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BASEBALL

Region Chair
Jordan Kjar
(801) 706-4524
cjkjar@graniteschools.org

Coaches
Alta – Daron Connelly
(602) 672-8288
daron.connelly@canyonsdistrict.org

Brighton - Mark Kleven
(702) 738-3946
mark.kleven@canyonsdistrict.org

East - Patrick Treend
(801) 903-8443
patrick.treend@slcschools.org

Highland – Jayson Kisselburg
(801) 554-0747
Jayson.kisselburg@gmail.com

Jordan - Chad Fife
(801) 419-2251
chad.fife@canyonsdistrict.org

Olympus - Corland Felts
(801) 808-5737
olympustitanbaseball@gmail.com

Skyline - Eric Morgan
(801) 707-5981
ermorgan1@graniteschools.org

West – Jordan Oseguera
(801) 414-0840
Jordan.oseguera@slcschools.org
Region 6 Baseball General Information
Baseball Guidelines & Schedule
Region Chair: Jordan Kjar cjkjar@graniteschools.org
Two-Week Prior Restrictions: February 12th—(No longer a restriction as of Nov, 2023)
Starting Date: February 27th
First Game: March 6th
RPI/State Brackets Revealed: May 12th
State Tournament: May 13th-15th (Please see UHSAA website for official brackets and sites of games)
Academic All-State Accepted Between: March 21st - April 20th
Eligibility List Due: March 17th
Summer moratorium: Jun 28th – July 4th

Guidelines
1. Pregame warmups will begin 25 minutes prior to official start of game. Each team is allowed ten minutes of warmup time.

2. All league games will be played on the date and time (4:00 Varsity, 3:30 JV/Sophomore doubleheader) scheduled unless weather or field conditions cause a postponement. Varsity games are scheduled for Tuesday’s, Wednesday’s, and Friday’s. JV/Soph’s will play a double header on Monday’s and Thursday’s. JV will always start the double header on Monday’s, and Sophomores will always start the double header on Thursday’s. Each postponed game must be made up in the order of the postponement. A postponed game must be made up on the next available day (including Saturdays). Sub-Varsity games will be “bumped” or “moved” on the calendar to allow the varsity game at either field, or a neutral site as agreed mutually by the coaches. Flip/flopping the schedule and playing at the visiting team’s field, if it is playable, will be done where it is possible to get the game in. If a game is “flip flopped” the visiting team would still be considered the home team. Consideration needs to be given when deciding to stick to the home fields to the visiting team’s predicament. Every team will get at least one home game per region series. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 1:00 p.m. It is the responsibility of both coaches to communicate with each other in the process of rescheduling games for the next available date.

3. The final week of region play will have a modified schedule. Varsity will play Monday, Tuesday, and Thursday. J/V and Soph double-headers will be Wednesday and Friday.
4. Any game(s) not made up on the next available date (including Saturdays) will result in a forfeit for one or both teams, depending on the offending team(s). Both coaches will be consulted to determine the offending team. No team will be made to play five (5) games in a week unless they choose to do so. Four (4) games in a week will be required, if necessary, as defined by UHSAA (Sunday to Sunday).

5. Teams may move a Varsity game up one day due to weather concerns, and to get the game in. Both coaches must communicate and agree. They will then notify their AD’s, the Region Chair via text.

6. When an incomplete game (less than 5 innings) is “called” because of darkness or weather, etc., in their first game, the game will be resumed immediately before their second game. If it is called during their second game it will be resumed immediately before the third game, if it is called during the third game it will be made up on the next available date (including Saturdays). Sub-Varsity games will be “bumped” to accommodate varsity make-up games. The home field coach will be responsible for notifying all those involved: Umpires, AD’s, Principals, Coaches, and the Region Chair.

7. The recommendation of UHSAA on number of pitches per week will be followed.

8. A region championship trophy will go to the first place in region play. In the event of a tie for first place, by record, the team with the head-to-head advantage will be considered region champs and receive the Region Trophy and #1 seed.


10. The coaches will select the all-region team at their discretion according to the following criteria: 1st place – MVP + 5 players, 2nd place – 5 players, 3rd place – 4 players, 4th place – 3 players, 5th place – 3 players, 6th place 2 players, and 7th place 2 players. For second team all-region the same criteria apply except there will not be an MVP. All region is due to the region chair by May 13th. Coaches will also send each player’s stats. Coaches oversee getting the certificates from their principals and distributing them to their players.

11. Academic all-region will go to any Senior with a 3.700 GPA or higher. Coaches oversee getting the certificates from their principals and distributing them to their players.

12. Due to snowy conditions, Park City may have to play many of their games on the road until the snow melts. If they are scheduled as the home team and play at a visiting site, they still will be the home team.

13. Teams may opt out of playing the Thursday JV/Soph double header for the entire season. To do this, they must notify the region chair by January 15th, 2023. The region chair will then notify the Board and Region Coaches about the change to the schedule.
**All-Region**
The coaches will select the all-region team at their discretion according to the following criteria:

1st place – MVP + 5 players, 2nd place – 5 players, 3rd place – 4 players, 4th place – 4 players, 5th place – 3 players, 6th place – 3 players, 7th place – 2 players, 8th place – 2 players. For second team all-region the same criteria apply except there won’t be an MVP.

Please email me your players for First and Second Teams along with their stats. I will then compile it and send it back out to everyone.

**Trophy:** Region Champions

**Weather Delay**
1. When a game is cancelled it is the HOME team’s responsibility to communicate within 24 hours of the cancellation. This includes responding to communications made in an effort to re-schedule.
2. Region games take precedence over non-region games.
3. Scheduling of the umpires needs to be done by the AD’s having some foresight and anticipating needs is crucial in being able to have coverage at a game.
4. If a team voluntarily schedules a non-region game to avoid playing a region game or the potential for a region game a forfeit should be required for the offending school.
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<thead>
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<th>Week 1</th>
<th>2024 Season</th>
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<tbody>
<tr>
<td>Tuesday, March 26³</td>
<td>Wednesday, March 27³</td>
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<td>East vs Olympus</td>
<td>Olympus vs East</td>
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<td>Brighton vs Skyline</td>
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<td>West vs Highland</td>
<td>Highland vs West</td>
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<td>Alta vs Jordan</td>
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<td>West vs Alta</td>
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<td>Brighton vs Highland</td>
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<td>West vs Brighton</td>
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**Double Headers: JV first on Monday’s, Sophomores first on Thursdays**
BOYS BASKETBALL

General Information
Region Chairman: Matt Barnes, Olympus
Starting Date: Monday, November 6, 2023
Moratoriums: June 28 – July 4, Nov. 23-26, Dec. 21-25, Jan. 1
State Tournament: Feb. 21-23, 1st 2 rounds home sites@ Univ of Utah - 8 teams
First game: starting Nov. 14

1) Games will be played on: Tuesday and Friday’s at the following times:
   - Freshman - 5:15 pm aux gyms
   - Sophomore – 3:30 pm
   - Junior Varsity 5:15 pm
   - Varsity – 7:00 pm

2) Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of schools involved.

3) Wilson EVO NXT is the designated ball for both Boys’ and Girls’ State Tournaments. Use of this ball is recommended for Region VI games.

4) UHSAA Moratorium dates are above. No games or matches or practices may be held during these designated times. A school is assessed $200.00 fine if found in violation of the moratorium.

5) Pre-season game times and dates are site-based decisions. As a courtesy, copies of schedules and team rosters shall be emailed to each Region VI Athletic Director by Nov. 22, 2021.

6) In the event of a tie, the Region VI tie breaker rule applies.

7) Teams may film their own games; however, no filming of opponents is allowed at any level.

8) General courtesies recommended for games and are as follows:
   A. Each school shall provide the visiting team with a secure, clean locker room, a writing board, and an area for private discussion during halftime. Accessibility to a taping table is encouraged.
   B. If pre-game activities are expected to run longer or they are different than normal, a schedule of the events (including the flag ceremony and introduction of players) shall be provided to coaches and referees.
   C. 5 Minute Courtesy Rule: At the conclusion of each game, there is to be 5 minutes put on the time clock between games to have the team playing in the previous game clear the bench, allow teams to exit, the floor to be swept, etc. During this 5 minutes there is to be NO ONE on the floor.
9) Each school is responsible for providing a dressing room and private discussion area for officials.

10) The start times and dates can be changed only by mutual consent of both teams involved and approval by the Region VI Board of Managers. If a game time or date is changed, it is the responsibility of the home to notify the arbiter.

11) Selection of All-Region Teams takes place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection.

12) A Region VII trophy will be awarded to the first-place team based on winning percentage. Teams tied for first with the same winning percentage will be named co-champions and will share the title. Each co-champion team will receive a first place trophy.

13) A representative of Region VI basketball coaches will keep an up-to-date record of region standings.


Coaches

Alta – Travis Ohrn - tohrn5@gmail.com

Brighton – Tim Gardner - timgardner1@yahoo.com

East - Mitch Smith - mitch.smith@otis.com

Highland - Chris Jones – cdjones2525@gmail.com

Olympus – Matt Barnes - mbarnes@graniteschools.org

Skyline – Marcus Frazier - marcus.frazier@slcschools.org

West - Duane Bourdeaux - Duane. Bourdeaux@slcschools.org
Region 6 Boys Basketball Schedule 2023-2024

**Wednesday, Jan. 3**
Alta @ East
Olympus @ Highland
Brighton @ Skyline
West Bye

**Friday, Jan. 5**
West @ Olympus
Highland @ Brighton
Skyline @ Alta
East Bye

**Tuesday, Jan. 9**
East @ Skyline
Highland @ Alta
West @ Brighton
Olympus Bye

**Friday, Jan. 12**
East @ Highland
Alta @ West
Olympus @ Brighton
Skyline Bye

**Tuesday, Jan. 16**
Skyline @ Highland
West @ East
Olympus @ Alta
Brighton Bye

**Friday, Jan. 19**
Brighton @ Alta
West @ Skyline
Olympus @ East
Highland Bye

**Tuesday, Jan. 23**
Highland @ West
East @ Brighton
Skyline @ Olympus
Alta Bye

**Friday, Jan. 26**
East @ Alta
Highland @ Olympus
Skyline @ Brighton
West Bye

**Tuesday, Jan. 30**
Olympus @ West
Brighton @ Highland
Alta @ Skyline
East Bye

**Friday, Feb. 2**
Skyline @ East
Alta @ Highland
Brighton @ West
Olympus Bye

**Tuesday, Feb. 6**
Highland @ East
West @ Alta
Brighton @ Olympus
Skyline Bye

**Friday, Feb. 9**
Highland @ Skyline
East @ West
Alta @ Olympus
Brighton Bye

**Tuesday, Feb. 13**
Alta @ Brighton
Skyline @ West
East @ Olympus
Highland Bye

**Friday, Feb. 16**
West @ Highland
Brighton @ East
Olympus @ Skyline
Alta Bye

ALL FRESHMAN GAMES AT 5:15 – IN AUX GYM – OPPOSITE JV GAME
BOYS GOLF

Coaches
Alta High School  Coach Cody Nesbit  801-787-9877  cody.nesbit@canyonsdistrict.org
Brighton High School  Coach Ron Meyer  801-448-2759  ronald.meyer@canyonsdistrict.org
East High School  TBD
Highland High School  Coach Jack Whiteurs  801-712-6207  john.whiteurs@sleschools.org
Olympus High School  Coach Matt Barnes  801-455-1812  mbarnes@graniteschools.org
Skyline High School  Coach Kenny James  801-865-5642  kjames@graniteschools.org
West High School  Coach Cory Norton  801-808-9275  cory.norton@sleschools.org

Region Manual Guidelines
1. Each team will play eight players the total of the low four scores of those eight will be counted as the team score. After the completion of the final region match the team with the lowest cumulative score, will be declared the region champion. In the case of a tie there will be co-region champions. A coin flip will determine who is entered in 1st place at State.

2. The scores from each event will be recorded and then placement for region will go off average. Region standings will be decided by lowest average, the team with the lowest average will be the Region Champion. Every player who plays all the tournaments can drop one score. If you miss a tournament that counts as the score to drop.

3. Each school will be responsible for green fees for their own players at each match. The host school will be in charge of having scorecards, hole assignments, and any other administrative duties necessary for the match completed before the designated start time.

4. A maximum of 8 players will be allowed to play at all Region Matches. If the facility can accommodate additional players, permission from the UHSAA must be given on a case-by-case basis.

