

## **Olympus Junior Community Council**

**January 13, 2022 3:15pm**

**Start time: 3:15 PM**

**End time: 4:16 PM**

### 1. Social/Emotional Curriculum

- a. This year Olympus Jr has the theme of Be Resilient and from there focus on a social and emotional component each month to build resilience.
  - i. September: Stronger Together
  - ii. October: Growth Mindset
  - iii. November: Self-Care
  - iv. December: Serving Others
  - v. January & February: Positive Thinking and Emotional Awareness
  - vi. March: Social Awareness
  - vii. April & May: Believe in Yourself and Keep Going
- b. Those lessons are presented the first Monday of the month in advisory.
- c. Counselors also create bulletin boards, newsletters, and videos to add on to what is taught in advisory.
- d. Every year counselors present a suicide prevention lesson to the whole school as required by the state.
  - i. Olympus Jr High has chosen to use the program Mindwise for materials and resources for the suicide prevention program.
  - ii. Parents and students will be notified of content that will be discussed before the lesson takes place.
  - iii. The lesson focuses on ACT; acknowledge signs of suicide in a friend, show your friend that you care, and tell a trusted adult.
  - iv. The lesson contains videos and discussion questions.
- e. Counselors hand out a safeUT card to students who they feel may need them and there are also posters around the school with safeUT information.
- f. When a student comes to a counselor presenting suicidal ideation the counselor notifies the parent, fills out a form to notify the principal, and sends home emotional and mental support resources for the parents.

### 2. Registration

- a. Registration for incoming 6<sup>th</sup> graders will be due January 31<sup>st</sup>.
  - i. Counselors will be in the elementary schools the week prior to give out information and registration cards.
- b. Registration for upcoming 7<sup>th</sup> graders will take place on Feb 2<sup>nd</sup>.
- c. Registration for upcoming 8<sup>th</sup> graders will take place on Feb 3<sup>rd</sup>.
- d. Course information is on Olympus Jr High's website.
- e. Counselors have information on their website.
- f. Possibly looking at starting a Journalism class or club.

### 3. Continuous Improvement Plan

4. COVID update

- a. Mask mandate could be ending.
- b. The county's system to keep track of COVID cases has flaws and makes it hard to know the exact number of cases in the school.

5. Final report for LAND Trust

Next meeting: February 10, 2022