

# How Full Is Your Bucket ~ Family Style

In class, we read the book "How Full is Your Bucket?," by Tom Rath and Mary Reckmeyer. The story taught us that we all carry around an "imaginary bucket" that can make us feel great when it is full, but not so good when it is empty. Our actions and the actions of others can help fill or "dip" from our bucket.

This lesson is such an important one that we decided we want to be bucket fillers at school and at HOME! I encourage you to cut out the bucket below and paste it on the fridge, window, front door, or any place that is visible for all to see. Celebrate acts of kindness by coloring in a ball. When your family bucket is full it is time to CELEBRATE!

## ★ The Golden Rule

Treat others the way you would want them to treat you!

The \_\_\_\_\_ Family

### Bucket Filling Examples

- listen to others
- use kind words
- follow the rules
- help others
- take care of property
- share
- compromise
- use polite manners
- show patience
- have a positive attitude
- have a grateful attitude
- display random acts of kindness
- compliment others
- invite someone to join you
- clear the table
- take out the trash
- feed a pet
- read a book with someone
- use encouraging words
- make a card for someone