5. Individual medals will be given to the 12 players with the lowest total score for 18-hole region tournaments played (can drop one low score). The Region Championship must be played, and that score will count to be eligible for top 12.
Scores in region championship will count. Awards will be given to all region medalists.

6. Range finders will be allowed. No caddie may be used by golfers.

7. Electric carts are not to be used by the players. Exceptions will be made for ADA qualified players on a case-by-case basis.

8. Coaches are responsible to see that all players are dressed in appropriate golfing attire and comply with local course rules.

9. Play will be governed by USGA and any applicable local rules, UHSAA, and Region VI sportsmanship code.

10. Each school will be responsible for their own rules clinic.

11. Coaches will agree before each match on tees from which to play. Majority rules.

12. Team shirts are highly recommended.

13. Meets canceled due to unplayable weather will be rescheduled based on course availability.

14. Parents may not give any advice to players while on the golf course. This means to keep a reasonable distance (60 feet) from players and have no private conversations with players during their round.

15. ALL UHSAA Golf Championships (boys and girls) will use a Maximum Stroke Play Scoring System. Contestants will PICK UP after reaching a maximum score of nine (9) strokes on any hole of a competition.
   
   a. Markers will record a 9 on any hole where the maximum score is scored and then it will be circled on the card for easy identification of that score.
   
   b. All designated or sanction Region Events should also use this scoring system. It will provide consistent and fair qualification for the state competitions and All-State considerations.
   
   c. Advantages of using this system are increased speed of play and less pressure to finish a very bad hole. This system will also use the modification for Penalties and Disqualification Penalties that are listed under USGA Rules of Golf; Rule 32 Bogey, “Par and Stableford Competitions”. Please review these prior to the start of the golf season.

16. State Tournament Play-off Berth: In case of a tie for the last state berth, a three-hole play-off will occur at site of Region Championship with each team entering
six (6) players counting four scores. In the event of a tie the next player’s score will be used. In case there is still a tie a sudden death playoff will occur until the tie is broken.

17. AWARDS:
   a. 1 Region Trophy
   b. 12 Medals for 12 Low Medalists
   c. 1 JV Region Trophy
   d. 12 medals for 12 Low JV Medalists

18.

Region 6 Boys Golf Schedule 2023-2024

**Varsity schedule.** Schedule region matches on Wednesdays or Mondays. 

SQ = State Qualifier

**Tryouts start July 31st**

<table>
<thead>
<tr>
<th>Host</th>
<th>Match Date</th>
<th>Course</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>East</td>
<td>August 7th (SQ)</td>
<td>Bonneville GC</td>
<td>TBD</td>
</tr>
<tr>
<td>Highland</td>
<td>August 16th (SQ)</td>
<td>Mountain Dell (Canyon)</td>
<td>1:30</td>
</tr>
<tr>
<td>West</td>
<td>August 28th (SQ)</td>
<td>Rose Park GC</td>
<td>TBD</td>
</tr>
<tr>
<td>Brighton</td>
<td>September 4th (SQ)</td>
<td>Old Mill GC</td>
<td>TBD</td>
</tr>
<tr>
<td>Olympus</td>
<td>September 11th (SQ)</td>
<td>Glendale GC</td>
<td>TBD</td>
</tr>
<tr>
<td>Skyline</td>
<td>September 18th (SQ)</td>
<td>Fox Hollow GC</td>
<td>8 a.m.</td>
</tr>
<tr>
<td>Alta</td>
<td>September 26th (SQ)</td>
<td>Mountain View GC</td>
<td>8 a.m.</td>
</tr>
<tr>
<td>Region Championship</td>
<td>October 4th</td>
<td>Meadowbrook GC</td>
<td>8 a.m.</td>
</tr>
<tr>
<td>State Championship</td>
<td>October 9 &amp; 10</td>
<td>Fox Hollow GC</td>
<td>9 a.m.</td>
</tr>
</tbody>
</table>

**Duals are JV.** Roster will be up to the course and coaches. Schedule on Tuesday or Thursday after school gets out if possible. Home team is listed first.
**Week 1** - August 7th week
Bye Olympus
Alta vs Highland
Skyline vs Brighton
East vs West

**Week 2** - August 14th week
Bye Highland
Skyline vs West
Alta vs Olympus
East vs Brighton

**Week 3** - August 21st week
Bye Brighton
Olympus vs Skyline
Highland vs East
West vs Alta

**Week 4** - September 4th week
Bye West
Olympus vs East
Highland vs Skyline
Brighton vs Alta

**Week 5** - September 11th week
Bye Alta
Olympus vs West
East vs Skyline
Brighton vs Highland

**Week 6** - September 18th week
Bye Skyline
West vs Highland
Brighton vs Olympus
Alta vs East

**Week 7** - September 25th week
Bye East
Highland vs Olympus
Skyline vs Alta
West vs Brighton
BOYS LACROSSE
(Revised 10-10-2023)

General Information

Activity Chairpersons:
- Justin Pitcher (Assistant. Principal) – 801-826-5817
- Chris Baer (Assistant Athletic Director: Park City High School)

Rules Clinic: See Lacrosse information slide show from UHSAA
- https://www.uhsaa.org/glacrosse

Start Times:
- The recommended start times for Lacrosse are 7:00 p.m. for Varsity games and 5:00 for Junior Varsity games. However, the host school will determine the actual start time for each game and may be subject to change.

Supervision
- The administration of the home school will be available to supervise varsity home games.

Reporting Scores:
- Home school reports scores to MaxPreps and Deseret News on game days.

Region Trophy
- Region Trophy presented to the team(s) with the best win-loss record. If there is a tie, it will be determined by RPI

All-Region VI Boys Lacrosse Team Selection:
- All-Region VI Team will be decided by head coaches according to the teams’ finish in region play. 1st place team gets 9 nominations, 2nd place gets 8 nominations, 3rd place gets 7 nominations, 4th place gets 6 nominations, 5th place gets 5 nominations 6th place gets 4 nominations, 7th place team gets 3 nominations, 8th place gets 2 nominations, and 9th place team gets 1 nomination. This is for a total of 45 player nominations (13 first-team and 13 second-team All-Region). All-Region VI Boys Lacrosse Team Selection Process: 1st Team All-region will be voted on by the coaches at the end of the season and before the state tournament begins. The 1st team will be 13 players by position (3 attack/3 mid/3 defense/1 lsm/1 goalie/1 fos/1ssdm). The 2nd team will be 13 players by position (3 attack/3 mid/3 defense/1 lsm/1 goalie/1 fos/1ssdm). Each team will receive 2 honorable mentions for their own athletes.
## Coaches

<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Email</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alta</td>
<td>Brandon</td>
<td><a href="mailto:brandon.horoba@canyonsdistrict.org">brandon.horoba@canyonsdistrict.org</a></td>
<td>801-598-5020</td>
</tr>
<tr>
<td>Brighton</td>
<td>Chris</td>
<td><a href="mailto:odonnellcp2@gmail.com">odonnellcp2@gmail.com</a></td>
<td>703-675-1173</td>
</tr>
<tr>
<td>East</td>
<td>Deen</td>
<td><a href="mailto:daniel.anderson@slcschools.org">daniel.anderson@slcschools.org</a></td>
<td>801-448-2600</td>
</tr>
<tr>
<td>Highland</td>
<td>Neil</td>
<td><a href="mailto:blaney.neil@gmail.com">blaney.neil@gmail.com</a></td>
<td>201-362-2475</td>
</tr>
<tr>
<td>Olympus</td>
<td>Nick</td>
<td><a href="mailto:nick.merrell89@gmail.com">nick.merrell89@gmail.com</a></td>
<td>801-631-1986</td>
</tr>
<tr>
<td>Park City</td>
<td>Michael</td>
<td><a href="mailto:pcminerslacrosse@gmail.com">pcminerslacrosse@gmail.com</a></td>
<td>203-984-3130</td>
</tr>
<tr>
<td>Skyline</td>
<td>Ian</td>
<td><a href="mailto:iansime19@gmail.com">iansime19@gmail.com</a></td>
<td>435-714-0728</td>
</tr>
<tr>
<td>West</td>
<td>Ashton</td>
<td><a href="mailto:ashton.hank@sslcschool.org">ashton.hank@sslcschool.org</a></td>
<td>385-507-1433</td>
</tr>
<tr>
<td>West Jordan</td>
<td>Jeff</td>
<td><a href="mailto:wjhsboystacrosse@gmail.com">wjhsboystacrosse@gmail.com</a></td>
<td>801-916-4932</td>
</tr>
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## Playing Field Location

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
</tr>
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<tbody>
<tr>
<td>Alta</td>
<td>11055 S 1000 E, Sandy, UT 84094</td>
</tr>
<tr>
<td>Brighton</td>
<td>2220 E. Bengal Blvd., Cottonwood Heights, Utah 84121</td>
</tr>
<tr>
<td>East</td>
<td>840 South 1300 East Salt Lake City Utah 84102</td>
</tr>
<tr>
<td>Highland</td>
<td>2166 South 1700 East, Salt Lake City, Utah 84106</td>
</tr>
<tr>
<td>Olympus HS</td>
<td>Approx. 3900–4058 S Milky Way Salt Lake City, UT 84124</td>
</tr>
<tr>
<td>Park City</td>
<td>1750 Kearns Blvd Park City UT 84060</td>
</tr>
<tr>
<td>Skyline</td>
<td>Skyline High School 3251 E Upland Dr Salt Lake City, UT 84109</td>
</tr>
<tr>
<td>West</td>
<td>241 N. 300 W. Salt Lake City, UT 84103</td>
</tr>
<tr>
<td>West Jordan</td>
<td>West Jordan High School, 8136 2700 W, West Jordan, UT 84088</td>
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## Region 6 Boys Lacrosse Schedule 2023-2024

<table>
<thead>
<tr>
<th></th>
<th>Alta</th>
<th>Brighton</th>
<th>East</th>
<th>Highland</th>
<th>Olympus</th>
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</thead>
<tbody>
<tr>
<td>19-Mar</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>@ Park City</td>
</tr>
<tr>
<td>10-Apr</td>
<td>@ Olympus</td>
<td>@ West</td>
<td>@ West</td>
<td>bye</td>
<td>vs Alta</td>
</tr>
<tr>
<td>12-Apr</td>
<td>@ Park City</td>
<td>@ skyline</td>
<td>@ West</td>
<td>vs West Jordan</td>
<td>bye</td>
</tr>
<tr>
<td>17-Apr</td>
<td>@ West</td>
<td>vs Olympus</td>
<td>vs Highland</td>
<td>@ East</td>
<td>@ Brighton</td>
</tr>
<tr>
<td>19-Apr</td>
<td>@ Brighton</td>
<td>vs Alta</td>
<td>bye</td>
<td>vs Skyline</td>
<td>vs West</td>
</tr>
<tr>
<td>24-Apr</td>
<td>vs West Jordan</td>
<td>@ East</td>
<td>vs Brighton</td>
<td>@ Park City</td>
<td>vs Skyline</td>
</tr>
<tr>
<td>26-Apr</td>
<td>vs Highland</td>
<td>bye</td>
<td>vs Olympus</td>
<td>@ Alta</td>
<td>@ East</td>
</tr>
<tr>
<td>1-May</td>
<td>vs East</td>
<td>@ Highland</td>
<td>@ Alta</td>
<td>vs Brighton</td>
<td>vs Park City</td>
</tr>
<tr>
<td>3-May</td>
<td>@ skyline</td>
<td>vs West Jordan</td>
<td>bye</td>
<td>vs Olympus</td>
<td>@ Highland</td>
</tr>
<tr>
<td>8-May</td>
<td>bye</td>
<td>vs Park city</td>
<td>@ Skyline</td>
<td>@ West</td>
<td>@ West Jordan</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Park City</th>
<th>Skyline</th>
<th>West</th>
<th>West Jordan</th>
</tr>
</thead>
<tbody>
<tr>
<td>19-Mar</td>
<td>vs East</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10-Apr</td>
<td>vs Skyline</td>
<td>@ Park City</td>
<td>vs Brighton</td>
<td>vs East</td>
</tr>
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<td>12-Apr</td>
<td>@ Alta</td>
<td>vs Brighton</td>
<td>@ East</td>
<td>@ Highland</td>
</tr>
<tr>
<td>17-Apr</td>
<td>bye</td>
<td>@ West</td>
<td>vs Alta</td>
<td>vs Skyline</td>
</tr>
<tr>
<td>19-Apr</td>
<td>bye</td>
<td>@ Highland</td>
<td>@ Olympus</td>
<td>bye</td>
</tr>
<tr>
<td>24-Apr</td>
<td>vs Highland</td>
<td>@ Olympus</td>
<td>bye</td>
<td>@ Alta</td>
</tr>
<tr>
<td>26-Apr</td>
<td>@ West Jordan</td>
<td>vs West</td>
<td>@ skyline</td>
<td>vs Park City</td>
</tr>
<tr>
<td>1-May</td>
<td>vs Olympus</td>
<td>bye</td>
<td>vs West Jordan</td>
<td>@ West</td>
</tr>
<tr>
<td>3-May</td>
<td>vs West</td>
<td>vs Alta</td>
<td>@ Park City</td>
<td>@ Brighton</td>
</tr>
<tr>
<td>8-May</td>
<td>@ Brighton</td>
<td>vs East</td>
<td>vs Highland</td>
<td>vs Olympus</td>
</tr>
</tbody>
</table>

