



2022 Spring Program • April 12- June 4



## Girls on the Run is for **EVERY** girl.

**Girls on the Run is an after school program like no other!**

At Girls on the Run, we believe every girl deserves a place to grow, connect and shine. Twice a week for 8 weeks 3rd-5th girls have fun, make friends, increase their physical activity and learn important life skills through interactive lessons and running activities.

*The season ends with a 5K Celebration on June 4th at Sugar House Park!*

PTA  
Supported



### PROGRAM INCLUDES

- 8 weeks of fun, dynamic practices
- 16 lessons delivered by trained coaches
- Girls on the Run t-shirt & water bottle
- Personal journal, supplies & materials
- 5K race bib & finisher medal
- Running shoes for those in need

**TEAM: William Penn Elementary**  
**PRACTICE: Tuesdays & Thursdays 3:30-4:45 p.m.**



**We NEVER turn a girl away for inability to pay.**

William Penn students are welcome to use the discount code "Penn" to waive the program fee. The discount code will be asked toward the end of the program registration.

**VISITA NUESTRO SITIO WEB EN ESPANOL**

**[WWW.GIRLSONTHERUNUTAH.ORG/ES/INICIO](http://WWW.GIRLSONTHERUNUTAH.ORG/ES/INICIO)**