

Anti-Bullying Resources for Parents and Early Adolescents

Website Resources:

Thebullyproject.com

This anti-bullying resource is provided by the U.S. Government. It has a wide-range of information concerning bullying definitions, prevention, and resources. It also has a blog with several videos that instruct students regarding bullying situations.

[Pacer.org/bullying/National Prevention Center](http://Pacer.org/bullying/National%20Prevention%20Center)

The Pacer National Bullying Prevention Center is a prime source for anti-bullying resources for parents and students. It provides several approaches to empower students to help stop bullying victimization and perpetration.

Pacerteensagainstabullying.org

As a key component to the Pacer National Bullying Prevention Center, this resource focuses on what students can do to help stop bullying behavior. This website shows how teens can advocate for self, others, and take appropriate action. It also contains videos of teens giving advice to other teens.

Cyberbullying.org

This site contains bullying prevention measures to stop cyberbullying. It defines cyberbullying, gives tips for teens, and how to stand-up for other teens. It gives the top ten things students can do to help stop cyberbullying.

Wisc.edu/bullying

This resource contains anti-bullying resources from the University of Wisconsin – Madison. These resources comprise an anti-bullying curriculum, videos, and a toolkit. This source also differentiates between the needs of preschoolers, elementary, and teenage age groups.

stopbullying.gov

This is an anti-bullying resource provided by the U.S. government. It has a wide-range of information concerning the definition of bullying, prevention, and a panoply of resources. It also has a blog with a variety of videos to instruct students what to do in bullying situations.

Suicide Prevention Resources

aacap.org

This website is sponsored by the American Academy of Child & Adolescent Psychiatry. This is a general psychiatry source that guides families to teen resources.

Teendepression.org

This is a resource containing information concerning teen depression. This site defines depression and how it effects student life. It can help direct you toward other resources.

sptusa.org

This is a prevention of suicide website. It is sponsored by the Society for the Prevention of Teen Suicide. It has a wide-range of resources for teachers, parents, and teens.

sprc.org

This website is the Suicide Prevention Resource Center. It provides a suicide hotline: 1-800-273-TALK. It also has a variety of suicide prevention resources.

suicidepreventionlifeline.org

This is the suicide hotline: 1-800-273-TALK