

RESOURCES

TAKING CARE DURING THE COVID-19 OUTBREAK

INFORMATION ABOUT COVID-19

SLCO COVID-19 SUMMARY, FAQ & GRAPHICS

SALT LAKE COUNTY HEALTH DEPARTMENT

slco.org/health/COVID-19

slco.org/health/COVID-19/faq

slco.org/health/COVID-19/print-materials

UTAH CORONAVIRUS TASK FORCE

STATE OF UTAH

coronavirus.utah.gov

Utah COVID-19 Info Line: 1-800-456-7707

NATIONAL COVID-19 FAQ

CDC

www.cdc.gov/coronavirus/2019-ncov/faq.html

HEALTH INFO & TESTING

UNIVERSITY OF UTAH HEALTH CARE

healthcare.utah.edu/coronavirus

COVID-19 Hotline: 801-587-0712

MENTAL HEALTH

MANAGING ANXIETY & STRESS DURING COVID-19

CDC

www.cdc.gov/coronavirus/2019-ncov/about/coping.html

TAKING CARE OF YOUR BEHAVIORAL HEALTH

SAMHSA

store.samhsa.gov/system/files/sma14-4894.pdf

PLANNED PARENTHOOD UTAH

[WWW.PPAU.ORG](https://www.ppaug.org)

- BEFORE COMING INTO A HEALTH CENTER -

CALL: **1-800-230-PLAN**

- TELEHEALTH FOR BIRTH CONTROL -

EMAIL: **CALLCENTER@PPAU.ORG**

CALL: **801-532-1586**



RESOURCES

RESOURCE ASSISTANCE

211 COMMUNITY RESOURCE CONNECTION

UNITED WAY

211utah.org

www.211.org/services/covid19

SALT LAKE VALLEY COVID-19 MUTUAL AID

COMMUNITY ORGANIZERS

www.covid19mutualaidslc.com

MEALS FOR STUDENTS

SALT LAKE CITY SCHOOL DISTRICT

www.slcschools.org/news/2019-20/coronavirus-information/meals-for-students

BASIC NEEDS ASSISTANCE FUND

CHRISTIAN CENTER OF PARK CITY

www.ccofpc.org/basic-needs-assistance

FRESH FOOD FOR SENIORS

GREEN URBAN LUNCH BOX

thegreenurbanlunchbox.com/programs/back-farms

DOMESTIC VIOLENCE & RELATIONSHIP ABUSE

YWCA UTAH SHELTER

24-Hr Crisis Line: 801-537-8600

UNEMPLOYMENT & OTHER DWS RESOURCES

UTAH DEPARTMENT OF WORKFORCE SERVICES

jobs.utah.gov/ui/home

jobs.utah.gov/covid19/index.html

COVID-19 & FOOD ACCESS

UTAHNS AGAINST HUNGER

www.uah.org/news/item/133-food-access-info-during-covid-19-response

MEALS FOR STUDENTS

GRANITE SCHOOL DISTRICT

www.graniteschools.org/nutritionservices/media-and-program-updates

FIND A FOOD PANTRY

UTAH FOOD BANK

www.utahfoodbank.org/get-help

NUTRITION PROGRAM

UTAH WOMEN, INFANTS AND CHILDREN

wic.utah.gov

GLOBAL GATHERING HUB: RESOURCES

BLACK GIRL MAGIK

bit.ly/BGMGuide