my butterfly does so.

He flutters and flutters until my stomach does too.

-Jay Parker

Being yourself is way better than faking who you are and what you stand for.

Dear. Bertha does not want to get to know me. It's really hard trying to fit in with everyone, but I keep trying and it seems like it is just making matters worse. I have friends, but the problem is they don't know the real me. They only know what they want to know. I am afraid to show them the real me because they might not accept me. never let people change who you -Anonymous

Dear Anonymous,

By Evelyn Montes

"Be yourself no matter what. Some will adore you and some

Taylor's perspective on life was not

the best. Her mother had passed

wasn't all that easy because her

grandmother was abusive. It was

hard for Taylor to show up to

bruises and people would ask

how she got them. All the kids

would stare at Taylor and talk

was walking into the computer

lab to work on an essay when she

bumped into a girl and dropped

all her books. While helping her

about her. Monday morning, Taylor

school because she always had

away and she never knew her

dad. Taylor lived with her

grandmother Anne, but life

will hate everything about you, but who cares? It's your life; make the most out of it." -Unknown

"Be yourself because an original is worth more than a copy."

Being yourself is way better than faking who you are and what you stand for. You're wrong about no one liking you. You should are. They are not true friends if they want you to change, and they are not worth the time. It is always easier to be friends with

people like you but you will not be able to know who you are if you are hiding behind a mask. If they are your true friends, they will accept you no matter what, no matter your values in life or even your personality. My advice is to show them who you really are and what you stand for. If they don't like it, they are missing out on a lot of awesome things in life. Don't let anybody change who you are. You are you and no one else.

-Bertha Le' Fouldes

ercoming

pick them up, Taylor noticed the girl had bruises all over her arms.



They both just stared at each other. Taylor asked for the girl's name but the girl simply walked away. Later on that day, Taylor heard someone say "It's Alex". When she turned

around she noticed it was the girl who she had bumped into. Taylor asked Alex how she had gotten her bruises and Alex replied that her dad was very abusive. They began to talk because they both were going through the same thing. Alex took Taylor to a program she was in that really helped her out. The program was an abusive awareness club which helped both girls. For the next couple of weeks, both Alex and Taylor attended the program and they ended up in a foster home which they loved. Together, with each other's help and support they overcame their situation.

Let's be heard don't be silenced!

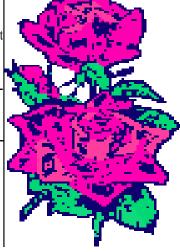
Do you want to have your short story or poem in our next newspaper issue? If so, do not wait for the right moment. Make it the right moment.

Email your short stories or poems at KH Spoetrycorner@yahoo.com and visit our website at khspoets.webs.com

Ads: Something to say to another student? Happy Birthday, Congrats, Etc.

~\$5 for 15-25 words

~\$1 for every 5 extra words that you want to include.



Recently, more and more people are losing their voices to the crowd that is pressing in, but I won't be silenced. My voice deserves to be heard and so does yours. If you have anything that you feel should be added into the paper, then do not let your thoughts go to waste. Together, a difference can be made, let's give a voice to the clubs and crowds who are smothered by everything else. Go to my site and lets make a difference one step at a

www.ask-berthalefouldes.weebly. com