

Cottonwood High Boys Basketball Camp 2017

DATES: Monday June 5- Thursday June 8, 2017

GRADES & TIMES: 5th-8th grade 9:30- 11:30 am

9th-12th grade 7:00- 9:00 am

COST: \$45.00 & includes a T-Shirt

\$55.00 & includes a T-Shirt

LOCATION: Cottonwood High School Main Gym

STAFF: Coach Lance Gummersall



REGISTRATION BY MAIL OR THE 1ST DAY

REGISTER ONLINE at slco.org/sports-office/camps/other

Name of Participant _____
 First _____ Last _____
 Address _____
 City _____ State _____ ZipCode _____
 Name of Parent or Guardian _____ EMail _____
 Telephone Numbers _____ (DAY) _____ (NIGHT)
 Birth Date _____ Age _____ School Grade _____
 In case of Emergency, please notify (Name) _____ (Phone #) _____

PARENT STATEMENT OF AGREEMENT

ASSUMPTION OF RISK, LIABILITY RELEASE, INDEMNIFICATION AND REFUND POLICY

- Release and Indemnification:** I hereby recognize and acknowledge that my child's participation in recreational activities may involve bodily and/or emotional injury to myself and/or my child. In consideration of my child being permitted to participate in such events, I, for myself, my child, my heirs, my executors and administrators, hereby voluntarily and knowingly indemnify and hold harmless, defend, release, waive and discharge Salt Lake County, and its officers and employees and volunteers from any and all suits, claims or liability, including negligence, based on any injury except that caused solely by the willful misconduct of Salt Lake County Parks & Recreation activities. In addition, I agree that I or my insurance company will pay for medical, hospitalization or any other expenses resulting from my child's participation.
- Refund Policy:** As per Salt Lake County policy and procedures, the Parks & Recreation Division may withhold 25% of the refund (program registration fee) for administrative costs. All refunds must be requested in person, accompanied with a written refund request. No refunds shall be given after the first day of the program.
- Collections:** I agree to pay Salt Lake County all costs incurred, together with reasonable attorney's fees in the events that my account is referred to the Salt Lake County Attorney's Office for collection. I understand that any account delinquent 30 days or more will be turned over to the Salt Lake County Attorney for collection.
- Emergency Treatment:** I hereby authorize Salt Lake County Parks and Recreation program staff to act on my behalf in accordance with their best judgement in case of an emergency involving my child, and agree to assume full responsibility for all expenses, medical or otherwise, that may arise therefrom. I understand that I or my insurance company will be billed for such emergency treatment.
- Equal Opportunity:** Salt Lake County Parks & Recreation provides equal opportunity to participate regardless of race, creed, gender, and will, upon request, provide reasonable accommodations to individuals with disabilities. For inclusion opportunities for people with disabilities, contact Ashley at 385-468-1520 or ahaddow@slco.org.
- By signing this assumption of risk, liability release, indemnification and refund policy statement, I acknowledge that I have read its contents and disclosure, that I understand its contents and disclosure, and that I agree to its terms.
- This camp is a Salt Lake County Recreation activity that is voluntary & is not facilitated by the Granite District or any individual school. This camp is in no way a condition or pre-requisite for student participation to any program, team or school sponsored activity held within the Granite District.

Signature (Parent or Legal Guardian) _____

Date _____

T-shirt Size (Circle One) Youth Med. Youth Large Adult Small Adult Med.

Adult Large Adult X-Large

OFFICE USE ONLY.... TILL ID # _____

AMOUNT PD. _____

DATE _____

Make checks payable to: Salt Lake County Recreation

Send registration form and fee to:

Salt Lake County Recreation
5201 South Murray Park Lane
Murray, Utah 84107

For more information contact:

Salt Lake County Sports Office at 385-468-1670

Salt Lake County Parks and Recreation

Concussion and Head Injury Release

Pursuant to the passage of House Bill 204, Protection of Athletes with Head Injuries and in order to help protect participants in Salt Lake County sporting events, effective July 1st 2011, Salt Lake County Parks and Recreation requires that athletes, parents/guardians and coaches follow Salt Lake County Head Injury Policy and Procedures.

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child/player reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following: Headaches, Amnesia, "Pressure in head", "Don't feel right", Nausea or vomiting, Fatigue or low energy, Neck pain, Sadness, Balance problems or dizziness, Nervousness or anxiety, Blurred, double, or fuzzy vision, Irritability, Sensitivity to light or noise, More emotional, Feeling sluggish or slowed down, Confusion, Feeling foggy or groggy, Concentration or memory problems, Drowsiness(forgetting game plays), Change in sleep patterns, Repeating the same question/comment.

Signs observed by teammates, parents and coaches may include: Appears dazed, Any Change in typical behavior or personality, Vacant facial expression, Confused about assignment, Loses Consciousness, Forgets plays, Shows behavior or personality changes, Is unsure of game, score, or opponent, Slurred speech, Moves clumsily or displays lack of coordination, Seizures or convulsions, Answers questions slowly, Can't recall events after hit, Can't recall events prior to hit.

What can happen if my athlete keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for a young athlete's safety.

If you think your child/player has suffered a concussion

Any athlete, under the age of 18, suspected of suffering a head injury or concussion must be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance. Written medical clearance must state that the athlete has been evaluated by a qualified health care provider, licensed under Utah Code Ann, Title 58, who is trained in the evaluation and management of concussions; and that the qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and the athlete is cleared to resume participation in the County sporting program or event.

Licensed Health Care Providers acceptable to make the determination:

1. Medical Doctors (MD)
2. Doctor of Osteopathy (DO)
3. Advanced Registered Nurse Practitioner (ARNP)
4. Physician's Assistant (PA)
5. Licensed Certified Athletic Trainers (ATC)

You should also inform your child's coach if you think that your child/player may have a concussion. Remember, it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

Print Athlete Name

I have read, understand and agree to abide by the Salt Lake County Head Injury Policy:

Parent or Legal Guardian (PRINT)

Parent or Legal Guardian (Signature)

Date