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5A REGION 6 HANDBOOK 2023-24
# BOYS SOCCER

## General Information

Lance Taylor - Region Chair

## Important Dates

<table>
<thead>
<tr>
<th>Date Range</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 28th - July 4th</td>
<td>Moratorium—no practices, competitions, meetings, or travel</td>
</tr>
<tr>
<td>Nov 27th - Jan 1st</td>
<td>Boys Soccer Moratorium</td>
</tr>
<tr>
<td>Jan 15th - Feb 26th</td>
<td>Boys Soccer Rules Clinic (online: uhsaa.org)</td>
</tr>
<tr>
<td>Feb 11th - Feb 25th</td>
<td>Boys Soccer Two-Weeks Prior Restrictions</td>
</tr>
<tr>
<td>Feb 26th</td>
<td>Boys Soccer Begin Practice/ Team Selection</td>
</tr>
<tr>
<td>Mar 4th</td>
<td>Boys Soccer First Contest Allowed</td>
</tr>
<tr>
<td>Mar 15th</td>
<td>Boys Soccer Roster with Numbers on registermyathlete.com</td>
</tr>
<tr>
<td>Mar 15th</td>
<td>Boys Soccer Upload Team Photo to maxpreps.com</td>
</tr>
<tr>
<td>Mar 19th - Apr 18th</td>
<td>Boys Soccer Academic All-State Applications Accepted</td>
</tr>
<tr>
<td>Apr 1st - 5th</td>
<td>Spring Break—Same for Canyons, Granite, and Salt Lake</td>
</tr>
<tr>
<td>Mar 7th</td>
<td>Boys Soccer Season End Date (4A, 5A, 6A)</td>
</tr>
<tr>
<td>Mar 8th</td>
<td>Boys Soccer State Tourn. Bracket Reveal 9AM</td>
</tr>
<tr>
<td>May 10th</td>
<td>Boys Soccer State Tourn. First Round @ Home Sites (4A, 5A, 6A)</td>
</tr>
<tr>
<td>May 14th</td>
<td>Boys State Tourn. Second Round @ Home Sites (4A, 5A, 6A)</td>
</tr>
<tr>
<td>May 17th</td>
<td>Boys State Tourn. Quarterfinals @ Home Sites (5A)</td>
</tr>
<tr>
<td>May 20th</td>
<td>Boys Soccer State Tourn. Semifinals @ Zions Bank Stadium (5A)</td>
</tr>
<tr>
<td>May 23rd</td>
<td>Boys Soccer State Tourn. Finals @ Rio Tinto Stadium (4A, 5A, 6A)</td>
</tr>
<tr>
<td>Jun 28 - Jul 4th</td>
<td>All Sport Moratorium—no practices, competitions, meetings, or travel</td>
</tr>
</tbody>
</table>
Coaches
East High School
lance.taylor@slcschools.org
801-786-9876

Mackenzie Hyer
Alta High School
mackenzie.hyer@canyonsdistrict.org
801-633-9165

Brett Rosen
Brighton High School
rosen.brett@gmail.com
801-598-2660

Javier Viana
East High School
javier.viana@slcschools.org
801-313-0443

Neil Smith
Highland High School
neil.smith@slcschools.org
801-792-3998

Christian Neff
Olympus High School
christianmneff@gmail.com
801-661-1461

Shawn Kennedy
Skyline High School
skennedy@granteschools.org
801-259-0577

Conner Mitchell
West High School
conner.mitchell@slcschools.org
210-420-7747
# Region 6 Boys Soccer Schedule 2023-2024

<table>
<thead>
<tr>
<th>Team name</th>
<th>Game Times</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alta</td>
<td>V 3:30pm; JV 5:15pm</td>
<td>Alta; Brighton; East; Highland; Skyline</td>
</tr>
<tr>
<td>Brighton</td>
<td>JV 3:30pm; V 5:30pm</td>
<td>West</td>
</tr>
<tr>
<td>East</td>
<td>JV 5pm; V 7pm</td>
<td>Olympus</td>
</tr>
<tr>
<td>Highland</td>
<td></td>
<td>Spring Break</td>
</tr>
<tr>
<td>Olympus</td>
<td></td>
<td>First Game to be held 4-Mar-24</td>
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<tr>
<td>Skyline</td>
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<td>Last day to play 7-May-24</td>
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<tr>
<td>West</td>
<td></td>
<td>Bracket Revel @ 9am 8-May-24</td>
</tr>
<tr>
<td></td>
<td></td>
<td>First Round State 10-May-24</td>
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</table>

## Region VI Boys Soccer Region Schedule 2024

<table>
<thead>
<tr>
<th>Date</th>
<th>Home</th>
<th>Away</th>
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</thead>
<tbody>
<tr>
<td>15-Mar</td>
<td>Skyline @ Alta</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>Olympus @ Brighton</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>Highland @ East</td>
<td>Bye</td>
</tr>
<tr>
<td>19-Mar</td>
<td>West</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>Alta @ Skyline</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>East</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>West</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>Olympus @ Highland</td>
<td>Bye</td>
</tr>
<tr>
<td>22-Mar</td>
<td>West</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>Skyline @ East</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>Olympus @ Highland</td>
<td>Bye</td>
</tr>
<tr>
<td>26-Mar</td>
<td>East</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>Alta @ West</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>Brighton @ Skyline</td>
<td>Bye</td>
</tr>
<tr>
<td>29-Mar</td>
<td>Alta</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>East @ Alta</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>West @ Highland</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>Brighton @ Olympus</td>
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</tr>
<tr>
<td>9-Apr</td>
<td>Highland @ Skyline</td>
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</tr>
<tr>
<td></td>
<td>East @ West</td>
<td>Bye</td>
</tr>
<tr>
<td>12-Apr</td>
<td>Olympic @ Alta</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>West @ Olympus</td>
<td>Bye</td>
</tr>
<tr>
<td>3-May</td>
<td>Olympic @ Highland</td>
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</tr>
<tr>
<td></td>
<td>West @ East</td>
<td>Bye</td>
</tr>
<tr>
<td>7-May</td>
<td>Olympic @ Highland</td>
<td>Bye</td>
</tr>
<tr>
<td></td>
<td>West @ East</td>
<td>Bye</td>
</tr>
</tbody>
</table>

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**5A REGION 6 HANDBOOK 2023-24**
1. For Senior Night, one home can be played with an alternate start time—agreed upon by both administrators. Any other change in start times must be agreed upon by both administrators and reported to the region prior to the game. Senior night recognition must be limited to a maximum of 10 minutes if done prior to the game or at halftime.

**Agreed Upon Game Times:**

Games @ **Alta:**  
V – 3:30, JV 5:15

Games @ **Brighton:**  
V – 3:30, JV 5:15

Games @ **East:**  
V – 3:30, JV 5:15

Games @ **Highland:**  
V – 3:30, JV 5:15

Games @ **Skyline:**  
V – 3:30, JV 5:15

Games @ **Olympus:**  
JV – 5:00, V 7:00

Games @ **West**  
JV – 3:30, V 5:30

2. Teams can play a maximum of 16 games; see UHSAA handbook for tournament exceptions: [Handbook.pdf (uhsaa.org)](http://Handbook.pdf (uhsaa.org))

3. Home schools are responsible to report scores to MaxPreps and The Deseret News at the conclusion of varsity games.

4. RPI will be used for State Tournament seeding.

5. The Goal Differential Rule will be used for all games: 8-goal differential after 10 min into the 2nd half will end the game.
Outstanding players are one player from each of the top four region teams.

Varsity Awards

❖ There will be Co-Region Trophies (two trophies) if there are co-region champs
❖ Individual Medals
  ➢ 25 1st Place Medals
  ➢ 25 2nd Place Medals
  ➢ If there is a tie for 1st or 2nd, medals for individual players will be given to:
    ▪ 1st look at head-to-head
    ▪ 2nd look at goal differential if necessary
    ▪ 3rd look at goals against if necessary
BOYS TENNIS

Region 6 Boys Tennis Schedule 2023-2024

**Thursday, March 28**
East @ West
Alta @ Highland
Skyline @ Brighton
Olympus bye

**Tuesday, April 9**
Skyline @ Highland
East @ Alta
West @ Olympus
Brighton bye

**Thursday, April 11**
Highland @ East
West @ Brighton
Olympus @ Skyline
Alta bye

**Tuesday, April 16**
East @ Skyline
Brighton @ Alta
Olympus @ Highland
West bye

**Thursday, April 18**
Olympus @ East
Highland @ Brighton
West @ Alta
Skyline bye

**Tuesday, April 23**
Highland @ West
Alta @ Skyline
Brighton @ Olympus
East bye

**Thursday, April 25**
Skyline @ West
Alta @ Olympus
Brighton @ East
Highland bye
BOYS VOLLEYBALL

Coaches

<table>
<thead>
<tr>
<th>School</th>
<th>Head Coach</th>
<th>Email</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alta</td>
<td>Casie Maekawa</td>
<td><a href="mailto:casie.maekawa@canyonsdistrict.org">casie.maekawa@canyonsdistrict.org</a></td>
<td>808-372-0418</td>
</tr>
<tr>
<td>Brighton</td>
<td>Mondo Begay</td>
<td><a href="mailto:mondobrighton@gmail.com">mondobrighton@gmail.com</a></td>
<td>801-633-4715</td>
</tr>
<tr>
<td>Olympus</td>
<td>Brett Peterson</td>
<td><a href="mailto:brettpeterson12@gmail.com">brettpeterson12@gmail.com</a></td>
<td>801-946-6043</td>
</tr>
<tr>
<td>Skyline</td>
<td>Josh Henderson</td>
<td><a href="mailto:jjhendy@gmail.com">jjhendy@gmail.com</a></td>
<td>801-641-2546</td>
</tr>
<tr>
<td>East</td>
<td>Molly Campbell</td>
<td><a href="mailto:molly.campbell@slcschools.org">molly.campbell@slcschools.org</a></td>
<td>801-647-8745</td>
</tr>
<tr>
<td>Highland</td>
<td>Lance Cooper</td>
<td><a href="mailto:Lance.Cooper@slcschools.org">Lance.Cooper@slcschools.org</a></td>
<td>801-388-2250</td>
</tr>
<tr>
<td>West</td>
<td>TBD</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

General Information

1) Important Dates:
   a) Feb 11 - Feb 25: Two-Weeks Prior Restrictions
   b) Feb 26: Begin Practice/Team Selection
   c) Mar 4: First Contest Allowed
   d) Mar 15: Varsity Roster with Numbers in Aktivate and MaxPreps
   e) Mar 15: Team Photos emailed to teamphoto@uhsaa.org
   f) Mar 19 - Apr 18: Academic All-State Applications Accepted
   g) May 9: State Tourney Bracket Reveal 10:00 AM
   h) May 14: State Tourney First Round @ Home Sites
   i) May 16 - May 18: State Tournament @ Utah Valley University

2) Contest Limitations:
   a) 28 matches. Each match played counts as one match.
   b) The following guidelines pertain to Varsity tournaments: No more than 8 total matches in a tournament and no more than 4 matches in a single day.
   c) For varsity matches inside a tournament one of the two following options can be considered: 1) All matches are a best 3 out of 5 sets or 2) Pool play can be a best 2 out of 3 sets and at least two bracketed matches must be a best 3 out of 5 sets. For varsity matches outside a tournament, all matches are a best 3 out of 5 sets.
   d) Guidelines for Sub-Varsity Tournaments: (2 out of 3 matches): No more than 9 total matches in a tournament and no more than 7 matches in a single day. Tournaments may not exceed three days in length.
3) Game Times (home team specifies on arbiter if freshman team exists)
   a) Set up completed by 3:00pm
   b) Sophomore game starts at 3:30pm
   c) JV & freshmen start at 5:00pm
   d) Varsity game starts at 6:30pm
   e) Games may begin earlier if officials and head coaches are in agreement

4) Match Structure
   a) All matches use a 3-ball system, per UHSAA guidelines
   b) Home teams provide refs and scorekeepers: two line judges, a scorekeeper, libero tracker, and scoreboard operator for all three matches. Please ensure they are trained.
   c) Rally scoring format for VARSITY matches is as follows: sets 1-4 (4 if necessary) score to 25 with no cap and set 5 (if necessary) scores to 15 with no cap. Sets 1-5 have a possibility of two time-outs per team.
   d) Rally scoring format for SUB-VARSITY matches is as follows: sets 1 and 2 score to 25 with a cap of 27; sets 3, 4 and 5 (4 and 5 if necessary) score to 15 with a cap of 17. Sets 1 and 2 have a possibility of two time-outs per team and sets 3, 4 and 5 (4 and 5 if necessary) have a possibility of one time-out per team.
   e) Teams will not switch sides, unless there is a clear advantage as determined by the head coaches.

