

WEEKLY UPDATE - 11/18/21

OLYMPUS HIGH SCHOOL

Hello Olympus!

Students and Parents,

Thank you so much for your continued hard work here at Olympus. We continue to be impressed by the many great things we see from our students every day.

This week has been Titan Week. This is an opportunity for our students to participate in various activities during lunch, to meet new students and have some fun! Today students will have the opportunity to play some 9 square games during lunch. Tomorrow students will have the opportunity to write notes of gratitude. We've had a food drive happening all week, and have seen a lot of support! Thank You!!

We have been very concerned about the safety of our students crossing the street. We've had some close calls of students getting injured. Please remind students to always watch for cars and stay in the cross walks in front of the school, especially when parking at the church across the street.

Officer Cardenas and several Holladay Officers have been out helping remind students to continue to use the cross walk. Thank you, Officers!

SPECIAL TITAN EVENTS

11/24/21 - 11/29/21

- THANKSGIVING BREAK
 - NO SCHOOL

DANCE COMPANY CONCERT

- THURSDAY, 11/18
- FRIDAY, 11/19
- SATURDAY, 11/20
- 7:00 PM EACH NIGHT

FIRST GIRLS BASKETBALL GAME

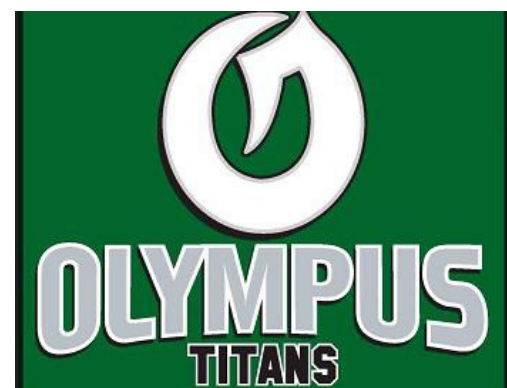
- 11/23/21 VS. MAPLE MOUNTAIN AT OLYMPUS

WHOVILLE HOT CHOCOLATE DRIVE THROUGH

- 12/8/21 - 6:30-8:30 PM
 - SOUTH PARKING LOT

DON'T FREAK OUT - PARENT NIGHT

- 7:00 PM
 - ALL INVITED TO ATTEND





Don't Freak Out - Family Night - December 9

March of 2020 began a very hard social and emotional time for our students. Many of our students have had significant stressors due to COVID, in addition to the many stressors teenagers already face. As an administration and Community Council of Olympus High School, we are very aware of the many consequences of unaddressed emotional issues.

Entering the holiday season of 2021, we have been looking for answers to help our students, staff and community heal, cope and become more resilient. We have discovered "Light the Fight" podcast, hosted by David Kozlowski and Heidi Swapp. They have hosted a community event at several high schools called, "Don't Freak Out." We know this is something that we can greatly benefit from at Olympus High.

We have partnered with David to provide a community event, teacher professional development, and student assembly. Our teachers will have a special training on the Student Non-Attendance Day on November 29th. We're excited for the great information our teachers will learn, and be able to use as they continue to work with students.

On behalf of our Administrative Team and Community Council, I am excited to announce our "Don't Freak Out" community night that will be held on Thursday, December 9th in the auditorium at Olympus High School at 7:00 pm. We would love to invite our entire community to participate in this special night.

We look forward to our faculty, parent and students conversing, and implementing skills that teach students and parents, alike, to "not freak out", and how to develop long-lasting, healthy relationships.

Thank you for all you do to support the many wonderful things we have here at Olympus High!
Please don't hesitate to reach out with any questions or concerns you may have.

Jen Christensen, Principal