RESOURCES
TAKING CARE DURING THE COVID-19 OUTBREAK

INFORMATION ABOUT COVID-19

SLCO COVID-19 SUMMARY, FAQ & GRAPHICS
SALT LAKE COUNTY HEALTH DEPARTMENT
slco.org/health/COVID-19
slco.org/health/COVID-19/faq
slco.org/health/COVID-19/print-materials

UTAH CORONAVIRUS TASK FORCE
STATE OF UTAH
coronavirus.utah.gov
Utah COVID-19 Info Line: 1-800-456-7707

HEALTH INFO & TESTING
UNIVERSITY OF UTAH HEALTH CARE
healthcare.utah.edu/coronavirus
COVID-19 Hotline: 801-587-0712

MENTAL HEALTH

MANAGING ANXIETY & STRESS DURING COVID-19
CDC

TAKING CARE OF YOUR BEHAVIORAL HEALTH
SAMHSA
store.samhsa.gov/system/files/sma14-4894.pdf

PLANNED PARENTHOOD UTAH
WWW.PPAU.ORG
- BEFORE COMING INTO A HEALTH CENTER -
CALL: 1-800-230-PLAN
- TELEHEALTH FOR BIRTH CONTROL -
EMAIL: CALLCENTER@PPAU.ORG
CALL: 801-532-1586
**211 COMMUNITY RESOURCE CONNECTION**
UNITED WAY
211utah.org
www.211.org/services/covid19

**SALT LAKE VALLEY COVID-19 MUTUAL AID**
COMMUNITY ORGANIZERS
www.covid19mutualaidslc.com

**MEALS FOR STUDENTS**
SALT LAKE CITY SCHOOL DISTRICT

**BASIC NEEDS ASSISTANCE FUND**
CHRISTIAN CENTER OF PARK CITY
www.ccofpc.org/basic-needs-assistance

**FRESH FOOD FOR SENIORS**
GREEN URBAN LUNCH BOX
thegreenurbanlunchbox.com/programs/back-farms

**DOMESTIC VIOLENCE & RELATIONSHIP ABUSE**
YWCA UTAH SHELTER
24-Hr Crisis Line: 801-537-8600

**UNEMPLOYMENT & OTHER DWS RESOURCES**
UTAH DEPARTMENT OF WORKFORCE SERVICES
jobs.utah.gov/ui/home
jobs.utah.gov/covid19/index.html

**COVID-19 & FOOD ACCESS**
UTAHNS AGAINST HUNGER

**MEALS FOR STUDENTS**
GRANITE SCHOOL DISTRICT
www.graniteschools.org/nutritionservices/media-and-program-updates

**FIND A FOOD PANTRY**
UTAH FOOD BANK
www.utahfoodbank.org/get-help

**NUTRITION PROGRAM**
UTAH WOMEN, INFANTS AND CHILDREN
wic.utah.gov

**GLOBAL GATHERING HUB: RESOURCES**
BLACK GIRL MAGIK
bit.ly/BGMGuide