5) Warm-Up time for matches will be:
   a) 5-5 (each team has 5 minutes to use the net to warm-up however they desire)

6) Home team responsible for reporting scores to MaxPreps and newspapers (if applicable) within 24 hours of the match

7) General courtesies recommended for the region:
   a) Home team should provide the visiting team with a secure, clean locker room or team room.
   b) Home team should provide a location and table area for the use of visiting teams. Visiting teams are responsible for bringing any food/snacks for their own players.
   c) As several schools in the region finish classes after 3pm, visiting teams should stay in the gym or designated locker room area to avoid disrupting classes.

8) Senior Night
   a) Recognition of seniors to be held to a maximum of 15 minutes prior to a selected varsity match near the end of the season, prior to any warm up.

9) Region Honors
   a) Selection of All-Region Teams takes place in a meeting of coaches under the direction of the Region Chairperson
   b) All-region
      i) Coaches nominate players to the All-Region team up to the amount determined by their finish in region play:
         (1) 4 Players and a Region MVP
         (2) 3 Players
         (3) 3 Players
ii) Coaches should also submit stats for each player nominated to the All-Region team.

c) Academic All-Region
i) Any senior with a 3.70 GPA or higher

d) Each school will be sent a template to print their own certificates

10) Region VI trophy to be awarded to the first place team based on region winning percentage.
a) In case of a tie between two teams:
i) The team with the better Head-to-Head record shall be the Region Champion

ii) If both teams have the same winning percentage in head-to-head competition, the team with the better winning percentage of head-to-head sets shall be declared the champion.

iii) If a tie still exists, the team having the best for/against ratio of points scored in the head-to-head matches shall be declared the champion.

iv) If a tie still exists, the team with the better winning percentage of sets in all region matches shall be declared the champion.

b) In case of a tie between three or more teams:
i) The team having the best winning percentage when looking at the pool of head-to-head matches between the tied teams shall be declared the champion.

ii) If a tie still exists, the team having the best winning percentage of sets between the tied teams shall be declared the champion.

iii) If a tie still exists, the team having the best for/against ratio of points scored in the matches between the tied teams shall be declared the champion.

iv) If a tie still exists, the team having the best winning percentage of sets in all Region matches shall be declared the higher seed.

v) If a tie still exists, the team having the best for/against ratio of points scored in all Region matches shall be declared the higher seed.

c) In all ties of three or more teams, the progression of the tie-breaker shall be followed until the champion is determined.

d) All other ties to determine region finish shall use the same tie breaking procedures listed above.
# Region 6 Boys Volleyball Schedule 2023-2024

<table>
<thead>
<tr>
<th>Date</th>
<th>Away</th>
<th>Home</th>
<th>Region Bye</th>
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</thead>
<tbody>
<tr>
<td>3/14</td>
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<td>Olympus</td>
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<tr>
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<tr>
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<td>3/26</td>
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<td>@Skyline</td>
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<tr>
<td>5/2</td>
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<tr>
<td>5/7</td>
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<td>Skyline</td>
<td>@Olympus</td>
</tr>
</tbody>
</table>

**Note:** The schedule includes games from March 14, 2023, to May 7, 2024.
COMPETITIVE CHEER

Region Chair: Tim Mundt – twmundt@graniteschools.org

Coaches

- Alta: Atlanta Jones – atlanta.jones@canyonsdistrict.org
- Brighton: Taylor Ekstrom – taylor.ekstrom2000@gmail.com
- East: Ainsley Cannon – ainsley.cannon@slcschools.org
- Olympus: Hailie Cummings Caso – olympus.cheerteam@gmail.com
- Skyline: Joey Kennedy – jdkennedy@graniteschools.org
- West: Shayla Welsch – shayla.raquel@yahoo.com

Guidelines

1. Competitive Cheer Season: November 1 through the state championships in January.
2. Competitive Cheer will be a winter sport.
3. Contest Limitations - A maximum of 4 contests, in addition to a qualifying and state finals competition will be allowed during the competition season. Competitive cheer teams may only participate in UHSAA sanctioned competitions.
4. The Arbiter system will be used to assign and pay for all qualifying and state competitions.
5. Utah State Risk Management will continue to safety certify coaches and cheer athletes.
6. How to qualify for the UHSAA Competitive Cheer Championships: Teams will compete in one of three geographically assigned qualifying competitions (North, Central, South). 70% of teams will move on to the state finals, which will be held by classification.
7. All competitive cheer athletes must register in RegisterMyAthlete.
8. Sideline and Competitive Cheer Coaches must be certified through RegisterMyCoach.
9. There will be no UHSAA governance for sideline/spirit cheer teams, except teams and coaches must safety certify through Utah State Risk Management, follow their cheer guidelines, and comply with UHSAA tournament guidelines for post season events.
10. There will be a 12-hour practice rule per week for competition routines beginning August 1 through the state championships.
11. Budget Declarations will be required by the 2nd Monday in February ($800 per individual athlete).
12. Cheer Moratorium (2-2 weeks selected by school).
13. 2023-2024 Competition Cheer Categories:
   a. All-girl Show/Co-ed Show (70% of overall score) Teams may enter one (1) show category. Co-ed designation will be for teams with 1 or more male participants on their competition team.
   b. Game Day: (30% of score).
14. Schools will compete in either an all-girl or co-ed division. Each school may only compete in one division. One state championship trophy will be awarded to each division per classification.
15. School competition teams must receive independent status if not participating in UHSAA qualifying and championship events.
16. There will not be a “two weeks prior” requirement for competitive cheer.
17. There is no restriction to dual participation for junior high sideline cheer and high school competitive cheer.
18. A high school competitive cheerleader may compete in up to two (2) national qualifying competitions, not sponsored by his or her school, with a private cheer organization, if the following conditions are met:
   a. The outside team is attending an approved opportunity as verified by the UHSAA.
   b. At least thirty (30) days prior to the competition, or event, the student must provide written notification, signed by the cheerleader and their parents/guardian, to his or her high school coach and the UHSAA.
   c. Any missed academic lessons must be completed.
19. All Region will be selected with each coach choosing 4 cheerleaders from own school’s cheer team.
20. Academic All Region: Seniors with 3.7 cumulative GPA or above.
21. Region Showcase: Monday, February 5, 2024 at Olympus High School – No attendance fee, Olympus will ask for donations for charity/cause of their choice. Perform state or nationals routine and announce All Region Team.
22. Competitive Cheer will follow all UHSAA Policies and By-laws, found in the UHSAA Handbook.
FOOTBALL

General Information

Region Activity Chairperson: Geoff Murdock — Skyline High School 385-646-5420
Representative: Head Coach — John Rowbotham Skyline High School
For General Football info please go to www.uhsaa.org/fall/football.html

Varsity games: All games are to begin at 7:00 p.m. Home teams wear dark jerseys, visiting teams were light jerseys.

1. Junior Varsity and Sophomore Games: Each school will play a full schedule of sophomore and Junior Varsity games. The Junior Varsity game will start at 3:30 pm and the Sophomore game will begin twenty minutes following the conclusion of the J.V. game. Junior varsity and Sophomore Games will be played at the same site, opposite the varsity game. Home teams wear dark jerseys, visiting teams wear light jerseys when available. Region teams must be notified by August 2, 2023, if a team is unable to field a J.V. or sophomore team.

2. Chain Crews: All schools are required to use adults on chain and down markers for varsity games.

3. Change of Time: A change of time may be affected through mutual agreement of both schools - Coach, Principal, and Athletic Director. The host school must notify Arbiter of the change of time, for them to notify the officials. The host school or Region VI school (pre-season) shall notify other region schools if a change is made. All officials (Varsity, Junior Varsity, and Sophomore) will be Arbitred by the UHSAA. Call any changes to the UHSAA.

4. Change of Date: The Region VI board of managers must approve a change of date after mutual agreement between schools concerned.

5. Scouting: Is to be done from the spectator’s stands. No video filming of future opponents will be allowed at the Varsity, Junior Varsity, or the Sophomore level.

6. Sidelines: No one will be allowed on the field or sidelines during the game without a sideline pass. Each school (home team) will develop and distribute their own sideline passes. The athletic director who meets the opponent’s bus will give the head coach the number of sideline passes that are needed.

7. It is the responsibility of the participating schools to keep their sidelines and track areas clear of all spectators. No spectators will be allowed on the field during the game or at half-time, except when approved by administration.

8. Film Exchange: Each Region VI school is expected to subscribe and use HUDL. All film exchange will be done via HUDL. All filming must be done by adults. During filming, all players on the playing field must be visible from the break of the huddle until the snap of the ball. Once the snap has occurred, the angle can be changed. Each team must film every play. Teams must also film the scoreboard after each scoring play and at the end of each quarter. Each team will upload their two previous games. The previous two games must be uploaded to HUDL no later than 10:00 am the day following the game.

9. Dress and Locker Rooms: The home school is to provide a lockable dressing facility with a white board or chalkboard and writing instruments. Locker rooms must be available two hours before game time. The home team should provide a guide to meet the bus, show the team the locker room, and be available if needed. Junior Varsity and Sophomore teams should dress at their own schools. In case of inclement weather, Junior Varsity and Sophomore teams will be provided shelter at half time. The visiting team is responsible for cleaning their locker room immediately following half time. Following half time all valuables will be removed from the locker room and taken to the sideline.

10. Visiting Team Location on Sidelines: Visiting team spotters/coaches must remain on the visiting team’s side/selection of the stadium unless the head coaches agree upon other accommodations. Please be the type of host that you would hope to encounter as a guest.

11. Electronic Communication: Equipment that has been approved by the UHSAA may be used at and during the game.

12. Rosters: Rosters will be entered into Register My Athlete prior to the first game.

13. Officials and Game Clock: Any current employee of a school may not officiate in any Varsity game in which his/her school is involved. The game clock is to be managed by an adult for Varsity games and when possible, for Junior Varsity and Sophomore games. Home site may film sub-varsity games and exchange.
14. **Post-Game Activities:** At the conclusion of the Varsity, Junior Varsity or Sophomore games, and after the traditional "Handshake", visiting teams will not participate in any post-game activities. Teams may return to their locker room to retrieve their gear and load the bus no more than twenty minutes following the game.

15. **Public Address Announcer:** Public address announcers are not to be commentators, cheerleaders, or second-guess officials.

**All Region Team Determination:** Region VI coaches will meet on Monday October 23, 2023, at 6:00 pm. to determine the all-region team.

16. **Guidelines for Choosing the All-Region Team:** Each team will nominate an outstanding student for offensive player, defensive player, and special team player. The players will be voted on by the coaches. All region players will be determined by coaches using the following format based on Region Finish:

- 1 Region Overall MVP (Voted by Coaches)
- 1 Region Defensive MVP (Voted by Coaches)
- 1 Region Offensive MVP (Voted by Coaches)
- 1 Special Teams MVP (Voted by Coaches)
- 1st Place team 7 Players
- 2nd Place team 6 Players
- 3rd Place team 5 Players
- 4th Place team 4 Players
- 5th Place team 3 Players
- 6th Place team 2 Players
- 7th Place team 2 Players

Second Team All-Region
Same as first team minus MVP's
Honorable Mention
Each coach will be allowed to nominate as many players as needed.

17. **Certificates:** Each school will be sent a template to print their own certificates

18. **Academic All-Region team:** Any senior with a 3.70 GPA or higher

19. **Trophy:** A region trophy will be given to the first-place team for the regular season

20. Each team may play 9 regular season games and 1 Endowment game.
Coaches
Alta
Alema Teo
Alema.teo@canyonsdistrict.org

Brighton
Casey Sutera
Casey.sutera@canyonsdistrict.org

East
Brandon Matich
brandon.matich@sleschools.org
tripleoption3@gmail.com

Highland
Kautai Olevao
kolevao@outlook.com

Olympus
Aaron Whitehead
awhitehead@graniteschools.org

Skyline
John Rowbotham
Rowjohn33@gmail.com

West
Olosaa Solovi
Olosaa.solovi@sleschools.org
Pre-Season Schedule 2023

Week 1 (Endowment) - August 11
Alta @ Layton
Brighton @ Deseret Hills
Highland @ Juan Diego
East vs Orem
Olympus @ Spanish Fork
Skyline vs Viewmont
West

Week 2 - August 18
Alta vs Westlake
Brighton vs Syracuse
Highland vs Cyprus
East vs Skyridge
Olympus vs Provo
Skyline @ Summit Academy
West @ Santa Margarita California

Week 3 – August 25
Alta vs Legacy Nevada
Brighton @ Riverton
Highland @ Green Canyon
East vs Coronado Nevada
Olympus vs Bountiful
Skyline vs TBD @ Rocky Mountain Rumble (Pocatello Idaho)
West vs American Fork
Football Schedule 2023 Region Games

**Week 4 - September 1**
East @ Alta  
West @ Olympus  
Brighton @ Highland  
**Skyline** @ Granger

**Week 5 - September 8**
Skyline @ Highland  
Alta @ West  
Olympus @ Brighton  
**East Bye**

**Week 6 - September 15**
Skyline @ Brighton  
Olympus @ East  
Highland @ Alta  
**West** vs St. Francis Academy Maryland

**Week 7 – September 22**
West @ Skyline  
East @ Brighton  
Alta @ Olympus  
**Highland Bye**

**Week 8 – September 29**
Skyline @ East  
West @ Highland  
Brighton @ Alta  
**Olympus Bye**

**Week 9 - October 5 (Thursday) 6th Friday**
Alta @ Skyline (6th)  
East @ West (5th)  
Highland @ Olympus (5th)  
**Brighton** vs Queen Creek Arizona (5th)

**Week 10 – October 11, 12, 13**
Olympus @ Skyline (12th)  
Highland @ East (11th)  
Brighton @ West (11th)  
**Alta** @ Cedar Valley (11th)
GIRLS BASKETBALL

General Information
Region Chairman: Whitney Hunsaker - Olympus
Starting Date: Monday, November 6, 2023
Moratoriums: June 28 – July 4, Nov. 23-26, Dec. 21-25, Jan. 1
State Tournament: Feb. 20-23- 1st 2 rounds home sites, Feb 27- Mar 2 @ Univ of Utah - 8 teams
First game: Starting Nov. 14

1. Games will be played on Tuesdays and Fridays at the following times:
   Sophomore- 3:30 PM
   Junior Varsity- 5:15 M
   Freshmen (if applicable)- 5:15 PM opposite gym from JV.
   Varsity – 7:00 PM

2. Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of the schools involved.

3. Wilson EVO NXT is the designated ball for both Boys’ and Girls’ State Tournaments. Use of this ball is recommended for Region VI games.

4. UHSAA Moratorium dates can be found at https://uhsaa.org/calendar2223/
   No games, matches or practices may be held during these designated times. A school is assessed a $200.00 fine if found in violation of the moratorium dates.

5. Pre-season game times and dates are site-based decisions. As a courtesy, copies of schedules and team rosters shall be emailed to each Region VI athletic director by November 13, 2023.

6. Teams may film their own games; however, no filming of opponents is allowed at any level.

7. General courtesies recommended for games and are as follows:
   a. Each school shall provide the visiting team with a secure, clean locker room, a writing board, and an area for private discussion during halftime. Accessibility to a taping table is encouraged.
   b. If pre-game activities are expected to run longer or they are different than normal, a schedule of events (including flag ceremony and introduction of players) shall be provided to coaches and referees.
c. **2-Minute Courtesy Rule:** At the conclusion of each game, there is to be 5 minutes put on the time clock between games to have the team playing in the previous game to clear the bench, allows teams to exit, floor to be swept, etc. During these 5 minutes there is to be NO ONE on the floor.

8. Each school is responsible for providing a dressing room and private discussion area for officials.

9. The start times and dates can be changed only by mutual consent of both teams involved and approval by the Region VI Board of Managers. If a game time or date is changed, it is the responsibility of the home team to notify the arbiter.

10. Selection of All-Region Teams take place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection. All-Region academic certificates are awarded to senior athletes with a cumulative 3.75 GPA. Coaches shall provide names to the Region Chairperson at the All-Region selection meeting.

11. A Region VI trophy will be awarded to the first-place team based on winning percentage. Teams tied with the same winning percentage will be named co-champions and will share the title. Each co-champion team will receive a first-place trophy.

12. A representative of Region VI basketball coaches will keep an up-to-date record of region standings.

Coaches

**Alta**- (still hiring)

**Brighton**- Doug Nielsen
doug@dougnielsen.com

**East**- Taps Tapusoa
Tapasa.tapusoa@slcschools.org

**Highland**- Sala Asiata
Tupusala.asiata@slcschools.org

**Olympus**- Whitney Hunsaker
whunsaker@graniteschools.org

**Skyline**- Arielle Meredith
acmeredith@graniteschools.org

**West**- Junior Solovi
osolovi@yahoo.com
Region 6 Girls Basketball Schedule 2023-2024

**Wednesday, Jan. 3**
- East @ Alta
- Highland @ Olympus
- Skyline @ Brighton
- West Bye

**Friday, Jan. 5**
- Olympus @ West
- Brighton @ Highland
- Alta @ Skyline
- East Bye

**Tuesday, Jan. 9**
- Skyline @ East
- Alta @ Highland
- Brighton @ West
- Olympus Bye

**Friday, Jan. 12**
- Highland @ East
- West @ Alta
- Brighton @ Olympus
- Skyline Bye

**Tuesday, Jan. 16**
- Highland @ Skyline
- East @ West
- Alta @ Olympus
- Brighton Bye

**Friday, Jan. 19**
- Alta @ Brighton
- Skyline @ West
- East @ Olympus
- Highland Bye

**Tuesday, Jan. 23**
- West @ Highland
- Brighton @ East
- Olympus @ Skyline
- Alta Bye

**Friday, Jan. 26**
- Alta @ East
- Olympus @ Highland
- Brighton @ Skyline
- West Bye

**Tuesday, Jan. 30**
- West @ Olympus
- Highland @ Brighton
- Skyline @ Alta
- East Bye

**Friday, Feb. 2**
- East @ Skyline
- Highland @ Alta
- West @ Brighton
- Olympus Bye

**Tuesday, Feb. 6**
- East @ Highland
- Alta @ West
- Olympus @ Brighton
- Skyline Bye

**Friday, Feb. 9**
- Skyline @ Highland
- West @ East
- Olympus @ Alta
- Brighton Bye

**Tuesday, Feb. 13**
- Brighton @ Alta
- West @ Skyline
- Olympus @ East
- Highland Bye

**Friday, Feb. 16**
- Highland @ West
- East @ Brighton
- Skyline @ Olympus
- Alta Bye

IF PLAYING FRESHMAN GAMES: 5:15 – IN AUX GYM – OPPOSITE JV GAME
GIRLS GOLF

Region 6 Girls Golf Varsity Schedule 2023-2024

Schedule region matches on Wednesdays or Mondays. \textbf{SQ} = State Qualifier

**INSERT SCHEDULE HERE**

Guidelines

1. Each team will play eight players the total of the low four scores of those eight will be counted as the team score. After the completion of the final region match the team with the lowest cumulative score, will be declared the region champion. In the case of a tie there will be co-region champions. A coin flip will determine who is entered in 1st place at State.

2. The scores from each event will be recorded and then placement for region will go off average. Region standings will be decided by lowest average, the team with the lowest average will be the Region Champion. Every player who plays all the tournaments can drop one score. If you miss a tournament that counts as the score to drop.

3. Each school will be responsible for green fees for their own players at each match. The host school will be in charge of having scorecards, hole assignments, and any other administrative duties necessary for the match completed before the designated start time.

4. A maximum of 8 players will be allowed to play at all Region Matches. If the facility can accommodate additional players, permission from the UHSAA must be given on a case-by-case basis.

5. Individual medals will be given to the 12 players with the lowest total score for 18-hole region tournaments played (can drop one low score). The Region Championship must be played, and that score will count to be eligible for top 12. Scores in region championship will count. Awards will be given to all region medalists.

6. Range finders will be allowed. No caddie may be used by golfers.

7. Electric carts are not to be used by the players. Exceptions will be made for ADA qualified players on a case-by-case basis.

8. Coaches are responsible to see that all players are dressed in appropriate golfing attire and comply with local course rules.

9. Play will be governed by USGA and any applicable local rules, UHSAA, and Region VI sportsmanship code.

10. Each school will be responsible for their own rules clinic.

11. Coaches will agree before each match on tees from which to play. Majority rules.

12. Team shirts are highly recommended.

13. Meets canceled due to unplayable weather will be rescheduled based on course availability.
14. Parents may not give any advice to players while on the golf course. This means to keep a reasonable distance (60 feet) from players and have no private conversations with players during their round.

15. ALL UHSAA Golf Championships (boys and girls) will use a Maximum Stroke Play Scoring System. Contestants will PICK UP after reaching a maximum score of nine (9) strokes on any hole of a competition.
   a. Markers will record a 9 on any hole where the maximum score is scored and then it will be circled on the card for easy identification of that score.
   b. All designated or sanction Region Events should also use this scoring system. It will provide consistent and fair qualification for the state competitions and All-State considerations.
   c. Advantages of using this system are increased speed of play and less pressure to finish a very bad hole. This system will also use the modification for Penalties and Disqualification Penalties that are listed under USGA Rules of Golf; Rule 32 Bogey, “Par and Stableford Competitions”. Please review these prior to the start of the golf season.

16. State Tournament Play-off Berth: In case of a tie for the last state berth, a three-hole play-off will occur at site of Region Championship with each team entering six (6) players counting four scores. In the event of a tie the next player’s score will be used. In case there is still a tie a sudden death playoff will occur until the tie is broken.

17. AWARDS:
   a. 1 Region Trophy
   b. 12 Medals for 12 Low Medalists
   c. 1 JV Region Trophy
   d. 12 medals for 12 Low JV Medalists
GIRLS LACROSSE

General Information

Activity Chairpersons:
- Justin Pitcher (Assistant. Principal)
- Chris Baer (Assistant Athletic Director: Park City High School)
- Melissa Nash (Brighton High School Girls Lacrosse Coach)

Rules Clinic: See Lacrosse information slide show from UHSAA
- [https://www.uhsaa.org/glacrosse](https://www.uhsaa.org/glacrosse)

Start Times:
- The recommended start times for Varsity Lacrosse is 7:00 pm and 5:00 for Junior Varsity games. It is the preference that the Varsity game will follow the JV Game regardless of the start time.

Supervision
- The administration of the home school will be available to supervise varsity home games.

Reporting Scores:
- Home school is responsible to report scores to MaxPreps and Deseret News on game days.

Region Trophy
- Region Trophy presented to the team(s) with the best win-loss record. If there is a tie, it will be determined by RPI.

All-Region VI Girls Lacrosse Team Selection:
- 1st Team All-Region will have 15 total players. 4 attackers, 3 midfielders, 4 defenders, 1 goalie and 3 additional players (any position). 2nd Team All-Region will have 15 total players. 4 attackers, 3 midfielders, 4 defenders, 1 goalie and 3 additional players (any position). The 3 additional players (6 total – 3 for 1st team and 3 for 2nd team) will be based on votes. Of the 30 All-Region winners (between 1st and 2nd team), all 9 teams will get 1 person guaranteed. The rest of the spots will be determined by coaches voting. There are not a max number of nominations for each team – coaches can nominate as many as they want, but they must label their players as 1st Team or 2nd Team nominees. To vote, the head coach must attend the entirety of the All-Region Nomination meeting. If the head coach is not able to attend, they may send an assistant. whoever attends the meeting is the coach that must do the voting. In case of a tie, the head coaches will re-vote on those two players.
• All-Region teams must be decided by Saturday May 11 at 11:59pm (season end date is Friday May 10). A time will be determined at the beginning of the 2023-24 season at the region meeting. All-Region teams are due to Coach Melissa Nash (UHSAA Girls Lax Rep) by May 13 at 11:59pm.

**Dates to Remember:**  
https://uhsaa.org/calendartentative/5AGLacrosse.php

**Coaches**

<table>
<thead>
<tr>
<th>Region</th>
<th>Name</th>
<th>Email</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alta</td>
<td>Madisen Roberts</td>
<td><a href="mailto:madisendibble@gmail.com">madisendibble@gmail.com</a></td>
<td>801-647-5066</td>
</tr>
<tr>
<td>Brighton</td>
<td>Melissa Nash</td>
<td><a href="mailto:Melissa.Nash@CanyonsDistrict.org">Melissa.Nash@CanyonsDistrict.org</a></td>
<td>801-455-5559</td>
</tr>
<tr>
<td>East</td>
<td>Emily Lange</td>
<td><a href="mailto:coachemilylange@gmail.com">coachemilylange@gmail.com</a></td>
<td>925-989-6848</td>
</tr>
<tr>
<td>Highland</td>
<td>Kristen Hansen</td>
<td><a href="mailto:kristenhansen43@gmail.com">kristenhansen43@gmail.com</a></td>
<td>601-457-5464</td>
</tr>
<tr>
<td>Olympus</td>
<td>Zana Spratling</td>
<td><a href="mailto:zanaspratling@gmail.com">zanaspratling@gmail.com</a></td>
<td>801-349-7720</td>
</tr>
<tr>
<td>Park City</td>
<td>Mikki Clayton</td>
<td><a href="mailto:Mikki.ekfelt@gmail.com">Mikki.ekfelt@gmail.com</a></td>
<td>435-776-6834</td>
</tr>
<tr>
<td>Skyline</td>
<td>Jutta Anderson</td>
<td><a href="mailto:jaanderson3@graniteschools.org">jaanderson3@graniteschools.org</a></td>
<td>315-783-4445</td>
</tr>
<tr>
<td>West</td>
<td>Megan Chambers</td>
<td><a href="mailto:Megan.Chambers@SLCSchools.org">Megan.Chambers@SLCSchools.org</a></td>
<td>614-378-1085</td>
</tr>
<tr>
<td>West Jordan</td>
<td>Cliff Tomlinson</td>
<td><a href="mailto:clifftomlin@gmail.com">clifftomlin@gmail.com</a></td>
<td>801-673-1538</td>
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**Playing Field Location:**

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<th>Location</th>
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<tr>
<td>Alta</td>
<td>11055 S 1000 E, Sandy, UT 84094</td>
<td></td>
</tr>
<tr>
<td>Brighton</td>
<td>2220 E. Bengal Blvd., Cottonwood Heights, Utah 84121</td>
<td></td>
</tr>
<tr>
<td>East High School</td>
<td>840 South 1300 East Salt Lake City Utah 84102</td>
<td></td>
</tr>
<tr>
<td>Highland</td>
<td>2166 South 1700 East, Salt Lake City, Utah 84106</td>
<td></td>
</tr>
<tr>
<td>Olympus HS</td>
<td>Approx. 3900–4058 S Milky Way Salt Lake City, UT 84124 United States</td>
<td></td>
</tr>
<tr>
<td>Park City</td>
<td>1750 Kearns Blvd Park City UT 84060</td>
<td></td>
</tr>
<tr>
<td>Skyline</td>
<td>Skyline High School 3251 E Upland Dr Salt Lake City, UT 84109 United States</td>
<td></td>
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<tr>
<td>West High School</td>
<td>241 N. 300 W. Salt Lake City, UT 84103</td>
<td></td>
</tr>
<tr>
<td>West Jordan High School</td>
<td>West Jordan High School, 8136 2700 W, West Jordan, UT 84088</td>
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## Region 6 Girls Lacrosse Schedule 2023-2024

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</table>
GIRLS SOCCER

General Information

Activity Chair: Asst Principal Erin Tanner – Olympus High School, 801-560-9763
Representative: Jaime Evans (Coach)/ Shelly Munson (Asst. Coach)- 801-674-8220

Important Dates:
June 28- July 4: Moratorium- no practices, competitions, meetings or travel
Jul 10 - Jul 23: Two weeks prior restrictions
Jul 25: Begin Practice/Team Selection
Jul 27 – Sep 10: Rules Clinic (on-line: uhsaa.org/training)
July 31: First contest allowed
Aug 25: Rosters with numbers to RegisterMyAthlete.com
Aug 25: Team photo to MaxPreps.com

Sep 5 – Oct 3: Academic All-State applications accepted
Sep 29: Season end date
Sep 30: State Tourney Bracket Reveal @ 9:00 a.m.
Oct 5: State Tournament First Round @ Home Sites
Oct 10: State Tournament Second Round @ Home Sites
Oct 12: State Tournament Quarterfinals @ Home Sites
Oct 17: State Tournament Semifinals @ Zions Bank Stadium
Oct 20: State Tournament Finals @ America First Field (formerly called Rio Tinto Stadium)
Nov 23 – Jan 1: Moratorium - no practices, competitions, meetings or travel

1. Varsity games start at 3:30p; JV games will follow (approx. 5:15p)
   a. Olympus Monday/Tuesday home games: JV @ 5p on Grass Field,
      Varsity @ 7p in the stadium
   b. One home night game for Senior Night can be played with the
      approval of both administrations; any additional change to start times
      must be agreed upon by administration of both schools and reported
      to the region prior to the game; Senior Night recognition will be kept
      to 10 minutes (maximum) if done prior to the game or at halftime

2. Teams can play a maximum of 16 games (see UHSAA Handbook for
   tournament exceptions).

3. Home schools are responsible to report scores to MaxPreps and The Deseret
   News at the conclusion of varsity games.

4. RPI will be used for State Tournament seeding

5. The Goal Differential Rule will be used for all games - 8 goal differential after 10 min
   into the 2nd half will end the game.

6. Overtime Procedures: maximum of two 10-minute “sudden victory” periods; if still
   tied, NFHS shoot out procedures will be used to determine a winner (start with 5
   shooters/team)
   a. Varsity games must have a winner for RPI calculations
   b. Sub-varsity games will not play overtime periods or have shoot outs to
      determine a winner

7. A Region Championship Trophy will be awarded to the team(s) with the best
8. All-Region 1st Team to be determined by coaches according to a teams’ finish in region play
   a. Nominees need to be to Alta by October 2.
   b. All Region nominations will follow the breakdown below and Alta will send out an email with a form to be filled out on Oct 2:
   c. OUTSTANDING GOALKEEPER___________________
      OUTSTANDING DEFENDER_______________________
      OUTSTANDING MIDFIELDER_____________________
      OUTSTANDING STRIKER______________

      FIRST TEAM  SECOND TEAM  
      Honorable Mention
      FIRST   5        5        2
      SECOND  4        4        2
      THIRD   3        4        2
      FOURTH  3        3        2
      FIFTH   2        3        2
      SIXTH   2        2        2
      SEVENTH 2        2        2

   d. Certificates will be printed and mailed with the final list to all of the schools.

9. Academic All-Region awards will be given to all senior players with a cumulative 3.75 GPA or higher
   a. Olympus will be responsible to print the Academic All-Region certificates
   b. Nominees need to be to Olympus by October 1.

10. For UHSAA soccer information please go to: www.uhsaa.org/gsoccer/  
    ODP and Next Level Opportunity information at uhsaa.org

Region 6 Girls Soccer Schedule 2023-2024 –
**Link to Final Schedule**

*Home team is listed first. Example: Team 1 vs Team 2 - Team 1 is the home team.*

**Saturday, August 12**
Highland vs West

**Monday, August 14**
Olympus vs East
Skyline vs Brighton
Alta vs Highland

**Thursday, August 17**
Brighton vs Alta
Olympus vs Skyline

**Monday, August 21**
West vs Brighton
Alta vs Olympus
East vs Skyline

**Thursday, August 24**
Brighton vs Highland
East vs Alta
West vs Olympus

**Monday, August 28**
Skyline vs Alta
Olympus vs Highland
East vs West

**Thursday, August 31**
Brighton vs Olympus
Skyline vs West
Highland vs East

**Wednesday, September 6**
Highland vs Skyline
East vs Brighton
West vs Alta

**Friday, September 8**
East vs Olympus
Brighton vs Skyline
Highland vs Alta

**Monday, September 11**
Alta vs Brighton
West vs Highland
Skyline vs Olympus

**Thursday, September 14**
Brighton vs West
Olympus vs Alta
Skyline vs East

**Monday, September 18**
Highland vs Brighton
Alta vs East
Olympus vs West

**Thursday, September 21**
Skyline vs Alta
Highland vs Olympus
West vs East

**Monday, September 25**
Olympus vs Brighton
West vs Skyline
East vs Highland

**Thursday, September 28**
Skyline vs Highland
Brighton vs East
Alta vs West

Varsity games: 3:30p; JV games approx. 5:15p
**State Tournament:**

Brighton home games played at Cottonwood Heights Rec
Olympus Monday/Tuesday home games: JV: 5p on grass field; Varsity: 7p in stadium

<table>
<thead>
<tr>
<th>School</th>
<th>Head Coach</th>
<th>Email</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alta</td>
<td>Mackenzie Hyer</td>
<td><a href="mailto:mackenzie.hyer@canyonsdistrict.org">mackenzie.hyer@canyonsdistrict.org</a></td>
<td>801-633-9165</td>
</tr>
<tr>
<td>Brighton</td>
<td>Sara Cowley</td>
<td><a href="mailto:sacowley14@gmail.com">sacowley14@gmail.com</a></td>
<td>801-557-8416</td>
</tr>
<tr>
<td>East</td>
<td>Javier Viana</td>
<td><a href="mailto:javier.viana@slcschools.org">javier.viana@slcschools.org</a></td>
<td>801-313-0443</td>
</tr>
<tr>
<td>Highland</td>
<td>Robin Heath</td>
<td><a href="mailto:robin.heath@slcschools.org">robin.heath@slcschools.org</a></td>
<td>435-319-9382</td>
</tr>
<tr>
<td>Olympus</td>
<td>Jamie Evans</td>
<td><a href="mailto:jhevans01@gmail.com">jhevans01@gmail.com</a></td>
<td>801-931-9660</td>
</tr>
<tr>
<td>Skyline</td>
<td>Yamil Castillo</td>
<td><a href="mailto:yam.sue.cast@gmail.com">yam.sue.cast@gmail.com</a></td>
<td>801-574-7877</td>
</tr>
<tr>
<td>West</td>
<td>Christopher Sipes</td>
<td><a href="mailto:christopher.sipes@slcschools.org">christopher.sipes@slcschools.org</a></td>
<td>267-638-8738</td>
</tr>
</tbody>
</table>

*Varsity Games at 3:30 / JV Games to Follow (approx 5:15pm)*

*Olympus Monday home games JV @ 5p on Grass Field, Varsity @ 7p in the stadium*
Saturday, August 12
Home \hspace{1cm} Away
West \hspace{1cm} Highland

Monday, August 14
Home \hspace{1cm} Away
Olympus \hspace{1cm} East
Skyline \hspace{1cm} Brighton
Alta \hspace{1cm} Highland
Bye \hspace{1cm} West

Friday, September 8
Home \hspace{1cm} Away
East \hspace{1cm} Olympus
Brighton \hspace{1cm} Skyline
Highland \hspace{1cm} Alta
Bye \hspace{1cm} West

Thursday, August 17
Home \hspace{1cm} Away
Brighton \hspace{1cm} Alta
Olympus \hspace{1cm} Skyline
Bye \hspace{1cm} East

Monday, September 11
Home \hspace{1cm} Away
Alta \hspace{1cm} Brighton
Highland \hspace{1cm} West
Skyline \hspace{1cm} Olympus
Bye \hspace{1cm} East

Monday, August 21
Home \hspace{1cm} Away
West \hspace{1cm} Brighton
Alta \hspace{1cm} Olympus
East \hspace{1cm} Skyline
Bye \hspace{1cm} Highland

Thursday, September 14
Home \hspace{1cm} Away
Brighton \hspace{1cm} West
Olympus \hspace{1cm} Alta
Skyline \hspace{1cm} East
Bye \hspace{1cm} Highland

Thursday, August 24
Home \hspace{1cm} Away
Brighton \hspace{1cm} Highland
East \hspace{1cm} Alta
West \hspace{1cm} Olympus
Bye \hspace{1cm} Skyline

Monday, September 18
Home \hspace{1cm} Away
Highland \hspace{1cm} Brighton
Alta \hspace{1cm} East
Olympus \hspace{1cm} West
Bye \hspace{1cm} Skyline

Monday, August 28
Home \hspace{1cm} Away
Skyline \hspace{1cm} Alta
Olympus \hspace{1cm} Highland
East \hspace{1cm} West
Bye \hspace{1cm} Brighton

Thursday, September 21
Home \hspace{1cm} Away
Alta \hspace{1cm} Skyline
Highland \hspace{1cm} Olympus
West \hspace{1cm} East
Bye \hspace{1cm} Brighton
### Thursday, August 31

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### Thursday, September 28

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<tr>
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### State Tournament

- **1st Round**: October 5 @ Home Sites
- **2nd Round**: October 10 @ Home Sites
- **Quarterfinals**: October 12 @ Home Sites
- **Semifinals**: October 17 @ Zions Bank Stadium
- **Finals**: October 20 @ American First Field (formerly called Rio Tinto Stadium)
GIRLS TENNIS

Region 6 Girls Tennis Schedule 2023-2024

**Thursday, August 24**
East @ West
Alta @ Highland
Skyline @ Brighton
Olympus bye

**Tuesday, August 29**
Skyline @ Highland
East @ Alta
West @ Olympus
Brighton bye

**Thursday, August 31**
Highland @ East
West @ Brighton
Olympus @ Skyline
Alta bye

**Tuesday, September 5**
East @ Skyline
Brighton @ Alta
Olympus @ Highland
West bye

**Thursday, September 7**
Olympus @ East
Highland @ Brighton
West @ Alta
Skyline bye

**Tuesday, September 12**
Highland @ West
Alta @ Skyline
Brighton @ Olympus
East bye

**Thursday September 14**
Skyline @ West
Alta @ Olympus
Brighton @ East
Highland bye
GIRLS VOLLEYBALL

Region 6 Girls Volleyball Schedule 2023-2024

Tuesday, August 29
Brighton @ Skyline
Highland @ West
Alta @ Olympus
East BYE

Thursday, September 21
East @ Brighton
Skyline @ Highland
West @ Alta
Olympus BYE

Thursday, August 31
Skyline @ East
West @ Brighton
Olympus @ Highland
Alta BYE

Tuesday, September 26
Skyline @ Brighton
West @ Highland
Olympus @ Alta
East BYE

Tuesday, September 5
Region Bye

Thursday, September 7
East @ West
Brighton @ Olympus
Highland @ Alta
Skyline BYE

Tuesday, September 28
East @ Skyline
Brighton @ West
Highland @ Olympus
Alta BYE

Tuesday, September 12
Olympus @ East
Alta @ Brighton
West @ Skyline
Highland BYE

Tuesday, October 3
West @ East
Olympus @ Brighton
Alta @ Highland
Skyline BYE

Tuesday, September 14
East @ Alta
Brighton @ Highland
Skyline @ Olympus
West BYE

Tuesday, October 5
East @ Olympus
Brighton @ Alta
Skyline @ West
Highland BYE

Tuesday, September 19
Highland @ East
Olympus @ West
Alta @ Skyline
Brighton BYE

Tuesday, October 10
Alta @ East
Highland @ Brighton
Olympus @ Skyline
West BYE

Tuesday, October 12
Region BYE

Tuesday, October 17
East @ Highland
West @ Olympus
Skyline @ Alta
Brighton BYE

Thursday, October 19
Region Bye

Tuesday, October 24
Brighton @ East
Alta @ West
Highland @ Skyline
Olympus BYE
WRESTLING

General Information

Activity Chair: Swede Robinson, Highland High School
   Cell phone: 480-220-5986
   Email: swede.robinson@slcschools.org

Moratoriums:  Summer:  June 28- July 4, July 27-August 20, 2023
   Thanksgiving:  November 23-November 26, 2023
   Christmas:  December 21-25, 2023
   New Year:  Jan. 1, 2024

Home Schedule for Officials Due: September 9, 2023
Rules Clinic:  October 31, 2023
Start Date:  November 6, 2023
Hydration Testing:  November 17 and 18, 2023
First Contest:  November 21, 2023
Eligibility List Due:  December 1, 2023, on registermyathlete.com
Academic All-State Deadline:  January 9-February 6, 2024
5A Divisional Tournament:  February 2-3, 2024
State Entry Deadline:  February 8, 2024. Due Midnight Last Day of Reg./Div.
Tournament
State Tournament:  February 16-17, 2024 @ Utah Valley University

All scales used in an official weigh-in will be certified annually before first region dual. Each school is responsible to notify the Utah Department of Weights and Measures. Scales must be certified prior to the beginning of the competition. The home school is responsible to provide a certified scale for weigh-in at all Region Duals.

Starting times for Region VI
Weigh-ins - 4:00 P.M.
JV matches - 5:30 P.M.
Varsity matches - 6:30 P.M. or following J.V.
*All region matches must be held in the host school's main gym or in an auxiliary gym*
The Region VI champion will be determined by the head to head results of the region duals. The team with the best overall record will be the region champion. In the event of two teams tying for the best record, the champion will be the team which won the head to head matchup. If there are three or more teams tied with the best record and they can’t be separated through head to head matchups, co-champions will be named. A coaches’ vote will determine the champion for any extenuating circumstances outside of the previously listed situations. A region champion medal will be provided by the region for any wrestler who has the most region wins at that weight. The home team of each region dual will be responsible for posting the results of the dual on trackwrestling.com. All activities are to be cleared from the competition area by 3:30pm to allow proper set up of mats (etc.) before weigh ins.

Coaches
Alta Boys- Nick Lokeni  nick@ultimatecombat.com  801-647-9538
Alta Girls- Nick Lokeni  nick@ultimatecombat.com  801-647-9538
Brighton Boys- Burke Gappmayer  burke.gappmayer@canyondistrict.org  801-834-5811
Brighton Girls- Joidee Gappmayer  joidee.gappmayer@canyonsdistrict.org  801-834-5810
East Boys- Nick Hamilton  nicholas.hamilton@slcschools.org  801-759-9408
East Girls- Nick Hamilton  nicholas.hamilton@slcschools.org  801-759-9408
Highland Boys- Swede Robinson  swede.robinson@slcschools.org  480-220-5986
Highland Girls- Swede Robinson  swede.robinson@slcschools.org  480-220-5986
Olympus Boys- Devin Ashcroft  djashcroft@graniteschools.org  801-599-1057
Olympus Girls- Devin Ashcroft  djashcroft@graniteschools.org  801-599-1057
Skyline Boys- TBD
Skyline Girls- TBD
West Boys- Gary Coffman  paintmeut@msn.com  435-830-3353
West Girls- Gary Coffman  paintmeut@msn.com  435-830-3353
Region 6 Wrestling Schedule 2023-2024

**November 30**
Brighton @ East
Alta @ Skyline
Highland @ West
Olympus Bye

**December 7**
East @ Highland
Skyline @ Olympus
West @ Alta
Brighton Bye

**December 14**
Skyline @ Brighton
Olympus @ West
East @ Alta
Highland Bye

**January 4**
Highland @ Skyline
West @ Brighton
Olympus @ East
Alta Bye

**January 11**
Olympus @ Highland
Brighton @ Alta
Skyline @ East
West Bye

**January 18**
Highland @ Brighton
Alta @ Olympus
East @ West
Skyline Bye

**January 25**
Alta @ Highland
Brighton @ Olympus
West @ Skyline
East Bye
SOFTBALL

General Information
Activity Chair : Highland High Kim Parkinson- kim.parkinson@slcschools.org

Softball Dates 2024

26-Feb: 2A, 3A, 4A, 5A, 6A Softball Begin Practice/Team Selection
4-Mar: 2A, 3A, 4A, 5A, 6A Softball First Contest Allowed
15-Mar: 1A, 2A, 3A, 4A, 5A, 6A Softball Roster with Numbers on RegisterMyAthlete.com
15-Mar: 1A, 2A, 3A, 4A, 5A, 6A Softball Upload Team Photo to MaxPreps.com
Mar 19 - Apr 18: 1A, 2A, 3A, 4A, 5A, 6A Softball Academic All-State Applications Accepted
8-May: 5A Softball Season End Date
9-May: 5A Softball State Tourney Bracket Reveal 9:00 AM
May 11 & May 13: 5A Softball State Tournament Regionals (Best of 3) @ Home Sites (Higher Seeds)
May 16 & May 17: 5A, 6A Softball State Tournament Super Regionals (Best of 3) @ Home Sites (Higher Seeds)
May 21 & May 22: 5A, 6A Softball State Tournament Bracket Play @ TBA
May 23 & May 24: 5A, 6A Softball State Tournament Championship Series (Best of 3) @ TBA
Jun 28 - Jul 4: 1A, 2A, 3A, 4A, 5A, 6A All Sport MORATORIUM -- no practices, competitions, meetings or travel

Guidelines
(No Changes)

Coaches Contact info
Remove Murray and Park City

Add:
Alta- Kristin Evans – Kristin.evans@canyonsdistrict.org (385)528-4446
West- Sharee McBraun- Sharee.mcbraun@slcschools.org (808)781-9759

Awards
17 All-Region Team Certificates
1 MVP Plaque
1 Region Trophy
Region 6 Softball Region Schedule 2023-2024

**Thursday, March 14**
Olympus @ East
Alta @ Brighton
Highland @ Skyline
West BYE

**Tuesday, March 19**
East @ West
Brighton @ Olympus
Skyline @ Alta
Highland BYE

**Thursday, March 21**
West @ Highland
Brighton @ East
Alta @ Olympus
Skyline BYE

**Tuesday, March 26**
Skyline @ West
Alta @ East
Highland @ Brighton
Olympus BYE

**Thursday, March 28**
Brighton @ West
East @ Skyline
Olympus @ Highland
Alta BYE

**April 2-5 Spring Break**

**Tuesday, April 9**
West @ Alta
East @ Highland
Olympus @ Skyline
Brighton BYE
Thursday, April 11
West @ Olympus
Skyline @ Brighton
Highland @ Alta
East BYE

Tuesday, April 16
East @ Olympus
Brighton @ Alta
Skyline @ Highland
West BYE

Thursday, April 18
West @ East
Olympus @ Brighton
Alta @ Skyline
Highland BYE

Tuesday, April 23
Highland @ West
East @ Brighton
Olympus @ Alta
Skyline BYE

Thursday, April 25
West @ Skyline
East @ Alta
Brighton @ Highland
Olympus BYE

Tuesday, April 30
West @ Brighton
Skyline @ East
Highland @ Olympus
Alta BYE

Thursday, May 2
Alta @ West
Highland @ East
Skyline @ Olympus
Brighton BYE

Tuesday, May 7
Olympus @ West
Brighton @ Skyline
Alta @ Highland
SPEECH/DEBATE

General Information

Region Chairman: Shelly Karren – Alta High School
   Contact Number: (801)651-3791 / (801)826-5612 (office)
First Contest Date: October 6, 2023
Region Tournament Date: February 23-24, 2024
State Tournament Dates: March 8-9, 2024
Region Tournament Director: Kimberly Hunter, Highland High School

Guidelines
   1. Region Format
      a. Number of Contestants
         i. Policy Debate – 4 Teams
         ii. Lincoln Douglas – 4 Contestants
         iii. Public Forum – 4 Teams
         iv. Foreign Extemporaneous – 4 Contestants
         v. National Extemporaneous – 4 Contestants
         vi. Original Oratory – 4 Contestants
         vii. Impromptu – 4 Contestants
         viii. Student Congress – 4 Contestants
         ix. Combined Interpretation – 4 Contestants
         x. Informative – 4 Contestants
   2. All events will count toward the Region Championship Trophy. The breakdown of events is as follows:
   3. Policy and individual events will be on Friday. Policy, PF, LD and Congress will be on Saturday.
   4. The Region Tournament will be held at Brighton High School for the 2023-2024 school year.
   5. Contestants may enter at most 1 event in speech and 1 event in debate.
   6. Judge Requirements:
      a. Individual Events
         i. 1 judge for every 4 IE competitors or fraction thereof
      b. Debate Events
         i. 1 judge per 2 Policy Teams or fraction thereof
         ii. 1 judge per 4 Public Forum or LD entries, or fraction thereof. A team bringing a full slate of PF and LD entries must bring 3 total PF/LD judges.
iii.
c. Congress
   i. 1 Congress judge for each school with Student Congress.
d. Current Head Debate Coaches should not judge unless approved by other head coaches. Under no circumstances will head coach judge his/her own team.
e. Assistant Coaches may judge, if necessary, but must be disclosed as an assistant coach to all other coaches and approved to judge, prior to the tournament.
f. Judges will be paid by the Region. Per Region VI Board of Managers’ approval, judges will be paid $30 total on Friday (minimum availability of two rounds) and $50 on Saturday (minimum availability of 3 rounds) up to obligation.
g. Students may not be judged by their family members.
h. Alumni shall be one year removed from graduation and shall not judge their former school and not in the event in which they mainly participated.
i. When possible, schools shall, when possible, supply qualified judges.
j. All judges must complete judge training prior to the Region tournament.
k. Judges shall utilize the rubric to assist with their decisions.
l. Students and/or judges must disclose prior to the round any close personal relationship that may create bias.

7. Registration Deadline – All schools wishing to compete must submit their region registration via tournament software no later than February 20, 2024. Along with registration, each coach has the option to submit 30 impromptu topics (10 famous quotations, 10 social issues, 10 abstract/one word). In case of challenge, copies of oratories and informatives must be printed and present at the region meet.

8. Region coaches meeting – All schools competing at region must attend the pairing meeting for region on Thursday, February 23, 2024 in person or electronically. The meeting will occur at the region meet. All schools must send a coach or a coach designee to the pairing meeting. Head coaches who do not attend the meeting will be bound by the decision of those present at the meeting.

9. Debate Pairings
   a. All Rounds will be paired using tournament software.
   b. The first two rounds will be randomly paired. The third and fourth rounds will be paired based on coaches vote during pairing meeting.
   c. Each school shall meet every school in the Region, if possible.
   d. Individual teams must not meet the same team more than once.
   e. Recommended: 3-4 rounds in policy, 4-5 in LD and Public Forum.
   f. The March resolution shall be used for PF and LD.

10. Individual Event Pairings
   a. Random selecting shall be done in each event as needed, for the first three rounds.
   b. 4 total rounds of competition will take place, with the 4th round acting as a hidden final.
c. Where possible, competitors should not compete against other member of their own school’s team.
d. Round results will be based on rankings. Ratings will not be considered. Rankings will be 1-5. If there are more than 5 competitors in a section, all those ranked beyond 5 will tie for 5th place.
e. No coaching shall occur between extemp prep and when the speech is given.

11. Congress Pairings
a. Congress will compete in two, 2.5-hour sessions. Legislation will be drawn from the state docket. These must be chosen and approved by all region coaches. The docket will be released at least two weeks prior to the tournament.
b. In Student Congress, UDCA rules will apply.
c. The State docket will be utilized.
d. Where possible, a panel of judges, with students in the House, will be added to determine final rankings. If possible, the parliamentarian in each House will be unaffiliated. In addition, there will be three judges per session. These judges will change for the second session. All judges will score all competitors.
e. Chairs shall be judged as speeches. Best chair may be recognized.
f. Final results will be based on rankings. Ratings will not be considered. Rankings will be 1-12. If there are more than 12 competitors in a section, those ranked beyond 12 will tie for 12th place.
g. In the event there are enough competitors for two Houses, it will be necessary to hold a 2-hour super session. The top 50% of the competitors in Congress in each House will advance to the super session. In this event, quar-tilling will be determined by rankings in each House.

12. Awards
a. There will be overall region trophies awarded at the Region Debate Tournament for 1st place and 2nd place. Additionally, there will be a Debate Sweepstakes trophy and a Speech Sweepstakes trophy awarded.
b. The following number of medals will be needed. Each medal will say the title of the event and 1st, 2nd, or 3rd place designation and will be given to the top three competitors in each event:
   i. 6 Policy Debate Medals
   ii. 3 Lincoln Douglas Debate Medals
   iii. 6 Public Forum Debate Medals
   iv. 3 Original Oratory Medals
   v. 3 Impromptu Medals
   vi. 3 Foreign Extemporaneous Medals
   vii. 3 National Extemporaneous Medals
   viii. 3 Student Congress Medals
   ix. 3 Informative Medals
   x. 3 Combined Interpretation Medals
c. 10 additional blank medals will be provided for possible ties in any or all events.

13. Budget
   a. As stated in section 6f above, Judges will be paid by the Region. Per Region VI Board of Managers approval, judges will be paid $30 total on Friday (minimum availability of 2 rounds) and $50 on Saturday (minimum availability of 3 rounds).
   b. The region representative will receive $300 to provide for judge/coach hospitality.
   c. Janitorial services for host school of the Region Tournament will be paid up to $300.

14. General Guidelines
   a. In speech and debate competition, each individual competitor is limited to ten tournaments per year, excluding region, state, national qualifying tournaments, UDCA-sponsored tournaments, and NSDA/NCFL national competitions.
   b. Topics for Region Meet will be the same topics used at the State Meet. Extemporaneous topics will be drawn from January-March 2023-2024 school year NFHS topics.
   c. The number of slots filled by a team at the entry deadline cannot be increased at the tournament.
   d. If forfeits can be fixed, attempts will be made to do so but shall not be at the expense of delaying the tournament.
   e. Sweepstakes points will be calculated to match the state sweeps quartiling system.
   f. Ties will not be broken; each quar-tile will be chosen by marking the number which least skews all brackets, to the advantage of students.
      i. The top 50% or 10 students or event teams, whichever is greater, will be outright qualifiers for State.
      ii. If an odd number of schools are competing, the top 50% skews towards the greater amount.
   g. Electronic devices are permissible in Policy, Public Forum, Lincoln-Douglas, Student Congress and Extemporaneous events subject to any changes in state or NSDA requirements. No in-person or electronic communication with anyone during rounds and no coaching during rounds.
   h. The Region chairperson position will change every two years and will be chosen at each annual Region planning meeting.
### Coaches

<table>
<thead>
<tr>
<th>School</th>
<th>Coach Name</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brighton</td>
<td>Bethany Jones</td>
<td>(307) 871-6903</td>
<td><a href="mailto:bethany.jones@canyonsdistrict.org">bethany.jones@canyonsdistrict.org</a></td>
</tr>
<tr>
<td>Alta</td>
<td>Jacqueline Croswhite</td>
<td>(801) 455-3711</td>
<td><a href="mailto:Jacqueline.crosswhite@canyonsdistrict.org">Jacqueline.crosswhite@canyonsdistrict.org</a></td>
</tr>
<tr>
<td>East</td>
<td>Kimberly Hunter</td>
<td>(949) 350-8477</td>
<td><a href="mailto:kimberly.hunter@slcschools.org">kimberly.hunter@slcschools.org</a></td>
</tr>
<tr>
<td>West</td>
<td>Cassidy Bone</td>
<td>(801) 865-7812</td>
<td><a href="mailto:cbone@graniteschools.org">cbone@graniteschools.org</a></td>
</tr>
<tr>
<td>Olympus</td>
<td>Timothy Henry</td>
<td>(307) 640-4082</td>
<td><a href="mailto:tfhenry@graniteschools.org">tfhenry@graniteschools.org</a></td>
</tr>
</tbody>
</table>
SWIMMING

General Information
Region Chair: **April Sagala**
First Meet Allowed: **November 3, 2023**
Region Championships: **February 9, 2024 @ South Davis Recreation Center**
State Championships: **February 23-24, 2024 @ BYU**

Academic All-State Accepted Between: **January 9-February 6, 2024**

1) November 3, 2023 will be the first date a swimming meet may be held.
2) A maximum of fourteen (14) meets will be held. All region meets begin at 3:30 pm.
3) The Region Championships will be held on February 9, 2024 at South Davis Rec Center.
4) The State Championship meet will be held at BYU on February 23-24, 2024.
5) Home team will be in the odd lanes, the visiting team in the even lanes.
6) Each school’s entries for the Region Championship will be limited to all official entries in each individual event and each relay. All times must be the best time from meets during the current season.
   a) All swimmers must meet eligibility requirements as per National Federation Rules.
   b) The top four (4) swimmers from each school may score towards the Region Championship.
   c) Scoring format will be sixteen (16) places.
   d) Entries are due Tuesday, February 6, 2024 by 9:00 PM. Please e-mail to brightonswimming@gmail.com.
   e) Trophies and medals and Region Championships will be awarded as follows:
      i) 1 Region Championship Trophy Each (Girls and Boys)
      ii) 64 Medals Each (Girls and Boys) for places 1-8 in Individual Events (Total 128 Medals)
      iii) 36 Medals Each (Girls and Boys) for places 1-3 in Relay Events (72 Total Medals)
7) Admission to the Region Championships will be $10 per adult and $5 per student/child.
8) All hosting of dual meets will have the following:

<table>
<thead>
<tr>
<th></th>
<th>Dual Meets</th>
<th>Region Championship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Starter</td>
<td>$40.00</td>
<td>$60.00</td>
</tr>
<tr>
<td>Referee</td>
<td>$40.00</td>
<td>$60.00</td>
</tr>
<tr>
<td>Stroke Judge</td>
<td>$40.00</td>
<td>$30.00 (10)</td>
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<tr>
<td>Head Timer</td>
<td>$40.00</td>
<td>$40.00 (2)</td>
</tr>
<tr>
<td>Announcer</td>
<td></td>
<td>$30.00</td>
</tr>
<tr>
<td>Hospitality</td>
<td></td>
<td>$30.00</td>
</tr>
<tr>
<td>Hospitality Budget</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meet Director</td>
<td></td>
<td>$150.00</td>
</tr>
</tbody>
</table>

Academic All-Region names (Seniors only, 3.75 overall GPA or higher) must be submitted your Region Championship entries.
<table>
<thead>
<tr>
<th>Name</th>
<th>School</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ryan Thierbach</td>
<td>Alta</td>
<td>(801) 694-9379</td>
<td><a href="mailto:triguyryan@yahoo.com">triguyryan@yahoo.com</a></td>
</tr>
<tr>
<td>Todd Etherington</td>
<td>Brighton</td>
<td>(801) 541-6447</td>
<td><a href="mailto:brightonswimming@gmail.com">brightonswimming@gmail.com</a></td>
</tr>
<tr>
<td>Griffin Hale</td>
<td>East</td>
<td>(801) 652-2113</td>
<td><a href="mailto:griffzillahale@gmail.com">griffzillahale@gmail.com</a></td>
</tr>
<tr>
<td>Sydney Havell</td>
<td>Highland</td>
<td>(480) 262-3358</td>
<td><a href="mailto:sydney.havell@slcschools.org">sydney.havell@slcschools.org</a></td>
</tr>
<tr>
<td>Tom Thorum</td>
<td>Olympus</td>
<td>(801) 913-2786</td>
<td><a href="mailto:tthorum@gmail.com">tthorum@gmail.com</a></td>
</tr>
<tr>
<td>Deni Cullom</td>
<td>Skyline</td>
<td>(949) 547-3840</td>
<td><a href="mailto:cdcullom@granteschools.org">cdcullom@granteschools.org</a></td>
</tr>
<tr>
<td>Casey Jackson</td>
<td>West</td>
<td>(801) 502-5278</td>
<td><a href="mailto:casonjackson@hotmail.com">casonjackson@hotmail.com</a></td>
</tr>
</tbody>
</table>
Region 6 Swimming Schedule 2023-2024

**November 9, 2023**
Alta @ Olympus

**November 21, 2023**
Highland @ Alta

**November 30, 2023**
West @ Highland

**December 7, 2023**
West @ Skyline

**December 8, 2023**
East @ Brighton

**December 14, 2023**
East @ Alta
Brighton @ West

**December 15, 2023**
Skyline @ Olympus

**January 5, 2024**
Alta @ Brighton
Skyline @ East
Olympus @ Highland

**January 11, 2024**
West @ East
Highland @ Skyline

**January 12, 2024**
Olympus @ Brighton

**January 18, 2024**
West @ Alta
Brighton @ Highland

**January 19, 2024**
East @ Olympus
January 23, 2024
Brighton @ Skyline

January 25, 2024
Alta @ Skyline
Highland @ East
Olympus @ West

February 9, 2024
Region Championships @ South Davis Recreation Center

February 23-24, 2024
5A State Championships @ BYU

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